



Chrysalis is a Charitable Incorporated Organisation #1187351

CHRYSALIS SUPPORT VOLUNTEER ROLE

Person Specification

A Chrysalis Support Volunteer should be empathic and be willing to gain an understanding of Transgender issues.

Listening skills are an advantage but empathy and positive regard are the most important qualities.

They need to be able to talk to and support our very vulnerable beneficiaries.

The ideal volunteer should embrace all equality and diversity ethos and be able to embrace the principles of Chrysalis.

Good communication skills are an essential element to this role.

A support person should have the ability to listen to and enable all Chrysalis beneficiaries to express themselves in a safe and nurturing environment.

Time Commitment

The Support Volunteer will need to commit typically 1-2 evenings a month to attend the Group Meetings.

Attend regular supervision.

Attend initial and ongoing training.

Support Workers Responsibilities

- 1) Ensuring the structure of the meetings stay within Chrysalis Guidelines
- 2) Meeting and Greeting new Beneficiaries and welcoming them into the group
- 3) Keeping the beneficiary progress paperwork up to date.
- 4) Helping in an emergency. If necessary call the emergency services.
- 5) Informing the Facilitator of any hazards and reporting any accidents.
- 6) Communicate with your supervisor and arrange supervision

Training and Support

- 1) To attend a basic inductions and training programme prior to the start of volunteering.
- 2) Ongoing support from the Volunteer Co-ordinator.
- 3) Regular supervision in accordance with BACP guidelines
- 4) Regular group meetings with other volunteers.
- 5) Ongoing training opportunities.
- 6) Social events with other volunteers, including AGM