

# Removal of Cervical Polyps

---

## What is a cervical polyp?

A polyp is a fleshy tag of tissue. Polyps can appear on the Cervix. Polyps on the cervix are normally nothing to worry about, however they may need removal. Sometimes people may be aware of them, Sometimes they can cause excessive discharge, bleeding between periods and bleeding after sexual intercourse.

## Polyps in the cervix

Small polyps in the cervix can often be easily and quickly removed in the Colposcopy Clinic by simply twisting them off and this causes very little discomfort.

Once the polyp has been removed it will be sent to the pathology laboratory to be examined.

## Are there any side effects after removal of the polyp?

You may experience slight period like discomfort which will soon disappear. It is common to have light vaginal bleeding for a few days following the removal of the polyp.

## Is there any special advice?

It is advisable to avoid sexual intercourse, tampons and excessive activity for 2-3 days or until the bleeding stops.

## Are there any risks?

Very rarely you may experience heavy or excessive bleeding. If this should happen please contact your GP as this may indicate a minor infection that may require antibiotics.

## When will I receive my results?

You will be informed of your results in writing after 3-4 weeks.

Due to patient confidentiality we are unable to give results over the telephone.

## Who can I contact if I have any questions?

If you have any queries or concerns please contact:

### Harbourside Gynaecology Centre

Main reception: **0300 019 2584** | Unit secretary: **0300 019 3107**

### Colposcopy Department

**0300 019 4672**

---

The Royal Bournemouth Hospital, Castle Lane East, Bournemouth, Dorset, BH7 7DW  
Poole Hospital, Longfleet Road, Poole, Dorset, BH15 2JB

Author: **Colposcopy Department** Date: **February 2022** Version: **Four** Review date: **February 2025** Ref: **030/22**