

Occupational Health advice for Non Clinical Staff

Trust Induction 2021

During COVID 19 the main Occupational Health information for Non Clinical Staff is to maintain good Infection control measures to stay well while at work.

Throughout the hospital there are places to sanitise your hands and to wash your hands so please do so regularly. Occupational health are here to support staff to maintain their health and wellbeing.

We are involved in;

- Pre- Employment screening (All staff)
- Management Referrals and OH Self- Referrals
- Risk Assessments for Sharps/Contamination injuries
- Return to work assessments
- Health and skin surveillance
- Vaccinations to protect you (Hepatitis B, MMR, Varicella, Hep A, Typhoid)
- Blood tests to check immunity
- Blood test screening for EPP workers (Hep B, Hep C, HIV)
- Tuberculosis screening and give BCG Vaccinations when required
- Contamination or Sharps Injuries; these injuries must be reported immediately to OH (or ED out of hours) and you must complete a LERN/DATIX form (via the intranet)

With our Organisational Development team, we have an Enhanced Wellbeing Support service for staff which includes wellbeing spaces and staff wellbeing and counselling services. We also have a number of helplines available to support staff during this difficult time.

- **Occupational Health support** - Email Occupational.health@rbch.nhs.uk 24 hours a day, or call 4217, Monday to Friday daytime.
- **CareFirst** – Our Employee assistance programme has trained counsellors available to offer support for a range of issues including psychological support. Ring 0800174319 or www.carefirst-lifestyle.co.uk user name **RBCH** or user name **Poole** password **wellbeing**
- **Able Futures** delivers mental health support. You can call 0800 321 3137 to get advice and guidance from a mental health specialist, whatever is on your mind.
- **Mind** website also offers support please have a look at their website. <https://www.mind.org.uk/information-support/coronavirus-and-your-wellbeing/>
- **Connections on 0300 1235440** and they will recommend the right support for you if you need Mental health support – **Open 24/7**

If you require additional information on Occupational Health please contact:
occupational.health@rbch.nhs.uk or occupational.health@poole.nhs.uk