

Ultrasonographer

An ultrasonographer will perform your scan and prepare a written report.

Radiology Department Assistant (RDA)

An RDA will accompany you for your scan and will ensure your stay is comfortable.

| | |
|-------------------|-------|
| Appointment date: | Time: |
|-------------------|-------|

Patient information

Early Pregnancy Assessment Unit (EPAU)

To read this leaflet in a different language, please visit our website: www.uhd.nhs.uk/visit/patient-information-leaflets and use the language and accessibility function available along the top of the site.

To ask for this leaflet in larger print, please contact the patient experience team on **0300 019 8499** or email patientexperienceteam@uhd.nhs.uk.

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t: 01202 303626 w: www.uhd.nhs.uk

: @uhdnhs.bsky.social : @UHDDTrust : @uhd_nhs

Early Pregnancy Assessment Unit:

Tel: **0300 019 5713**

We are located on the first floor of the Jigsaw Building.
Please report to the reception desk.

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Welcome to the Early Pregnancy Assessment Unit (EPAU)

The Unit is open from:

8.30am-4pm Monday to Friday
and **8.30am-1pm Saturday**

It is situated on the first floor of the Jigsaw Building.

You have been requested to attend our service because a problem has arisen during the early stages of your pregnancy.

Women are generally referred to this service if they experience pain or bleeding in early pregnancy.
(6-14 weeks gestation)

Please attend at the given appointment time.
(This is not the time of your scan.) Scanning available mornings only.

You may eat and drink until 2am on the morning of your appointment. Then have only clear fluids until 6am. You must have nothing to eat or drink from 6am.

Please bring an early morning specimen of urine.

If you have been given a referral letter please remember to bring it with you.

Car parking is available but a fee is payable.

The aims of the Unit are to assess your pregnancy and provide support and advice / treatment if required.

Please feel comfortable to ask questions and discuss any concerns regarding your care.

The time you spend in the unit may vary. The minimum time will be one hour. The average time is one to two hours. At times this may be longer due to meeting the individual needs of all our patients.

Please feel free to bring your partner or friend.

Wherever possible please remember to make childcare arrangements for young children as they may not be permitted in the scan room.

If you have sadly had a miscarriage confirmed, you will be given time and support to discuss all your available treatment options regarding management.

Diagnosis is not always confirmed on one visit and further appointments for blood tests or a rescan may be necessary before results are confirmed.

People you will meet:

Receptionist

On attending the unit you will be required to confirm that your details are correct.

Nurse/doctors

You will be seen by either a nurse or a doctor. They will take a detailed history and explain what will occur during your visit. An ultrasound scan will usually be performed. You will be seen afterwards to discuss the findings and follow-up treatment if appropriate.