

Myringoplasty

ENT Patient information

You are having an operation of the ear called a Myringoplasty. This information sheet will help to answer any questions you may have. **It is important to read this information before your procedure.**

What is a myringoplasty?

A myringoplasty is a surgical procedure to close a hole in the ear drum. It is performed via the ear canal. The area behind the ear will be numbed. This will be done by using local anaesthetic. A graft is placed against the ear drum.

What are the benefits of having this procedure?

This procedure is designed to close the hole in your ear drum. This will stop water from getting in the middle ear (behind the ear drum). This reduces the chance of infection and stops your ear from leaking discharge.

How to prepare for the procedure?

Please take your regular medicines as usual. This includes **blood thinning medicines**. Antiplatelet drugs that reduce your body's ability to form clots, such as aspirin and clopidogrel, should also continue.

Please call the outpatient treatment centre anticoagulant line on **0300 019 2145** if you have any questions about your blood clot preventing medication such as Warfarin, or direct oral anticoagulants (DOACs) such as aspirin and clopidogrel.

- Please bring your list of medicines.
- Please make sure **you eat** before your procedure.
- Please allow up to four hours for your time in hospital.

What are the risks of having a myringoplasty?

- Dizziness, this is common for a few hours following surgery
- Nausea, this is also common following the surgery.

All procedures carry the small risk of infection and bleeding.

You may experience pain and discomfort once the local anaesthetic has worn off.

After the procedure

- You will be given aftercare advice and a discharge form.
- You can drive yourself home.
- You do not need anyone to be with you.
- You may experience pain and discomfort once the local anaesthetic has worn off. You can take your usual method of pain relief once the anaesthetic has worn.

Contact details

Please contact the main hospital number and ask for ENT secretaries.
Or phone ENT admissions on **0300 019 8434**

The Royal Bournemouth Hospital, Castle Lane East, Bournemouth, Dorset, BH7 7DW
Poole Hospital, Longfleet Road, Poole, Dorset, BH15 2JB

Author: **Georgina Edmunds** Date: **September 2024** Version: **One** Review date: **September 2027** Ref: **067/24**

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