

Your bladder test called video-urodynamics

Patient information

Why am I having this test?

This test helps the doctors see how your bladder works. This will help them find the best way to treat your bladder problems.

Before your test

You may get a bladder diary to fill in before your appointment. Please bring it with you. Fill it in as best you can. It helps us get more information from your test.

Some medicines for bladder problems must be stopped one week before the test. You can check with the doctor if you are not sure.

Please stop these medicines one week before the test:

- Solifenacin (Vesicare)
- Tolterodine (Detrusitol)
- Oxybutynin (Ditropan)
- Mirabegron (Betmiga)
- Toviaz (Fesoterodine)
- Trospium Chloride (Regurin)
- Vibegron (Gemtasa)

Try to come for the test with a fairly full bladder. You should feel like you need a wee, but not too badly.

The test will happen in the x-ray department at the hospital.

The whole visit may take about two hours. The test itself is about one hour.

What happens during the test?

First part

You will change into a hospital gown.

You can keep your top clothes on underneath.

You will do a wee in a special toilet called a flow meter.

This checks:

- how fast the wee comes out
- how much wee there is
- how long it takes

The doctors will also check your wee (urine) for signs of an infection. If you have a urine infection, the test will be done another day. Please let the doctor know if there is a chance you are pregnant. This can be checked for you in the test.

Second part

Tiny soft tubes called catheters are gently placed into the bladder. Another is placed in your bottom.

The bladder is slowly filled with special water that shows up on x-rays.

Pictures will be taken while your bladder fills up.

When you feel your bladder is full, the table will tilt so you are standing up. You will cough a few times.

It is okay if a little liquid leaks out. That helps the doctors learn how your bladder works.

To finish the test

You will do one last wee with the tubes in place. The tubes are then taken out.

One last x-ray checks if the bladder is empty.

After the test

Doing a wee may sting a little for a day.

Drink extra water that day to help your bladder feel better.

If you feel unwell or think you have an infection, tell your doctor.

The doctor doing the test will talk to you about the results and how they can help your bladder problems.

Are there any side effects?

Sometimes tests can cause small problems or side effects.

Common side effects (happen a lot):

- It may hurt a little when you do a wee
- You might see a little blood in your wee

Sometimes (do not happen very often):

- You could get an infection in your wee that makes you feel unwell. Please see your doctor (GP)
- You may not be able to do a wee for a short time. You might need a small tube called a catheter to help
- The tube cannot go into the bladder. You may need more tests.

Rare side effects (happen very rarely):

- The test may not give a clear result. The test may need to be done again
- You may have an allergic reaction to the special dye used in the test

Questions? You can call the hospital team for help: **0300 019 4943 / 4336**

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