

Ossur rebound air walking boot (short and long versions)

Orthopaedic casting outpatients department [Patient information](#)

Indications

- Grade 2 and 3 sprain
- Stable Fractures
- Post-operative use
- Trauma
- Rehabilitation

Fitting instructions

- Once seated unwrap the Velcro,
- Put foot into the boot ensuring the heel is placed firmly into the bottom corner,
- Place the faceplate INSIDE the back shell ensuring that both the buttons (inflate and deflate) are inside the correct holes,
- Fasten up all the Velcro straps to make the boot supportive and comfortable.

Inflation/deflation

- Press the big button to push air into the air bag which is located around the back and sides of the leg.
- Inflate until the boot feels supportive. **DO NOT OVER INFLATE.**
- **Before** removal of the boot, press and hold the deflate button until all the air is gone.



Care instructions

- Remove liner from the air-walker before washing.
- The liner should be washed by hand using a mild detergent.
- Do not wash in washing machine or place in dryer.
- Line dry in shade.
- Walker plastic (the main shell) can be washed with a damp cloth and mild soa.

List of materials

Liner: Polyester, Nylon, Polyurethane, PVC (no bpa), ABS

Shell: Polypropylene, EVA, TPO, Steel, Nylon, Cyanoacrylate

If you have any concerns or queries regarding your brace, please do not hesitate to contact us on the number below.

Contact details (Poole)

Plaster room

Telephone: **0300 019 2140**

Emergency Department

Telephone: **01202 442202**

Please note: Our telephone lines are open from 9am to 5pm however a 24 hour answerphone service is available and we will get back to you as soon as we can.

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or email **patientexperienceteam@uhd.nhs.uk**.

Poole Hospital, Longfleet Road, Poole, Dorset, BH15 2JB

Author: **Gary Smith** Date: **March 2025** Version: **Five** Review date: **March 2028** Ref: **594/21**