

For staff, foundation trust members and the public

NHS
Poole Hospital
NHS Foundation Trust

Connect

Autumn/Winter 2018



PLAY IN HOSPITALS WEEK

YOUNGSTERS LEARN MORE ABOUT THE HOSPITAL

INSIDE:
FOUNDATION TRUST NEWS
THE LATEST UPDATES FOR MEMBERS

JOE'S STORY WINS AWARD

Consultant's book helps others

MIKE MARKS 50 NOT OUT

Incredible half century of NHS service

NEW PACT FOR STROKE PATIENTS

'Inspirational' Bill launches new group

CHIEF EXECUTIVE'S COLUMN

Welcome to the latest edition of Connect, the newsletter for all staff, volunteers and Poole Hospital foundation trust members. It is good to have the opportunity to update everyone on the work of the Trust, as a lot has happened over the past few months!

Since my last column, we have announced that Steve Erskine, chairman of Poole Hospital NHS Foundation Trust, intends to step down from his position to take up a new role as chairman at Hampshire Hospitals NHS Foundation Trust. Steve came to Poole Hospital in May 2017 and since then, has consistently provided strong, effective leadership for the Trust Board. He has ensured that the hospital continues putting patients' first and focuses on delivering safe, high quality care, despite our very turbulent environment. We wish Steve all the best in his new role 'over the border' in Hampshire.

Steve's experience has been invaluable as we have continued developing our plans to merge with The Royal Bournemouth & Christchurch Hospitals NHS Foundation Trust. As you will know, both Trusts already work closely together to provide high quality care for local people. However, we know that we can make better use

of our specialist workforce and deliver better outcomes for our patients by implementing the recommendations of the Dorset Clinical Services Review – and to do this, we need to be more "joined up" than ever before.

A recap of the proposals for the configuration of services on both the major planned care and major emergency care hospitals is shown below and we will keep you updated as these plans take shape. Once approved, we shall be in a position to draw down the £147m that has been set aside by the Treasury to enable us to take forward these plans. It is anticipated that building work will commence in 2020, and will continue through until 2023. This will be a very exciting capital development, with significant improvements on both hospital sites.

Meanwhile, in order to progress these plans, the two Trusts applied to the Competitions and Markets Authority (CMA) for approval to establish a greater level of strategic integration. We are pleased to confirm that the CMA has now agreed that the two Trusts may jointly appoint a single interim Chair and single interim Chief Executive, by 1 January 2019.

This agreement will facilitate

both organisations working closely together to plan and implement the creation of the major planned and major emergency sites. It will also enable closer joint working as we develop our plans to merge (subject to the agreement of the CMA) - which should take place sometime between April 2020 and April 2021, once the Outline Business Case for our capital expenditure has been formally approved. All of these plans will help us to ensure that the people of east Dorset continue to receive excellent health services and improved outcomes in the years ahead.

2018/19 has so far been very challenging for the Trust, with demand continuing to increase and workforce shortages beginning to create real pressures on some of our wards and departments. However, we are also beginning to see the benefits of our joint work with partners across the Dorset health and social care system. For example, we are now seeing a reduction in the number of long-stay patients within the hospital, and we have benefitted from some in-year investment in our trauma services, as this was agreed as a priority within the Dorset system. We know that by working collaboratively together, we can



better meet the needs of local people – which is why the Trust is committed to taking forwards the recommendations of the Dorset Clinical Services Review.

In the meantime, whilst we plan for a positive future, the priority for all our teams as we head towards the winter is to continue working effectively together, to provide safe, high quality care. I should like to take this opportunity to thank all our hardworking, dedicated staff, across every ward and department, for the incredible lengths they go to every day as we seek to provide excellent patient care.

Debbie Fleming
Chief executive

SUMMARY: CLINICAL SERVICES REVIEW PROPOSALS

POOLE HOSPITAL - THE MAJOR PLANNED CARE HOSPITAL

The major changes affecting this site relate to inpatient services, as with all emergency treatment being carried out in future on the Royal Bournemouth site, we will have fewer inpatient beds here at Poole. However, there will be an expansion in our day case provision. The following specialities will undertake the majority of their elective inpatient and day case work at Poole Hospital:

- General Surgery

- Orthopaedics
- Breast Surgery
- ENT
- Upper and Lower GI Surgery
- Oral and maxillofacial surgery
- Urology
- Gynaecology

We will of course continue to offer a broad range of outpatient and pre-assessment services, as well as providing an essential service pathology laboratory. We will also continue to provide a broad range of specialist scanning and diagnostic services, including endoscopy.

THE ROYAL BOURNEMOUTH HOSPITAL – THE MAJOR EMERGENCY CARE HOSPITAL

All emergency surgical and medical admissions will be made to the Royal Bournemouth site. The inpatient medical bed base will include acute medicine, respiratory medicine, stroke, haematology and oncology, gastroenterology, diabetes and endocrine, older people's medicine, and cardiology.

All emergency surgery will occur on the major emergency site, encompassing all surgical

specialties, while the main emergency department for east Dorset will be located here too. Inpatient paediatrics and neonatal services, maternity care, ophthalmology, and major elective procedures that require critical care, will also be provided at the Royal Bournemouth.

CHRISTCHURCH HOSPITAL

will continue to serve as a community hub with outpatient, day hospital and diagnostic services, as well as a new palliative care unit.

CONSTRUCTION BEGINS ON NEW HOSPITAL ENTRANCE

Building work on a new main entrance for Poole Hospital, that will improve the privacy and dignity of patient transfers, has started.

The modern and welcoming front entrance will link the main hospital to the Philip Arnold Unit and includes a new reception area, improved communal spaces, a suite of public rest rooms – including a Changing Places enhanced disabled toilet and an adult changing facility – and an open-plan patient experience hub for initial patient queries as well as Costa Coffee, WH Smith and a Stock Shop clothing store.

The work will cause some operational changes to wayfinding and pedestrian and vehicle access.



Signage will be up around the Trust to inform staff, patients and visitors of the changes during the construction. Volunteers will be on hand to assist with wayfinding and additional wheelchairs will be made available.

“The new front entrance will provide a clear focus point for the hospital - a new, modern reception area with a range of facilities, including a suite of public rest rooms including

Changing Places facilities and three retail outlets,” said Debbie Fleming, chief executive.

“By entering the hospital in this way, patients and visitors will find it easier to navigate their way around the hospital site.

“This development will make a huge difference to our patients, visitors and staff.”

The new entrance project is at no cost to the Trust and is planned to open by the end of March next year.

Nine out of 10 will beat leukaemia

Nathalie and Freya Barry with Caitlin and Nichola Green.

This achievement is thanks to a systematic approach to treatment including a complex chemotherapy regime, a protective antibiotic schedule and supportive blood and platelet transfusions.

Antibiotics are given to patients within an hour of arrival and community nurses regularly administer blood tests at home or at school as children with leukaemia require up to 105 a year.

The international survival rate for children’s leukaemia has continued to improve - from 75 per cent in the 1980s, to 84 per cent in 1990s, and 87 per cent between 2001-2010.

The success of leukaemia treatment trials in the 70th year of the NHS allows clinicians to look beyond improving survival to focus on reducing side-effects which can impact growth, brain development and cause bone changes and heart and kidney problems.

The hospital’s paediatric oncology department coordinates its treatments with Southampton General Hospital, who administer some types of chemotherapy and have dedicated paediatric oncologists who specialise in children’s cancer, but a lot of the service is now undertaken at Poole Hospital. Dr Martin Hussey leads the local paediatric oncology care with the support of Dr Mark Tighe and Nikki Ratsey, paediatric oncology specialist nurse, with additional dedicated psychology, dietetic and play support.

“The development of cancer care at Poole Hospital has been vital for children in Dorset who are sadly diagnosed with leukaemia,” said Sarah Chessell, head of the Trust’s research and innovation team that assists the cancer teams in collecting data from drug administration.

“This service provision means patients don’t have to travel long-distances to receive care - which can reduce valuable treatment time and decrease quality of life - and they can see a consultant they know who is closer to their home and family.”

Two children who benefited from the developments are Caitlin Green and Freya Barry.

Caitlin and Freya were diagnosed with acute lymphoblastic leukaemia (ALL) in 2015 when they were two-years-old. Now aged five, they are both in remission.

Nichola Green, Caitlin’s mother, was very positive of the care her daughter received. “We couldn’t have wished for better care,” she said.

“We had a wonderful relationship with the doctors and nurses who took time to sit with us on both the good and the bad days and do little things like bringing you a coffee when you haven’t slept.

“Not a day goes past without me feeling grateful - she’s here because of the treatment she received, without a doubt.”

Nathalie Barry, Freya’s mother, echoed Nichola’s thoughts. “The service from the



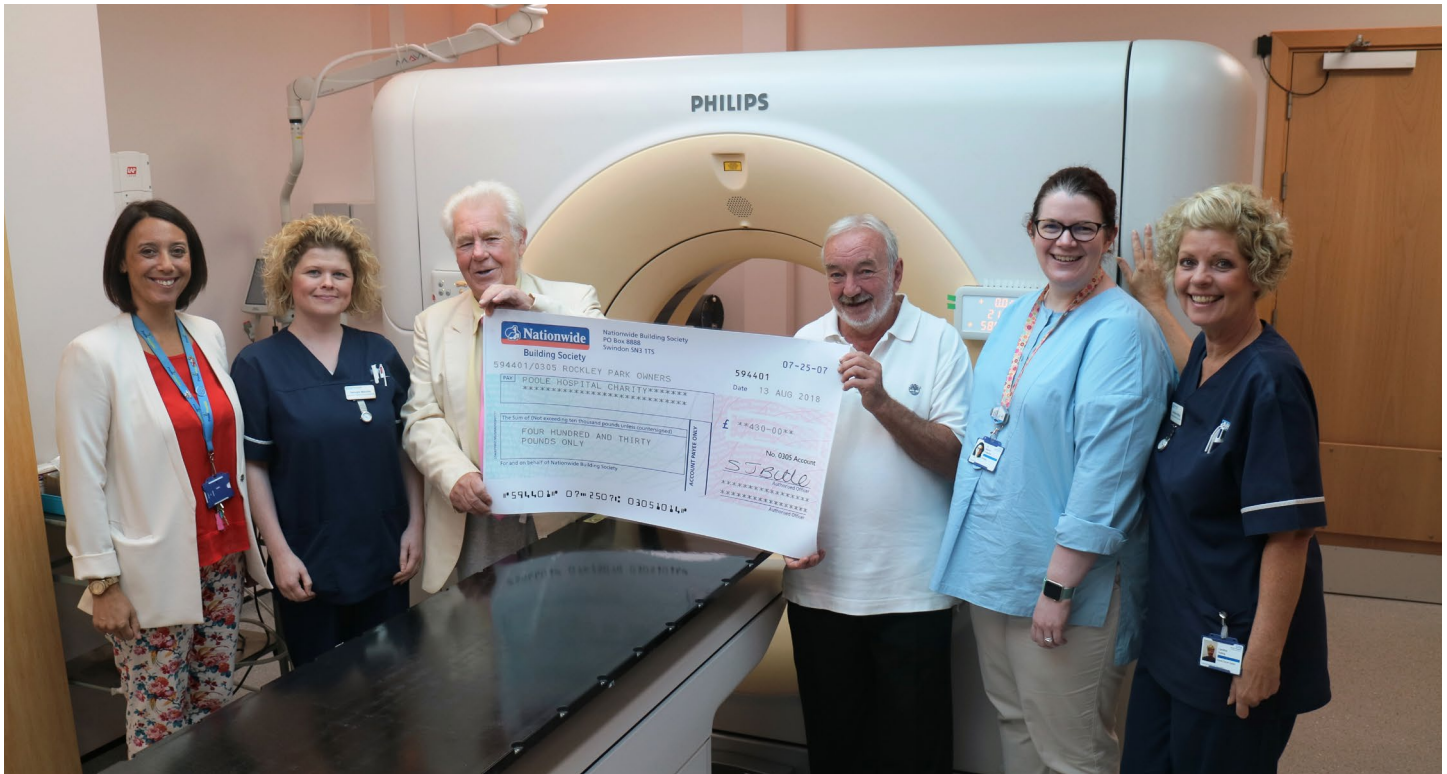
oncology and paediatric departments has been great,” she added.

Dr Mark Tighe, paediatric consultant, and the lead for paediatric research in Poole, believes that “the research has ‘become a model for other programmes’.

“Our systematic research programme for ALL has become a model for other research programmes across the NHS,” said Mark.

“There have been huge leaps and bounds nationally in the treatment of leukaemia for children - deaths are now rare and significant side effects are decreasing.”

The early signs of leukaemia include easy bruising, nose bleeds, rashes that don’t go away when pressed, a persistent limp, pale skin, unexpected weight loss, new night sweats and swollen glands greater than two centimetres in size. If you believe that you or your child has any of these symptoms, contact your GP who, if concerned, will organise referral to a hospital or a blood test.



“The hardest working people I have ever seen”

Sara Fripp, Georgie Melville, colorectal nurse specialist, Stuart Chinery, Oscar Howlett, Rockley Park chairman, Maxine Flubacher, clinical director for cancer services and Caroline Holling, colorectal nurse specialist with the cheque in the radiotherapy department

A patient at Poole Hospital has given a £430 donation to the department that treated him, praising staff as “the hardest working people I have ever seen”.

Stuart Chinery is a patient in the hospital’s radiotherapy department. He was diagnosed with rectal cancer in March 2016 after being told he had three tumours in his body.

He underwent radiotherapy followed by surgery, and scans from March this year showed that there was no recurrence but he remains under regular surveillance. He is also currently receiving treatment for prostate cancer at Royal Bournemouth Hospital.

Stuart made the donation as a thank you for the care that he received.

The funds were raised at a cream tea event on 28 July that took place at Rockley Park Holiday Park. More than 50 people attended and there was a raffle with two cakes baked by Stuart as the prizes. The event was also held last year, raising £603 for the department.

Rockley Park Owners Association, of which Stuart is the vice-chairman, organised the event and has held fundraising cream tea events for the past 15 years that have raised several thousand pounds for various charities.

“I was blown away by the care and compassion given to me by the hospital staff,” said Stuart.

“They saved my life and they are the

hardest working people I have ever seen yet they always have a smile on their faces.

“I want to raise awareness and funds to help fight cancer and I implore everyone to undertake a screening test to ascertain what cancer they could have.

“Thanks to Rockley Park Owner’s Association and Poole Hospital Charity for their support.”

Sara Fripp, Poole Hospital Charity fundraising manager, added: “Stuart has been incredible in his dedication to raising cancer awareness and funds for the charity.

“The donation will help us provide new equipment for the radiotherapy department to further improve patient care and service.”

UPDATE ON OPERATING THEATRES

In June, inspectors from the Care Quality Commission (CQC) made an unannounced visit to theatres. Whilst we await their final report, they raised a number of concerns – all of which we were aware of and already taking steps to address.

These issues included the overall governance in place in the service, reducing risk, medicines management and infection control.

Delivering safe care is the top priority for

Poole Hospital, and we recognise that there are serious and important issues to address in theatres. We are confident that the care provided by our dedicated theatres teams is as safe as possible, and that there is real commitment to further improve.

Some of these concerns will take some time to change, for example in recruiting specialist staff where there are national workforce challenges. We are confident that

the CQC will see a significant improvement when they return in the autumn.

It is important to remember that Poole Hospital provides a wide range of acute hospital services that are hugely valued by our public, and the vast majority of these are performing extremely well. We know this from national benchmarking, patient and staff feedback, our own internal monitoring and other external assessments.



Monkeying about for play week

National Play in Hospital Week saw a range of fun activities take place in the dome for visitors in October.

Organised by Holly Barnes and colleagues in the play specialists team, youngsters had a chance to bring in their unwell teddy bears to be diagnosed at a teddy bear clinic, play the role of a doctor and learn about a range of medical procedures.

Woollen 'worry pets', used to encourage children to share concerns, were given out to anyone with a worry to share.

And throughout the week there was also a chance to name 'Monkey', a new member of the play specialist team, pictured with Holly and colleague Tracey Fordham. The winning suggestion was Monty.



Caring Canines, whose specially selected pooches visit youngsters, as well as adult patients, who are feeling paw-ly at Poole Hospital, also dropped in. Caring Canines volunteer Jan Sayers and her dog Jenny (pictured) proved a real hit with visitors.... and staff!

"It was a really busy week meeting lots of visitors and children to talk with them about our role and how we can make being in hospital just a little bit less daunting," said Holly.



"Coming into hospital can be daunting for patients of any age.

"But for children, it can create a lot of anxiety around what will happen to them.

"We use techniques like distraction and play to help younger patients understand what is happening, and to encourage them to talk about any fears or concerns they may have.

"It's great to have been able to raise awareness of the role and the benefits it can bring to children in hospital."

READ ONLINE AT: www.poole.nhs.uk/about-us/publications.aspx

Joe's story wins prestigious award

A book written by a member of staff has won a national award.

'Joe's Liver Transplant Story' was the winner in the Information for Children category at the British Medical Association's annual Patient Information Awards, held in September.

The book was written by Dr Saskie Dorman, a consultant in palliative medicine, during her son Joe's recovery from a life-saving liver transplant in 2015.

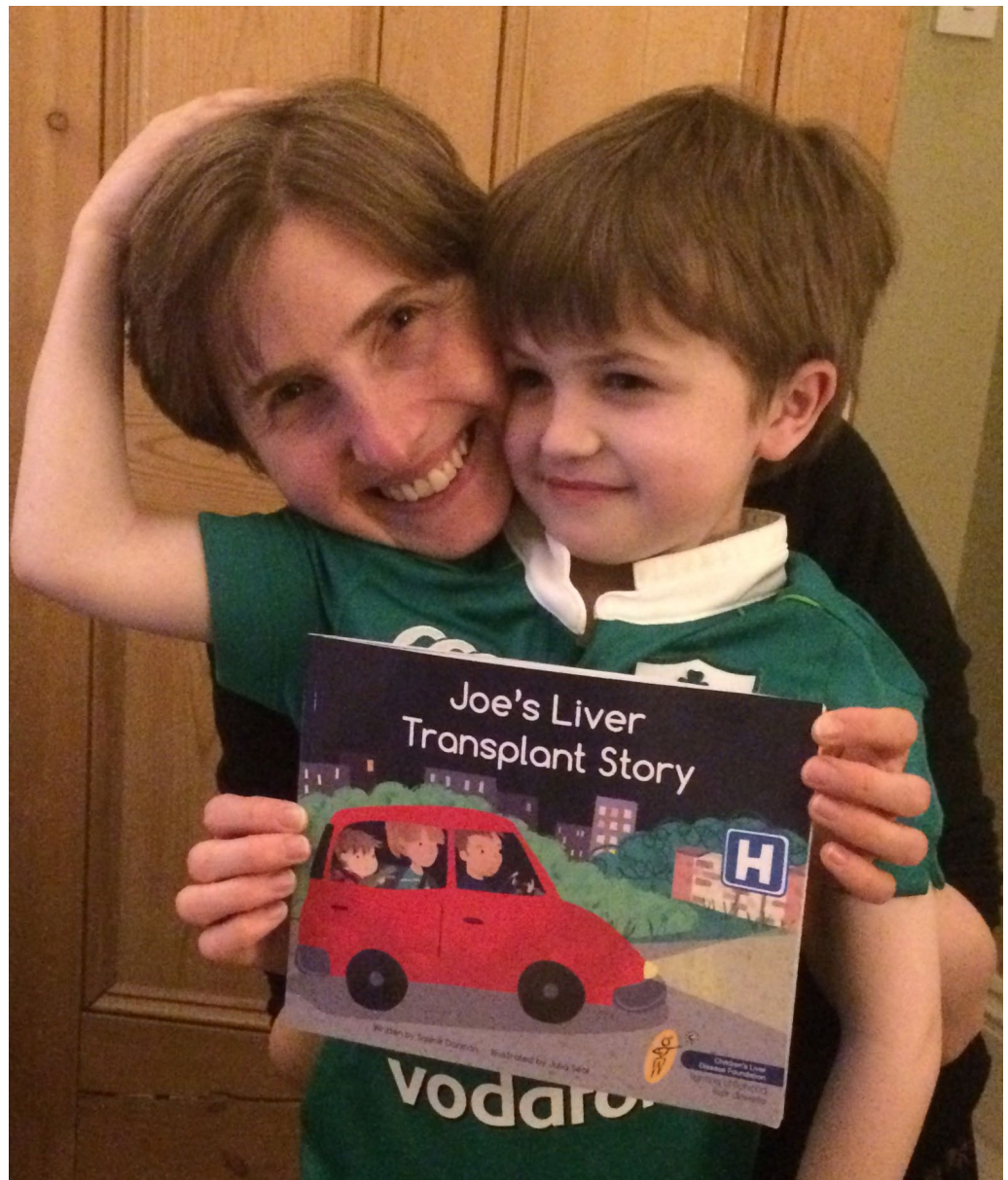
Saskie was inspired to write the story after not being able to find a book to read to Joe about his transplant.

It was described by judges at the awards as "a unique resource – vitally important in explaining a life-changing massive operation to young children."

The book has been made available to the UK's three specialist paediatric liver transplant centres in London, Birmingham and Leeds in January and is now used as part of the process of preparing children for a liver transplant.

"As a doctor myself, providing patients with information they can understand is really important to me," said Saskie.

"I'm so pleased to know that the information we couldn't find for Joe is now available to all children facing this process and to receive this award from the BMA makes it really special."



ANNUAL REVIEW OUT NOW

Our Annual Review 2017/18, which outlines our ambitions and demonstrates how we're delivering timely, safe and high quality care, is now out.

The eight page summary is aimed at staff, patients, foundation trust members and the public and presents a round-up of our performance over the year, including:

- A welcome from the chairman and chief executive
 - Key statistics from the last 12 months
 - Highlights of the year
 - Reviews of operational, quality and financial performance
 - A look ahead to 2018/19
- The review can be found in the About us > Publications section of our website, www.poole.nhs.uk





Heather and Karen with Stuart from PHCTT, radiotherapy staff and hospital management.

“The staff saved my life”

A cancer patient has donated more than £1,000 as a thank you for life-saving treatment.

Heather Brown was diagnosed with pancreatic cancer in June 2015. This was successfully removed but cancerous cells were later found in her lungs resulting in another nine months of chemotherapy which controlled the growth.

Heather hasn't had any chemotherapy for the past year and a half but is still scanned every three months for any signs of growth. She describes herself as 'being in remission'.

Heather fundraised just over £1,000 for Poole Hospital Cancer Treatment Trust (PHCTT). The funds were raised with her friend Karen

Ward, who arranged a number of fundraising activities including raffles, a name the teddy bear competition and a collection tin on the bar at the Wareham Conservative Club, of which Karen is secretary.

Further funds were raised by donations from the club's committee and members who Heather describes as having supported the events 'wholeheartedly'.

“The staff who treated me saved my life and I wanted to give something back”, said Heather.

“Everyone who treated me was marvellous and they always had smiles on their faces.

“It was so nice to come back down to the

hospital to see where the money will go.”

Heather and Karen contacted Stuart Dean, chairman of PHCTT, and the money was put towards the charity's scanner appeal.

“We depend completely on public donations from people like Heather so I'm very happy that we've received this kind and very valuable donation,” said Stuart.

“More and more people are contacting us about raising money for the hospital from the three peaks challenge to jumping out of a plane.

“Our charity committee agreed that funding this department would be an extremely worthy cause.”

£1m funding boost for winter

Poole Hospital has been awarded almost £1m to improve the care patients receive.

The money, part of a Department of Health and Social Care £145m fund for hospitals across the NHS, aims to relieve pressures over the winter months, and beyond.

It will be used to relocate the Medical Investigations Unit (MIU) and improve accommodation in our outpatients department through the development of

purpose-built enhanced treatment rooms supporting an increased range of treatments able to be provided in an outpatient setting.

The works are due for completion by the end of this year.

Mark Mould, chief operating officer, welcomed the investment.

“This funding enables us to reconfigure some of our estates and services to better serve the needs of our patients,” he said.

“Winter is of course a time of high demand and I am pleased that we will be able to make these improvements in a timely way, with the new services available by the end of this year, to support the whole hospital's response to winter.

“Of course, the benefits extend far beyond winter, and I am confident that the changes will make a positive impact on our patients all year round.”

READ ONLINE AT: www.poole.nhs.uk/about-us/publications.aspx

FOUNDATION TRUST ROUND-UP

A PERSONAL MESSAGE FROM STEVE ERSKINE, CHAIRMAN OF POOLE HOSPITAL NHS FOUNDATION TRUST

The hospital has again been very busy and the Trust Board is really appreciative of the hard work of all our teams to ensure that high quality standards are maintained and that we continue to deliver excellent patient care.

It was great to see so many people attending the recent Annual Members' Meeting held in the hospital's education centre. Members' feedback was that this was an excellent event with a range of informative and engaging presentations, including one from our chief executive, Debbie Fleming, who outlined the strong performance of the Trust during 2017/18 despite the significant operational pressures.

At the event we also launched the Annual Review 2017/18 which is available for staff, patients, members and the public to read. It presents a summary of our performance over the year, including key statistics, highlights of the year, reviews of performance as well as a look ahead to 2018/19. I would encourage you to read it and you can pick up a copy from the restaurant and elsewhere around the Trust, as well as an online version under the publications section of the website.

Poole Hospital is very highly regarded by patients and members of the community and the principal reason for this is the wonderful staff. They are caring, professional and have a deep commitment to understanding the needs of patients and their families.

This will be my last contribution to Connect as I have decided to step down from my position as Chairman to take up the same role at Hampshire Hospitals NHS Foundation Trust. This has not been an easy decision to make as I have



thoroughly enjoyed my time at Poole.

Throughout my time here, I have always been humbled by what every single person in the Trust delivers on a daily basis. Whilst the organisation continues to face challenges, the Trust has an exciting future and we should all look forward to it with great confidence.

I would also like to pay tribute to the Board of Directors and Council of Governors for their huge contribution to the Trust and for their personal support to me.

Regarding my replacement, as you can read in Debbie's column, arrangements are being put in place that will allow both Poole and the Royal Bournemouth and Christchurch Hospital NHS Foundation Trusts to jointly appoint a single interim Chair and single interim Chief Executive. Both organisations will now work at pace to put these arrangements into place and anticipate a single Chair and single CEO being established by 1st January 2019.

Thank you for your continued support for Poole Hospital and can I take this opportunity to wish members and our staff all the very best for the future.

SANDRA YEOMAN PUBLIC GOVERNOR



On 31st October I shall be leaving the Council of Governors having served the maximum of nine years. Back in 2009 when I was elected I certainly didn't think I would still be a governor in 2018! There seemed to be so much to learn and I thought I wouldn't last a year! However, my initial worries soon disappeared and with the support and guidance of established governors I began to actually enjoy my new role. I found the ongoing Training and Development opportunities provided for all Governors invaluable so when my three years were up I decided to try for another three and was re-elected and was successful again for a final three and my thanks go to those members who voted for me.

As well as the regular Council of Governor duties I have been very much involved in helping to recruit new Foundation Trust members, a very necessary part of being a governor. I was also fortunate to be one of the governors on the Nominations, Remuneration and Evaluations committee and involved in the selection process and interview panels for new Non-Executive Directors and a new Chairman which I found stimulating and rewarding. Being a governor keeps your brain active and also perhaps in my case a bit fitter as I live a 20 minute walk from the hospital and have never claimed any mileage but perhaps I should ask for a pair of shoes!

I'm glad I decided to become a member and then stand as a governor back in 2009 and I would encourage anyone to do it. It certainly has been worthwhile and I have made many friends amongst the governors and also members of staff and during my time as a governor I have seen firsthand that the Poole Approach, friendly, professional, person-centred care with dignity and respect for all extends all the way from the very top to the bottom of Poole Hospital NHS Foundation Trust.

I shall miss being a governor but can now attend all the Member Events and clinical presentations as just a member and still keep in touch.

There are exciting plans ahead for the hospital and having been involved in the original proposed merger with The Royal Bournemouth and Christchurch Hospital which did not go ahead I can appreciate the challenges coming up. My best wishes to everyone.

ELECTIONS 2018

The recent public election in September saw 5 seats in the Poole constituency, 1 in the Bournemouth constituency, 1 in the Purbeck constituency, 1 in the East Dorset and Christchurch and North and West Dorset constituency, and 1 in the Weymouth, Portland and the rest of England constituencies. There were staff non-clinical and clinical seats up for election.

The poll ended on 28th September 2018 and we are pleased to announce the following candidates, all of whom will commence their tenures' on 1st November 2018.

POOLE – THE FOLLOWING CANDIDATES WERE ELECTED:-

- Andrew McLeod
- Steve Heath
- Richard Negus
- Shirley Brooks
- Peter Coghlan

NORTH WEST DORSET, WEYMOUTH, PORTLAND AND THE REST OF ENGLAND

This constituency saw an uncontested election and therefore Major James Myles commences his second 3 year tenure commencing 1st November 2018.

BOURNEMOUTH – THE FOLLOWING CANDIDATE WAS ELECTED:-

- Allan Petrie

PURBECK, EAST DORSET AND CHRISTCHURCH – THE FOLLOWING CANDIDATE WAS ELECTED:-

- Virginia Collings

CLINICAL STAFF – THE FOLLOWING CANDIDATE WAS ELECTED:-

- Dave Barnett

NON-CLINICAL STAFF

This constituency saw an uncontested election and therefore Mr Gary Grindrod commenced his 3 year tenure on 1st September 2018.

The 1 November 2018 sees the departure of two of our longest standing governors, Sandra Yeoman from the Poole Constituency and Brian Newman from the Bournemouth Constituency. Both governors have completed the maximum of nine years' service and have always been fully committed and provided a much valued input into the life of the Trust.

The Trust thanks both Sandra and Brian for all their support over the years and very much hope to see them both at future member events.

The Trust also recognises and would like to thank a number of other governors who will be leaving at the end of their three year terms of office.

YOUR PUBLIC GOVERNORS

POOLE CONSTITUENCY

- Christine Cooney
- Sarah Holmes
- Richard Negus
- Linda Nother
- Sean Perrin
- Sandra Yeoman

PURBECK, EAST DORSET AND CHRISTCHURCH CONSTITUENCY

- Geoffrey Carleton
- Marilyn Osner

BOURNEMOUTH CONSTITUENCY

- Jan Hanlon
- Brian Newman

NORTH AND WEST DORSET, WEYMOUTH, PORTLAND AND THE REST OF ENGLAND CONSTITUENCY

- James Myles

If you would like to talk to one of the governors or have them present at a meeting in future please contact the membership office (details on the back page). Please note that governors are not able to comment or assist in any operational matters or outstanding patient advice and liaison services (pals) enquiries or complaints.



COUNCIL OF GOVERNORS MEETING, 1 NOVEMBER 2018

The next Council meeting is to be held on 1 November at 4.30pm and members of the public are welcome to observe the meeting but are not able to take part. The full agenda and supporting papers will be published on our website: www.poole.nhs.uk

FOUNDATION TRUST ROUND-UP

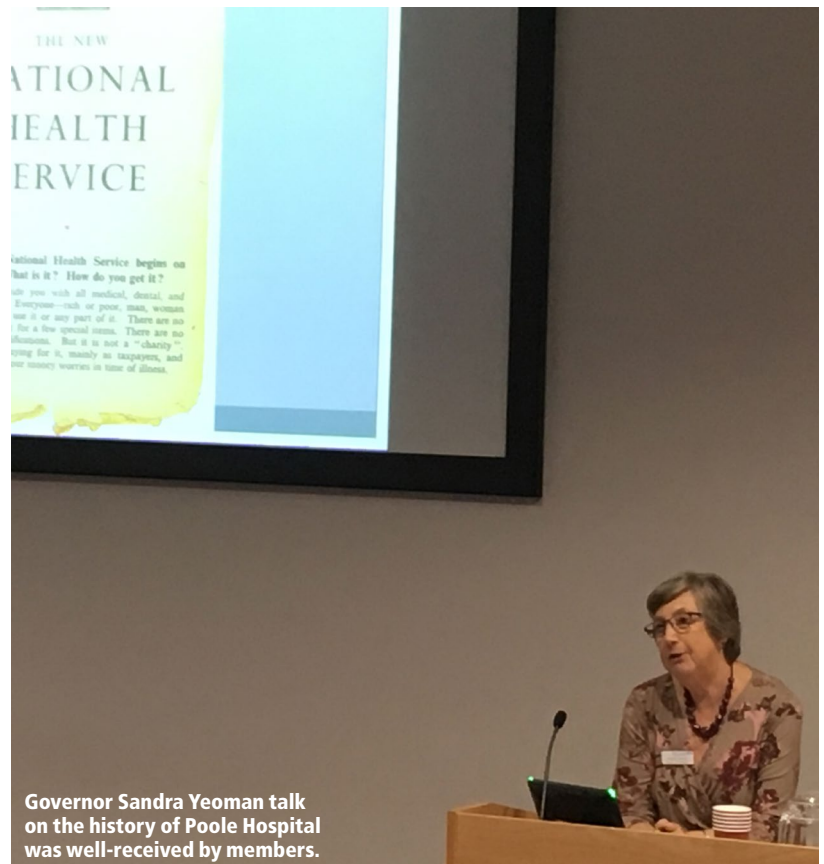


ANNUAL MEMBERS MEETING 20 SEPTEMBER 2018

For the first time in recent years the Trust's Annual Members' Meeting was held on site in the Hospital's Education Centre. Around 90 people including governors, directors and members attended the event with two thirds of those enjoying a ploughman's lunch before the meeting proper.

The meeting, as always, received the Annual report and Financial report and was followed by Major James Myles, Public Governor presenting the Membership report. Consultant Anaesthetist, Dr Barry Newman and Clinical Nurse Specialist Emily Bennett gave an inspiring and informative presentation on the Acute Pain Service. This had been a popular choice made by members.

Mrs Sandra Yeoman, one of our longest serving public governors, took the audience through Poole Hospital's journey from the 1800's to the present day. The meeting then concluded with an emotional but uplifting video of the Bourne Choir singing "You've got a Friend", whilst clips of patients, staff and volunteers from Poole Hospital were shown.



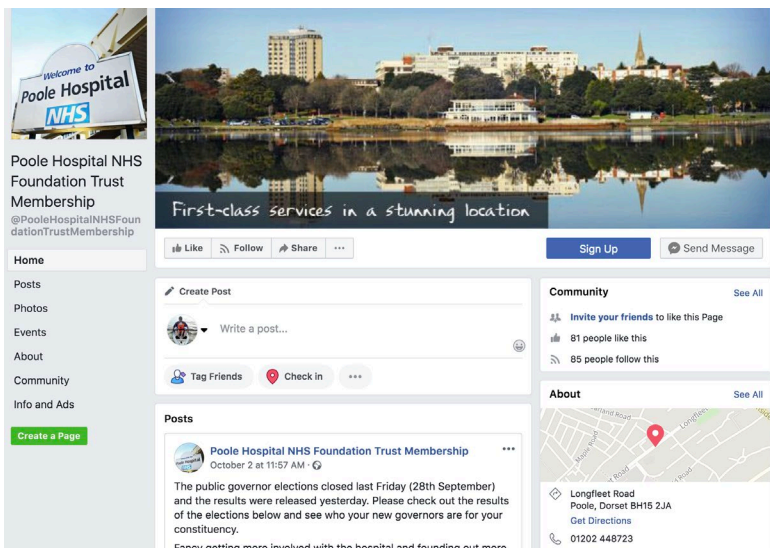
Governor Sandra Yeoman talk on the history of Poole Hospital was well-received by members.



EVENTS FOR MEMBERS

Clinical presentations take place to inform our members about areas of the Trust's work. The aim of these presentations is to give members a wider understanding of particular services within the hospital. They provide an opportunity to ask questions and find out more about the topics covered. The next member event is at 4pm on Thursday 6 December 2018 at St Edwards School, Dale Valley Road, Oakdale, Poole. To book a place, please contact the membership office.

The next clinical presentation on Respiratory Services will be taking place on **Thursday 1 November 2018 at 2pm in the Board Rooms**. Spaces are limited so if you wish to attend you will need to reserve a place by calling 01202 448723 or emailing us at memberscontact@poole.nhs.uk. Places will be allocated on a "first come first served" basis.



FACEBOOK PAGE FOR MEMBERS

The membership Facebook page continues to attract views and likes and all the information about the membership events, meetings and elections can be found on the page, just search for Poole Hospital NHS Foundation Trust Membership.

DIARY DATES 2018/19

NOVEMBER

1 NOVEMBER

Clinical Presentation 2 – 3pm Board rooms of Poole Hospital (reservation needed)

1 NOVEMBER

Council of Governors Part 1 Meeting 4.30 pm Boardrooms of Poole Hospital

28 NOVEMBER

Board of Directors Part 1 meeting 10:15am – 12:30pm, Board rooms of Poole Hospital

DECEMBER

6 DECEMBER

Member Event, St Edwards School, Dale Valley Road, Oakdale, Poole.

JANUARY

30 JANUARY

Board of Directors Part 1 meeting 10:15am – 12:30pm, Board rooms of Poole Hospital

31 JANUARY

Clinical Presentation 2 – 3pm Board rooms of Poole Hospital (reservation needed)

31 JANUARY

Council of Governors Part 1 Meeting 4.30 pm Boardrooms of Poole Hospital

You are welcome to observe the public meetings of the Council of Governors or the Board of Directors. Please refer to our website www.poole.nhs.uk for agendas, supporting papers and confirmed timings.

CONTACTING US

For all membership queries, bookings of events and to contact a governor please contact the membership office on 01202 448723 or e-mail us at members.contact@poole.nhs.uk. Thank you



FIREWORKS, FLYBYS AND FIREWALKING!

Our summer of fundraising ended with a week of extra special events – supporters enjoyed a stunning sunset cruise around our beautiful harbour on board the Dorset Queen – a 1938 vintage motor yacht. The grand finale to the evening cruise was the Poole Quay Firework display, the perfect end to a fantastic night.

Bank holiday Monday saw 2 teams from 180 Strength Gym take part in the Dorset Plane Pull at Bournemouth Aviation Park. The 2 teams of 20 pulled a Boeing 737 weighing in at 35,000Kg, a distance of 50 metres raising £1600.

Our much anticipated Firewalk took place on the 30th August – over 50 brave ‘soles’ took part in the event held at the Hallmark Carlton Hotel, during the Bournemouth Air Festival night show.

Spectators were treated to displays from the Red Arrows and Otto the Helicopter whilst the firewalk was lit and participants underwent an hour long motivational training session.

At the event, the ‘firewalkers’ were trained by professionals before fearlessly crossing a four-metre long strip of hot embers.

“It was a fantastic and enjoyable evening and I’d like to thank everyone who took part and made the evening a magnificent success,” said Sophie Lawson, the charity’s events and challenges fundraiser.

The event raised over £6000 in sponsorship benefiting various wards and departments across the hospital.





UPCOMING EVENTS

CRACKERS CHRISTMAS QUIZ

Test your general knowledge with our festive quiz. Licenced bar, raffle and prizes to be won! Ticket includes Domino's Pizza supper.

Friday 7th December. Doors open at 6.30pm

St Mary's RC Church, Wimborne Road, Poole BH15 2EG

Tickets available on our website or from the fundraising office.

ELF DASH

Father Christmas needs your help! Be a helpful Elf, dash around the park completing fun activities before returning to the Cricket Pavilion to meet Father Christmas in his Grotto.

Sunday 9th December. Registration 11.30am

Poole Park Cricket Pavilion

Tickets available on our website or from the fundraising office.

POOLE ELF DAY - FRIDAY 14TH DECEMBER.

Crackers, our Christmas Elf, needs your help! Get together with your friends, family or colleagues to raise money for Poole Hospital and we bet YULE have a fabulously festive FUNdraising day!

POOLE HOSPITAL'S CHRISTMAS CAROL SERVICE

Join us for this festive celebration. With speaker Bishop Karen Gorham, Bishop of Sherborne. All faiths welcome. Free admission.

Tuesday 18th December. 7.30pm

St Mary's RC Church, Wimborne Road, Poole BH15 2EG

Call **01202 448449**
 Email: fundraising@poole.nhs.uk
 Visit: www.poolehospitalcharity.co.uk

Help us raise £25,000 for our Christmas List

Christmas list

- Child Resuscitation Training Dolls**
Giving parents the extra skills needed to care for their child with a life limiting condition.
- Radiotherapy Immobilisation Breast Boards**
A physical support for the upper body, helping cancer patients receive a more effective radiotherapy treatment.
- Newborn Baby Warming Cots**
Keeping poorly babies warm without the barriers of an incubator.
- Movement Therapy Rehabilitation Bike**
Aiding recovery for our patients on the A4 and A5 wards to help get them home quicker.

Text 'elfy18 3' To 70070 To donate £3

Poole Hospital Charity | poolehospitalcharity.co.uk | 01202 448449 | fundraising@poole.nhs.uk

Reg. Charity No. 1058808

Poole Elf day Friday 14th December

Express Your ELF!

Dust off your baubles and get out your tinsel, Crackers needs your help!

Get together with your friends, family or colleagues to raise money for Poole Hospital and we bet YULE have a fabulously festive FUNdraising day!

For inspiration and support download your free fundraising pack now at poolehospitalcharity.co.uk

What will you do to raise money?

Festive Bake Sale

Christmas Jumper Day

Elf fancy dress

Poole Hospital Charity | 01202 448449 | www.poolehospitalcharity.co.uk | fundraising@poole.nhs.uk

Reg. Charity No. 1058808



MIKE HITS 50 NOT OUT

Long-serving member of staff Mike Tiller celebrated a half-century in the NHS in September.

To mark the phenomenal achievement, colleagues in our oncology department held a special event, presenting Mike with a yellow rose and a special radiotherapy-themed cake.

Mike, a treatment planning dosimetrist, started in the radiotherapy department at Royal Victoria Hospital, Boscombe in 1968 before it relocated to Poole Hospital the following year. Over the last 50 years, Mike

has witnessed many advances in radiotherapy. In the 1960s and 1970s all calculations and plans were completed manually but now these are all done by advanced treatment planning computers. Modern treatment planning and delivery is commonly via complex Intensity Modulated Arc Therapy - a far cry from the techniques of 1968.

"It's been a fantastic 50 years and I've met so many good people working here," said Mike.

"I'd like to say a big thank you to everybody who came along today and also for my gift - I

look forward to adding it to my garden!"

Ted Procter has worked with Mike for the last 16 years. "Mike is reliable, hard-working, modest, friendly with an attention to detail second to none - a model employee, who fully deserves this recognition for his 50 years of loyal service," said Ted.

Debbie Fleming, chief executive, added: "Thanks for so many years of great service - a huge numbers of patients have benefited from Mike's work, and his contribution is very much appreciated."

FLU CAMPAIGN OFF TO A FLYING START

This winter's staff flu vaccination campaign has seen record numbers of staff receive their jab since the vaccines became available.

As Connect went to press, nearly a half of staff had had their jab - the most at this point in the campaign than in any other year.

The flu vaccination is part of our duty of care to patients and frontline healthcare workers are more likely to be exposed to the virus. The quadrivalent flu vaccine being

administered this year is one of the safest in the world. Having the jab not only protects individuals, but their colleagues, families and our patients too.

Trivalent seasonal influenza vaccines generally give 60-80 per cent protection against infection, while the quadrivalent version is even more effective.

Staff can find out how to have their jab in a dedicated section on our intranet - just click 'F' in the A-Z.

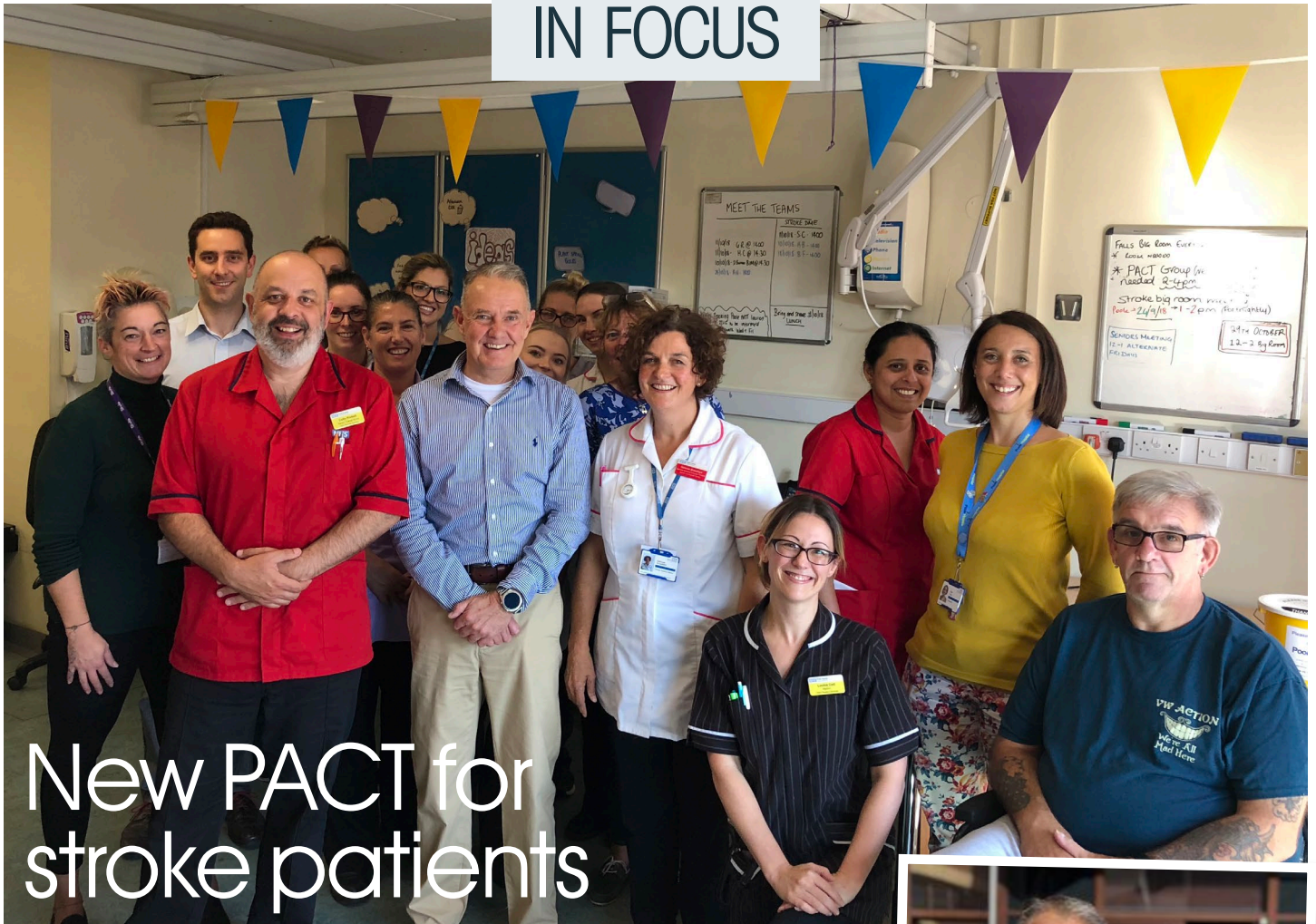
We all have a role in infection control

Staff flu vaccinations now available

"I've always had the jab and I've never had flu. I want to keep protecting myself, my family and my patients"

Emily Bennett
clinical nurse specialist
acute pain service

Reduce the spread of flu and protect the people you care for and care about



New PACT for stroke patients

Supporting people who have communication problems after a stroke is the aim of a new group to be launched at Poole Hospital.

People with Aphasia Communicating Together (PACT) supports current inpatients and those who have been discharged from hospital who find returning home challenging because of communications issues.

Aphasia describes a condition in which people find it harder to understand, speak, read, write or type, and is usually caused by damage to the left hand side of the brain following a stroke or other brain injury.

Bill Lindsay had a stroke in 2011 and has been volunteering at Poole Hospital's stroke unit for the past five years. Bill, who has aphasia, put forward the idea for a support group for people like him to therapists on the unit.

The group will not only support patients and former patients, but their families and carers too.

"I didn't know what aphasia was when I had my stroke, and it was very scary," said Bill, pictured with Deborah Broadbent, specialist speech and language therapist in the hospital's stroke services team, at the launch on Wednesday (10 October).

"It affects people in different ways, some people can speak a few words, others can't talk at all.

"I'm fortunate that I have made good progress, and through the group we hope to be able to support even more people to improve their communication skills too."

Deborah said Bill's contribution to the service is 'inspirational.'

"Bill has been inspirational to many of our patients and their families on the ward," she said. "He continues to motivate and support people with his experience and advice.

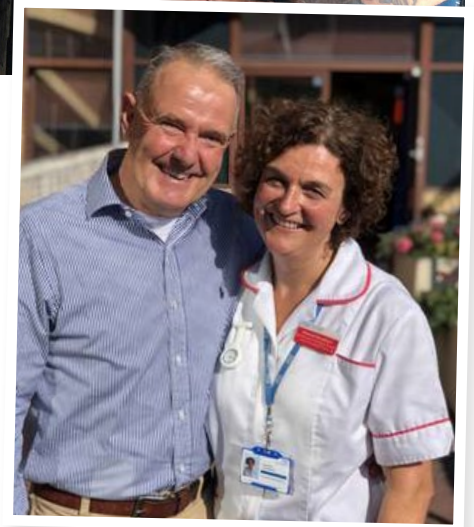
"Bill has been keen to find a way to support people with aphasia on this part of their journey, and came up with the idea for PACT, which we think is a really unique idea.

"Its aim is to support patients with aphasia and their families and carers with the transition from hospital to home."

Attendees at the launch, held on the rehabilitation unit, included current and recent patients, stroke service staff and volunteers.

Faye Wright, support co-ordinator at the Stroke Association, said: "After a stroke, around one in three people like Bill have difficulty communicating, which can be both terrifying and isolating.

"But with the right help and support, many stroke survivors are able to find new ways to communicate, and can rebuild their lives. PACT, which has been set up by Bill as a Stroke Association affiliated club within Poole Hospital, provides a place for stroke survivors



to get information, advice and support.

"Bill has gone from strength to strength in his recovery and we couldn't be more proud of everything he has achieved. We're so thankful for Bill's determination and passion to help other stroke survivors in the community.

"Stroke is life-changing, but we know that the opportunity to meet other people going through a similar experience can really make a difference to the lives of stroke survivors.

"It's hugely important that stroke survivors feel supported in their local community and this new group can help them on their road to recovery."

● For more information on the group contact Deborah on 01202 442933.

OUR FAV TWEETS



Forest Holme Hospice Charity

@ForestHolme

Thank you to Ruby Ball who raised over £55 for the hospice through local Car Boot Sales over the summer #MondayMotivation



Kel @carebearke

Huge thank you to my surgeon Mr Carpenter and the amazing nurses @Poole_Hospital who looked after me brilliantly and for the laughs. You really are the angels of the NHS



Carl Heffernan @CKHUK

First day as a consultant @Poole_Hospital Like first day at school! #firstday #consultant #acutemedicine



Susan Hayward @CRSalisbury

Induction today – friendly HR team, met guardian for safe working encouraging exception reports, succinct talks, great tour by my department, equipment, locker, shoes, OH, flu jab, car parking and a free lunch. Feeling welcome. Thanks @Poole_Hospital



Jo Keeling @jskeeling

@Poole_Hospital you are amazing! My son had an appointment with Dr Shortland. We were seen by the Dr, X-rayed, height/weight measurements taken and back to see the Dr... in an hour! Thank you & all your hard-working, caring, friendly staff for an exceptional service. #NHS

PRAISE FOR 'PASSIONATE AND PROFESSIONAL' CARE

The husband of a patient who was treated in the emergency department at Poole Hospital on 8 September has commended the care of staff.

Wayne 'Spudgun' Richards took to Facebook to praise staff following the treatment provided to his wife, Michelle. His post attracted more than 11,000 likes and almost 8,000 shares.

Our emergency department experienced its busiest Saturday on record in September, and Wayne was one of 235 patients treated throughout the day.

To thank emergency department staff, Wayne, who works at the Tesco Extra in Tower Park, organised for the superstore to donate a trolley of fruit, cakes, doughnuts and chocolate.

Wayne's Facebook post read:

"Saw the real side of our NHS at Poole Hospital last night, one of the busiest Saturday nights they've had apparently.

"The nurses/PCA's that were working A&E never got a break, they just kept going with the nearest being a slurp of tea and a biscuit as they passed the desk.

"When things started to calm down a bit at 7am the staff nurse a guy called Toby didn't



grab the chance to stop and have a break. He came to me and the other relatives who had been waiting with patients apologising for the wait and offered us a hot drink.

"Some of these people had been there up to 14 hours. This is our wonderful NHS, overstretched and running on a shoestring but with such dedicated professional care staff from paramedics, care assistants, nurses, porters, working long shifts with no breaks.

"They don't let their frustration affect their job or the way they deal with patients, drunks, abusive jobs, elderly people who have had falls and don't even know where they are, their dedication and tolerance is a testament to the brilliant health service we have, and it's free, it's there to save your life."

NIGHTCLUB DONATES NEARLY £5,000

Bournemouth nightclub Cameo has helped donate more than £4,800 to the children's unit.

The funds have been used to purchase the unit's first vein finder and three new oxygen saturation monitors.

The grant came from the Echo Trust charity, an organisation that is part of the Deltic Group, which owns Cameo, and provides funds for medical equipment for children and young adult charities.

Customers were asked to donate spare change at all Deltic Group bars and clubs at events over bank holidays, Christmas and Easter. The collections at Cameo contributed to a total of £4,812.

A vein finder utilises vein visualisation technology to make taking blood samples from children quicker and less traumatic, while also increasing the success rate of retrieving a sample. An oxygen saturation monitor uses infrared light to check oxygen saturation levels in the blood of children who have respiratory problems. The additional monitors will allow children to be assessed more quickly - helping to improve their outcomes and getting a quick plan of care in place for them.

Jack Tidd, Cameo general manager (pictured with children's unit staff), contacted the hospital to see what pieces of medical



equipment were required.

"I'd like to say a big thank you to everyone that donated," said Jack

"We're always keen to help support one of our local hospitals for extremely worthy causes like this one.

"I hope the equipment further improves the already fantastic treatment that the children's unit provides."

We welcome feedback on this newsletter - email it to communications@poole.nhs.uk

If you have received this copy of Connect through the post it means we do not hold a current email address for you. If you would be happy to receive this publication electronically please let us have your e-mail address.

Need larger print, audio or a translation? If so call the Patient Advice and Liaison Service on 01202 448499.



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