

## Discharge

We will discuss your discharge plans with you and your family/carers as needed. If you have any concerns with your discharge, please make the MDT aware as soon as possible.

When you leave, you will be given a copy of your discharge summary. This will confirm follow-up arrangements if needed. You will also be advised who to contact if you have a question or problem once you are home. Please note, if leaving with hospital transport, only one bag is allowed.

## Copies of letters to your GP

You should receive copies of the letters sent to your GP. You are entitled to these, so please ask a member of staff.

## Tell us what you think about your stay

If you have any concerns or questions about your care or treatment, please ask a member of the team. They will be happy to answer all your questions.

If you have ongoing concerns about your stay, please contact the patient advice and liaison service (PALS) on **0300 019 4886**.

## In order to help infection control we ask visitors to:

- use alcohol gel provided on entering and leaving the ward
- not visit the ward if they have any symptoms of Covid-19 not visit the ward if they have had diarrhea and vomiting within the last 48 hours, even if their symptoms have stopped. Face masks are no longer needed. They are available if you wish to wear one.

The Royal Bournemouth Hospital,  
Castle Lane East, Bournemouth, Dorset, BH7 7DW




Poole Hospital, Longfleet Road, Poole, Dorset, BH15 2JB

Christchurch Hospital, Fairmile Road, Christchurch, Dorset, BH23 2JX

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# Welcome to the Stroke Unit



Welcome to the Stroke Unit at the Royal Bournemouth Hospital (RBH). We aim to give the highest standard of care. We work closely as a team and will involve you and your relatives in your care as much as possible.

## Ward leaders

**Helen Westall, Shonymol Mathew,  
Carolina DAndrade**

## Telephone:

**0300 019 4001/4002**

t: 01202 303626 w: [www.uhd.nhs.uk](http://www.uhd.nhs.uk)

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## Your stay in hospital

The Stroke Unit has 43 beds. This is where you will receive specialist care on admission. You may need to stay in hospital for a few hours or a few days. In some cases this may be longer and you may stay on the unit for rehabilitation.

You may not stay on the Stroke Unit for the whole time you are in hospital. It will be discussed with you if you need to move to a different ward. This may be at very short notice.

## The team caring for you

The team on the Stroke Unit is known as the stroke multidisciplinary team (MDT). They are skilled at looking after people who have had a stroke.

The consultants who work in the stroke service are:

- Dr Dharmasiri
- Dr Evans
- Dr Fairbairn
- Dr Jenkinson
- Dr Jupp
- Dr Ragab
- Dr Thavanesan

These consultants are supported by a team of doctors who are based on the ward.

The other members of the MDT include:

- nurses
- speech and language therapists
- physiotherapists
- pharmacists
- occupational therapists
- a discharge coordinator
- dietitians
- stroke nurse practitioners
- psychologists
- social services

## Medical information

If you, your family, or carer need further medical information about your care, please speak to any of the team.

## Stroke information booklet

You will be given an information folder about your progress and aims. This is yours to keep. Please ask any of the nursing staff if you have not been given one. This will help you and your relatives or carers understand what to expect. It will tell you who is involved in your care and the options you have.

## Visiting

Visiting on the unit is 11am-8pm. Please speak to a member of the team if you cannot visit between these times. The unit has protected mealtimes. These are **12noon - 1pm** and **5 - 6pm**. Visiting is not allowed during this time. If you wish to have family support at mealtimes, please speak with a nurse in charge.

We ask that visitors do not sit on the beds. Please use the chairs provided.

## Patient property

Your valuables are recorded by the ward staff when you are admitted. Please tell a member of staff if any of your family/carers remove or bring in any other belongings. This is so it can be documented. This way we can minimise any loss of property. We are not responsible for the loss, theft, or damage of any property that you keep with you.

## Sleeping

Hospitals can sometimes be noisy at night. We have ear plugs and eye masks available if you have difficulty sleeping. Please ask the nurse when receiving your night medications.

## Support

We have multi-faith chaplains who are happy to talk in confidence to any patients. If you would like them to speak to you, please ask a nurse.