

Eyedrops before Cataract Surgery

This leaflet is to give you information about the eye drops you need to use on the day of your cataract operation.

Please read this leaflet carefully and make sure that you fully understand it. If you have any questions, please call the ophthalmology admissions team on **0300 019 6333**

What do I have to do?

You have been given 2 different eye drops, Cyclopentolate and Phenylephrine to prepare your eye for your operation and reduce the length of time that you need to wait in the hospital.

Please instil one drop of each, at 15-minute intervals, as outlined below:

Timing	Eye drop	Tick when put in (✓)
30 minutes before leaving home	1 drop of Cyclopentolate 1%	
	1 drop of Phenylephrine 2.5%	
15 minutes before leaving home	1 drop of Cyclopentolate 1%	
	1 drop of Phenylephrine 2.5%	
Just before leaving home	1 drop of Cyclopentolate 1%	
	1 drop of Phenylephrine 2.5%	
On arrival at hospital	1 drop of Cyclopentolate 1%	
	1 drop of Phenylephrine 2.5%	

These drops dilate the pupil and will blur the vision for at least 4 hours. Please do not drive after you have instilled these drops.

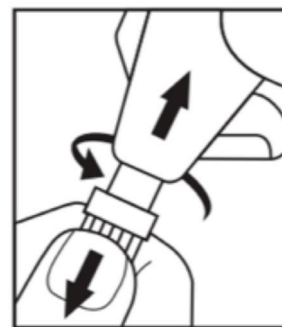
If you are allergic to either of these eye drops, or are uncertain if you should use them then please contact the Ophthalmology team on the number above.

Please put the drops in **ONLY THE EYE(S) TO BE OPERATED, 30 MINUTES BEFORE LEAVING HOME.**

Do not instil the drops whilst in a moving vehicle.

How do I put in these eye drops?

1. Wash your hands.
2. Check the name of the drop and expiry date on the packet. Peel open the packet and remove the cap of the minims. This requires a firm pull, twisting may also help.
3. Lie down or tilt your head back, and look upwards.
4. Gently pull the lower lid down to create a pocket between your eyelid and eyeball.
5. Squeeze a single drop into this pocket, trying to avoid touching the lashes, eye, or lid. If accidentally you instil more than one drop, do not worry - blinking a couple of times will wash the excess away. If you are uncertain whether a drop went into the eye, please put in another drop.
6. Place the lid back on the minims.



If you have difficulty putting in the drops by yourself, please ask a member of your household to assist you.

What if my surgery is cancelled?

These medicines can be stored at room temperature for 28 days only. If for any reason your surgery is rescheduled or cancelled beyond this then please discard the medication.

Manufacturers Patient Information Leaflets

The manufacturer's patient information leaflets are included with the eye drops for further information about any potential side effects and any reasons why you should not use the eye drops.

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