Endoscopic Clips

The Endoscopy Department will give you a card to carry if endoscopic clips are applied. Please show this card if you are required to have an MRI Scan.

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Name: .....

Has had ..... Endoscopc Clip(s)

Date: .....

Site: .....

MRI scan should not be carried out until it has been established with Endoscopy that the Endoscopic clip is no longer present in the body.

Further information is available from: **www.patient.co.uk**

To read this leaflet in a different language, please visit our website: **www.uhd.nhs.uk/visit/patient-information-leaflets** and use the language and accessibility function available along the top of the site.

To ask for this leaflet in larger print, please contact the patient experience team on **0300 019 8499** or email **uhd.patientexperienceteam@nhs.net**.

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Endoscopic Clips

Endoscopy Department

Patient information

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What is an Endoscopic Clip?

An endoscopic clip is a small metal device that is applied during an endoscopic procedure, such as a gastroscopy or colonoscopy.

Why are Endoscopic Clips applied?

Endoscopic clips may be used as a marker to make a particular area identifiable on X-ray or to secure a feeding or drainage tube in the digestive tract. They are also used to prevent bleeding from the digestive tract, and allow healing, by applying pressure to a bleeding blood vessel, or closing the edges of an ulcer, polyp site or tear (perforation).

What happens to the Endoscopic Clip?

The clip(s) normally fall away from the site from three days to eight weeks after they have been applied, and pass through the digestive tract, exiting your body when you pass a stool (poo). Sometimes they can be seen in the stool, but they are very small and may pass unnoticed. Rarely, a clip may be retained in the digestive tract. The clips are not sharp, and should eventually pass through without causing injury.

Can I eat and drink normally afterwards?

After a clip has been applied, you should follow the advice given to you after your endoscopic procedure. It is important that the clip stays in place long enough to allow healing to take place, if it has been applied for that reason. If a clip has been applied in the oesophagus (or gullet) it is advisable to stick to a soft, sloppy diet for approximately 48 hours, and avoid bulky, tough foods that might dislodge the clip during that time. The endoscopist or nurse will advise you if this applies to you. Clips that are applied further down the digestive tract, for example in the stomach or bowel, should not be affected.

Are there any risks with Endoscopic Clips?

After clips have been applied, you must not have an MRI scan until it can be confirmed that the clip(s) are no longer present in the body, or until at least six weeks have passed.

This is because the magnetic field used during an MRI Scan can move the clip(s) and potentially cause injury to soft tissue. If necessary, an x-ray can be performed to make sure there are no clips in your body if an MRI Scan is needed in the future.

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