

Additional Notes



University Hospitals Dorset
NHS Foundation Trust

Cataract Surgery

Patient initiated follow up (PIFU)

To read this leaflet in a different language, please visit our website:
www.uhd.nhs.uk/visit/patient-information-leaflets and use the language
and accessibility function available along the top of the site.

To ask for this leaflet in larger print, please contact the patient experience team
on **0300 019 8499** or email uhd.patientexperienceteam@nhs.net.

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t: 01202 303626 w: www.uhd.nhs.uk

: @uhdnhs.bsky.social : @UHDTrust : @uhd_nhs

The Eye Unit

Information and advice for patients

t: 01202 303626 w: www.uhd.nhs.uk

: @uhdnhs.bsky.social : @UHDTrust : @uhd_nhs

Please arrange a routine sight test with your usual optician 4-6 weeks after your cataract surgery.

You have been put on the patient initiated follow up (PIFU) pathway for cataract surgery. This is good because it means you do not need to come to hospital. You can see your usual optician instead.

What happens at the sight test?

Your optician will check your eyes at the sight test. They will make sure everything has settled down after your operation. They will advise on what glasses are needed to improve your vision. If the optician feels you need hospital review or treatment, they will contact us.

When to contact the Eye Department

Please contact the **Eye Emergency Department** on **0300 019 4181** if you have serious concerns about your eye(s) after cataract surgery. It is important you contact us if you notice any of the following:

- serious increase in pain
- serious drop in vision
- increasing redness of the eye or sensitivity to light
- floaters, flashing lights, or a dark shadow across your vision

For other queries or less urgent concerns, please contact your consultant's secretary via the hospital switchboard on **01202 303626**.

You can also email the Cataract Clinic Team, **uhd.cataract.clinic@nhs.net**.

This could be for questions about:

- your eyedrops
- follow-up plans
- minor concerns e.g. soreness, discomfort, visual problems, vision not as good as you were expecting

For further information, please read the **Cataract Surgery: What You Need to Know** booklet.