

Additional Information:

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How can I find out more?

If you have any questions, please contact:

SDEC admin tel: **0300 019 6192**

SDEC admin team email: **uhd.opmsdec@nhs.net**

To read this leaflet in a different language, please visit our website:
www.uhd.nhs.uk/visit/patient-information-leaflets and use the language
and accessibility function available along the top of the site.

To ask for this leaflet in larger print, please contact the patient experience team
on **0300 019 8499** or email **uhd.patientexperienceteam@nhs.net**.

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t: 01202 303626 w: www.uhd.nhs.uk

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Some of our hospital services are moving.

Visit **www.uhd.nhs.uk/future** to find out more.

Older Persons Same Day Emergency Care Clinic (SDEC)



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What is the Older Persons Same Day Emergency Clinic? (SDEC)

The Older Persons Same Day Emergency Care Clinic (SDEC) provides specialist assessment and follow-up for people who have been referred by their GP or seen in the Emergency Department (ED), Older People's Assessment Unit (OPAU) Acute Medical Unit (AMU) and inpatient wards.

The SDEC clinic, which operates from the Royal Bournemouth Hospital, provides acute care with the aim to prevent admission into hospital. It also enables early supported discharge with consultant geriatrician and advanced clinical practitioner and multi-disciplinary team input.

Who will refer me to the clinic?

You may be referred by the following:

- Medical/Nursing/Therapy team in ED, OPAU, AMU or any inpatient wards.
- GP.
- Intermediate care teams and advanced clinical practitioners (ACPs) in the community.

There are a number of reasons why you may have been referred to our SDEC clinic. They include:

- Urgent specialist review of medical problems, either new or worsening of a pre-existing condition.
- Review of your clinical condition and any medication changes made during an admission.
- Review of any outstanding test results following an admission to hospital.

What to expect?

- Once you have been referred you will be contacted by our SDEC clinic staff to arrange your appointment and transport if required.
- This is a rapid assessment clinic; therefore your appointment may be within 24 hours of being referred.
- In the clinic you will be seen by a consultant geriatrician, advanced clinical practitioner, or specialist registrar.
- A medical assessment will be carried out and a review of your physical ability and social situation may be assessed if required.
- You may be referred for appropriate investigations based within the hospital on the same day e.g. x-ray, scans, blood tests. In some cases further outpatient investigations may be arranged, but this will be discussed with you at your appointment.
- Where appropriate you may also be referred for support and management in the community. This may include other health and social care agencies as required.
- Referrals on to other services will be completed prior to discharge from SDEC clinic if required.
- A letter will be sent to your GP to inform them of your time in the SDEC clinic, with a copy also sent to you.
- You may need to attend for up to 3-4 hours so perhaps bring something to read or occupy your time
- Please bring with you any medications you are taking.

The clinician who is reviewing you in SDEC clinic will discuss any questions you may have and will inform you of what will happen next.