

Dorset Prosthetic Centre primary visit

This leaflet aims to tell you what a Primary Visit is and what happens at the appointment. This leaflet is aimed at all new amputees.

What is the appointment for?

The Primary Visit appointment can last up to two hours.

At the beginning of the appointment you will have your blood pressure, pulse, blood sugar if diabetic and medications checked with the Nurse Specialist.

You will then spend the rest of the appointment with the Department's Rehabilitation Consultant. The Consultant will assess your medical suitability for prosthetic limb wearing. This involves you undressing your lower body and transferring onto a plinth. The consultant will assess your physical strength, range of movement, general physical condition and any other medical problems that need to be considered. After this assessment a pathway of care will be discussed with you.

The second hour of the appointment can be with a prosthetist who will begin the process of making a prosthetic leg.

If you do not begin the process of making a prosthetic leg it maybe you have a wound that has not healed. You have not worn a compression sock for a minimum of ten days if you are a below knee amputee.

If you are an above knee amputee, the reasons may involve that you cannot stand for ten minutes and/or sit to stand ten times. You may be referred to physiotherapy to use an early walking aid. This process allows you to understand the energy, physical strength and commitment needed to use a prosthetic limb.

Who will I see?

You may be seen by

- Dr Claire Myint** Consultant in Rehabilitation Medicine
- Emma Proctor** Nurse Specialist
- Tim Randell** Clinical Specialist Physiotherapist
- Joanne Teanby** Clinical Occupational Therapist
Specialist Podiatrist

One of the following prosthetic members of staff:

- Caroline Mc Nerney** Prosthetist
- Ben Orchard** Prosthetist
- Sarah Watson** Prosthetist
- Haidar Abdali** Prosthetist

What time is the appointment?

Appointments are Monday or Thursday mornings at 10.30am until 12.30pm.

Do I need to bring anything with me?

You are welcome to bring someone with you.

Please bring a list of current medication or a copy of your repeat prescription.

If you are diabetic please bring your lunchtime medication and something to eat with you.

Who do I contact regarding my appointment?

If you have any concerns or questions about your visit and need to speak to someone please telephone and ask for

Emma proctor, Tim Randell, Joanne Teanby

Please note if you are unable to keep your appointment please contact the clinic, **0300 019 4363**, so your appointment can be rearranged.

How do I get to my appointment?

Please refer to leaflet about transport.

The Royal Bournemouth Hospital, Castle Lane East, Bournemouth, Dorset, BH7 7DW

Author: Penny Moore Date: January 2022 Version: Two Review date: January 2025 Ref: 534/21

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