

# Methotrexate treatment for Ectopic Pregnancy

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Early Pregnancy Assessment Unit [Patient information](#)

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In conjunction with the Ectopic Pregnancy Trust leaflet 'Medical Management' - please note the following:

## Is there anything I need to avoid for the duration of my treatment?

It is important that you avoid the following:

- Sexual intercourse
- Smoking
- Alcohol
- Folic Acid - Please see Ectopic Pregnancy Trust leaflet 'Medical Management' for more details about when you should restart taking the folic acid supplement
- Exposure to sun/ sunlamps
- Herbal remedies

Medications to avoid:

- Trimethoprim - antibiotic
- Co-Trimoxazole - antibiotic
- Ibuprofen - non steroidal anti inflammatory
- Aspirin - non steroidal anti inflammatory
- Diclofenac - non steroidal anti inflammatory
- Mefenamic acid - non steroidal anti inflammatory

## Contact Details

**UHD Early Pregnancy Unit: 0300 019 5713 8am-4pm**

**Out of hours urgent care: 111**

## Counselling Support

There is a counselling service, SPRING which offers support through any loss in pregnancy.

You can contact them direct. Their phone number is **0300 019 8752**.

Their email is **maternity.counsellors@uhd.nhs.uk**

Miscarriage Association **www.miscarriageassociation.org.uk**

Ectopic Pregnancy Trust **www.ectopic.org.uk**

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or email **patientexperienceteam@uhd.nhs.uk**.

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