Eye injections - a quick guide

Eye Emergency Department Patient information

This leaflet provides information on what to expect following an eye injection.

What should I expect following my eye injection?

It is very common for the eye to feel gritty and uncomfortable until the next day. This is usually due to irritation on the surface of the eye. This is not serious and usually settles down by itself. You can use lubricating eye drops to sooth the eye. Simple painkillers, such as paracetamol, can also help.

The vision may also be fuzzy for a few hours following an injection. This is also due to irritation on the surface of the eye. You should still be able to see things around the room and this usually settles by the next day.

It is also common to get black blobs and floaters in your vision following an injection. These usually settle over a day or two.

You may get a red bruise on the eye. Again this is nothing to worry about. This will settle by itself over a week or two.

Why is my pupil dilated?

The dilating drops we use during an injection will cause the pupil to remain dilated until later the same day, or even the next day. This is normal and nothing to worry about.

Will my vision improve?

Injections aim to stop the vision getting worse. They may not improve your vision. If your vision has not improved following an injection, then do not worry. This is normal and can be discussed at your next macular clinic appointment.

If after a few days you notice a rapid worsening of vision, or the eye becomes very painful, then contact the Eye Emergency Department urgently:

Eye Emergency Department: Telephone: **0300 019 4181**

8am - 6pm on weekdays

8.30am - 6pm on Saturdays and bank holidays

8.30am - 2pm on Sundays

Outside these hours please attend the Emergency Department at Royal Bournemouth Hospital.

Thank you.