

ULTRAlign®+ TLSO - Daily Checks

Patient name:

Brace fitting



FRONT

- Shoulder straps are tightened to take up any slack
- Sternal pad is 2 to 3 fingers below sternal notch and is placed centrally on the chest
- Bottom of the brace sits on the pelvis and rests just above the thighs in sitting
- Dials are in the down position and brace is tightened so the brace feels 'snug' on the patient



BACK

- Back panel is centred over the spine (i.e. in line with middle of neck)
- Bottom of brace rests at top of the patient's intergluteal cleft (bottom crack)



Skin care

- Assess skin and check for redness **twice daily**
- Make sure T-shirt or vest is worn under brace
- Wash skin and ensure dry before reapplying brace

Brace care

- If the brace gets wet allow to fully dry
- Check all screws are tightened weekly
- Brace should be worn at all times other than when lying flat (unless otherwise specified)

Poole Hospital **NHS**

NHS Foundation Trust

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