

# Suggested Strategies for Visual Perceptual Difficulties

## Written Work

- Provide part-prepared worksheets or notes to reduce the amount of writing.
- Use bullet points rather than full sentence construction.
- Use alternative recording methods e.g. ICT, Dictaphone.
- Consider position near board – sit near and facing board.
- Use different colours to differentiate between different sections of text to be copied or read.
- Provide a cue sheet showing sample layout.
- Use larger scale for graphs/diagrams.
- Trace diagrams/pictures.
- Use mind maps/cognitive maps for revision and essay planning.

## Organisation

- Keep personal copy of timetable that is clear and easy to read.
- Have duplicate copy of timetable e.g. in locker, at home, homework diary.
- Colour code subject books (e.g. maths = red, science = blue).
- Keep a checklist or photos of what equipment or books need to be taken into school each day.
- Keep the checklist in a specific place at home where the school bag can be kept, and encourage your child to empty his/her bag in the evening and organise belongings for the next day.
- Have a specific place to keep items, e.g. bag, phone, etc.

## Following Instructions

- Ensure he/she is paying attention before giving instructions.
- Keep any instructions short and concise.
- Encourage him/her to verbalise instructions back to ensure they have understood.
- Frequent re-capping of instructions.
- Use a buddy system/adult support as necessary e.g. for ensuring homework is recorded.

## Practical Subjects

- Use a buddy system/adult support as necessary.
- Trace diagrams/pictures.
- Provide part or completed 3D models.
- Visual demonstrate each stage of a task or reproduce instructions so each stage is visually represented (e.g. photographs, line drawings or pictures).
- Use a brief checklist for equipment needed and encourage the child to tick each item off when gathered.

## Contact details

### Children's Therapy Services

Telephone number: 0300 019 2936

For further general health-related information, please ask the relevant department for an information prescription or contact:

Patient Experience  
University Hospitals Dorset NHS Foundation Trust  
Longfleet Road  
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**We can supply this information in other formats, in larger print or have it translated for you. Please call the Patient Experience Team on 0300 019 8499 or email [patientexperienceteam@uhd.nhs.uk](mailto:patientexperienceteam@uhd.nhs.uk) for advice.**

**If you wish to make any comments or to ask about any research evidence used to write this leaflet, please contact the Patient Experience Team on 0300 019 8499, write to the Patient Experience Team (address above) or email [patientexperienceteam@uhd.nhs.uk](mailto:patientexperienceteam@uhd.nhs.uk)**

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