

Home ICare

Why have I been asked to use the Home ICare device?

It is possible that the consultant responsible for your treatment suspects you either have glaucoma or ocular hypertension (raised pressure within the eye). This pressure can sometimes change during different times of the day. In a one-off appointment we may underestimate the amount of pressure in your eyes. For this reason, your consultant has arranged for you to take home a hand held device that allows you to have your eye pressure measured throughout the day. Recording any variations in your eye pressure during the day will provide your consultant with useful information regarding your eye condition and treatment.



How do I collect the Home ICare device?

The device may be available to take away on the day of your appointment. However, if all machines are in use it may be necessary for you or a relative/carer to collect one at a later date.

How do I look after the device when I pick it up or bring it back?

The ICare device should be kept in its protective case unless being used. It should be kept in the case during any transportation to and from the hospital.

How do I use the ICare device?

You will be shown how to use the device by a nurse or technician and given instructions as to the frequency of readings you need to take. A step by step video guide is also available (ICare USA): www.youtube.com/watch?v=Q3eKZj5RxIo

When and where do I return the Home ICare device?

The device should be returned to the Eye Unit the day after use as the final reading will likely be late in the evening. The device should be returned to the Eye Emergency Department reception on the ground floor of the Eye Unit.

When will I get my results?

On returning the device to the Eye Unit, the results will be downloaded to computer software and will be available to your consultant at your next appointment.

Remember

- Always wash your hands before and after touching your eye/s.
- To prevent contamination, do not touch the bare probe. Do not use a probe if it touches a non-sterile surface like a table or a floor.
- The probes are for single-use (single pair of measurement sequences) only. Use probes taken only from the intact, original packaging.
- Always finish the course of treatment if you have been prescribed medication, even if your symptoms have improved.
- Keep the tonometer out of the reach of children because the probe base, battery compartment cover and probes are so small that a child could swallow them.
- The ICare HOME tonometer is a prescription device intended for monitoring of intraocular pressure (IOP) of the human eye. It is indicated for use by patients or their caregivers under supervision of an eye care professional. The device has been calibrated for your personal use and should therefore not be used by any other person.

For further information and advice

Please contact **Claire Adams** or **Kerrie Priestley** on: **0300 019 6036**

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