

# Carer support service

## Benefits for carers

- Listening and understanding carer concerns
- One to one support
- Signposting to community support
- Involvement/support at hospital meetings
- Unrestricted visiting
- Parking concessions
- Meal discounts (for Carers' Card cardholders)
- Emergency overnight pack
- Carer beds for overnight stays  
(Dependant on availability and at the discretion of Matron/Sister)



**How to contact the service** - (Monday to Friday 9am-3pm)

Telephone: 0300 019 8714 (answerphone outside working hours)

Email: [uhd.carersupport@nhs.net](mailto:uhd.carersupport@nhs.net)

Learn more about our Carer Support here:  
<https://www.uhd.nhs.uk/about-us/patient-experience/poole/carers-support-service>

