

# Medication advice pre-colonoscopy

## Endoscopy Department patient information

You may take most of your usual medication without a problem, however there are some medications which might be affected by the colonoscopy preparation.

**If you take medication to prevent clotting** (e.g. apixaban, clopidogrel, dabigatran, dipyridamole, prasugrel, rivaroxaban, ticagrelor, warfarin, edoxaban, or acenocoumarol (Syndrome) please contact the endoscopy department. Our anticoagulation nurse will advise you on whether to continue to take these in preparation for your procedure. **You may continue aspirin.**

### Important notice re iron supplements

**Seven days before your procedure:** please **stop** taking **iron supplements** (e.g. ferrous sulphate, ferrous fumarate), **stool bulking agents** (fybogel, ispaghula husk) and **drugs which slow down gut motility** (loperamide, codeine).

**The following medications should be stopped the day before your procedure.** If combined with the bowel preparation they could negatively affect your kidneys.

### Water tablets (Diuretics)

This group of medicines block the reabsorption of water and salts after it has been filtered by the kidneys. This helps lower blood pressure and reduces the amount of work your heart has to do.

**Do not restart them until the day after your procedure**

Drug name	Drug brand name (not all drug names are listed below, please check your medication packets carefully to find the generic drug name)
<b>Bendroflumethiazide</b>	Bendroflumethiazide
<b>Furosemide</b>	Furosemide, Lasix
<b>Indapamide</b>	Indapamide, Natrilix, Ethibide, Natrilix SR, Lozol
<b>Bumetanide</b>	Bumetanide, Burine, Bumex
<b>Xipamide</b>	Xipamide, Diurexan
<b>Chlortalidone</b>	Chlortalidone, Hygroton

<b>Cyclopenthiazide</b>	Cyclopenthiazide, Navidrex
<b>Metolazone</b>	Metolazone, Metanix, Mykrox, Zaroxolyn
<b>Torasemide</b>	Torasemide, Demadex, Torem
<b>Amiloride</b>	Amiloride, Midamor
<b>Spironolactone</b>	Spironolactone, Aldactone
<b>Eplerenone</b>	Eplerenone, Inspra
<b>Triamterene</b>	Triamterene, Dyrenium, Dytac
<b>Co-Amilofruse</b>	Co-Amilofruse, Burinex A
<b>Co-amilozide</b>	Co-amilozide, Navispare
<b>Chlorothiazide</b>	Chlorothiazide, Diuril
<b>Hydrochlorothiazide</b>	Hydrochlorothiazide (HCTZ), Esidrix, Hydrodiuril, Microzide

## ACE inhibitors

Do not stop if you have severe heart failure. Please contact the endoscopy department for advice.

**Do not restart the groups of medicines below until 24 hours (one day) after your procedure.**

<b>Drug name</b>	<b>Drug brand name</b> (not all drug names are listed below, please check your medication packets carefully to find the generic drug name)
<b>Ramipril</b>	Ramipril, Lopace, Tritace, Triapin, Mite
<b>Enalapril</b>	Enalapril, Innovace, Innozide
<b>Lisinopril</b>	Lisinopril, Carace, Zestril, Carace Plus, Lisicostad, Zestoretic
<b>Perindopril</b>	Perindopril, Coversyl, Coversyl Plus
<b>Captopril</b>	Captopril, Capoten, Co-zidocapt, Capozide, Acepril, Acezide, Capozide LS
<b>Fosinopril</b>	Fosinopril, Staril
<b>Quinapril</b>	Quinapril, Accupril, Accupro, Accuretic
<b>Trandolapril</b>	Trandolapril, Gopten, Tarka
<b>Imidapril</b>	Imidapril, Tanatril

**Oral contraceptive pill - do not stop this medication, but take additional precautions for a week after taking bowel preparation, as the pill may be less effective.**

Bowel preparation flushes everything through your digestive system so that the bowel lining is clean. This helps to ensure that a complete and thorough inspection can be made when you have your colonoscopy. Because of this, any medication that you take while you are having your bowel preparation may not work so well, which can lead to your symptoms being worse, or unwanted side effects. Please bear this in mind when planning when to take them and call the endoscopy department for advice if you are unsure (see below).

Please seek further advice if you are taking any **immunosuppressant / anti-rejection medication, steroids**, or medicines such as **digoxin, carbamazepine**, and **selected anti-psychotics or antidepressants** which may affect electrolyte imbalance. It may not be necessary or advisable to stop these medications, but you may need to be assessed and may need monitoring throughout your preparation. Our pre-assessment nurse can advise you.

The following advice is to help you choose the right time to take your medication.

## Plenvu / Moviprep / KleanPrep:

Medication should be taken at least **one hour before** or at least **one hour after** taking each dose of Plenvu, Moviprep, or KleanPrep.

## Picolax:

Most medication can be taken safely at least **one hour before** or at least **one hour after** taking each sachet of Picolax. However, if you are taking any of the following medicines, you should do so at least **two hours before**, or at least **six hours after**, taking Picolax:

- antibiotics
- anti-epileptics
- Digoxin
- oral contraceptives
- Parkinson's medication
- penicillamine (for rheumatoid arthritis)
- medication for myasthenia gravis

**If you need further advice about taking medication while you are having your bowel preparation, please contact:**

**The Royal Bournemouth Hospital Endoscopy Department**

t: **0300 019 4668** (Monday to Friday, 8am to 6pm)

**Poole Hospital Endoscopy Department**

t: **0300 019 2944** (Monday to Friday, 8am to 6pm)

**A separate information sheet is available if you take medication for diabetes.**

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