Patient leaflet waiver

USE AT YOUR OWN RISK: If you have none or little expertise in diagnosing, examining, or treating medical conditions related to the information on our web site, or in determining the effect of any specific exercise on a medical condition, the Poole Hospital NHS Foundation Trust therapy services department advocate that you seek advice from a qualified and respected health professional before adopting the information on these leaflets or performing any exercise programme displayed on this web site. Should you wish to use this information without seeking this advice, it is your responsibility to evaluate your own medical and physical condition, and to independently determine whether to perform, use or adapt any of the information or content on this web site. Poole Hospital NHS Foundation Trust assumes no responsibility or liability for any loss or damage suffered by any person as a result of the use or misuse of any of the information or content on this website.

INCIDENTAL OR CONSEQUENTIAL DAMAGES: You should understand that when participating in any exercise or exercise programme, there is the possibility of physical injury. If you engage in this exercise or exercise programme, you agree that you do so at your own risk, are voluntarily participating in these activities, assume all risk of injury to yourself, and agree to release and discharge Poole Hospital NHS Foundation Trust from any and all claims or causes of action, known or unknown, arising out of Poole Hospital NHS Foundation Trust negligence.

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