

Dorset Discharge Home from Hospital Process

Discharge from hospital into short-term bed-based care

This information gives you some detail of what to expect at each part of your journey, to support you being discharged to the right place if you cannot go directly home

This journey might change if your condition changes

You are in hospital and our clinicians will be talking about what happens next



1

The ward team will work with you to create a discharge plan.

2

If your needs can't be met at home, a short-term bed at a different location may be an option for you



You have moved to a short-term assessment bed

4



3

We will confirm time and location for your transfer to the P2 bed

6



5

Teams will support with your recovery. We will be discussing your plans for discharge with you



Plans have been made and agreed to help you get home



7



You are now home (maybe with some extra help)



For more details, please turn over....

If you have any more questions, talk to your ward lead

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FutureCare

1



Acute Assessment

You are in an acute hospital. They will be assessing you and will start planning ready for your discharge within 24/48 hours of being admitted, ready for when you're medically well.

2



Planning to leave the Hospital

We will endeavour to get you home. If this is not possible, you could be transferred to a different community bed for rehabilitation and further support. Pathway 2 bed for assessment and intervention. We will find the most suitable bed for your needs.

3



Transfer to a short-term bed

Your transfer is being arranged to a Pathway 2 Bed. We'll keep you updated with all the latest plans. You may move to the departure lounge while you wait for the transport to arrive.

4



Assessment at the short-term bed

To understand your care needs, further assessments will continue when you arrive and personalised plan will be built with you within a few days of arrival. Your stay in this bed will be short-term based on how your recovery progresses – it could be as little as 24 hours!

5



During your stay in a short-term bed

Support will be provided by nurses, therapists and a wide range of staff at the site to promote your independence. You will get dressed every day and be encouraged to participate in a daily routine. If your condition changes, we'll make sure you're looked after in the right place – which might be the hospital.

6



Discharge planning to get you home

The plan will be to get you home. You may not feel ready to leave, but we'll help you feel safe and supported to be back at home. If home isn't the right option for you, we will discuss other options with you.

7



Discharge Home

You are home or in your new home. Care will be provided if you need it to settle you in. This may be for a short time, but if you need ongoing long-term care, this will be assessed. We will work with your support network to get everything ready for you.