Scan the QR code to nominate, or visit www.uhd.nhs.uk/staffawards.

Top tips for writing a nomination

Write at least 200 words, but no more than 400. Our judges don't know every member of staff so they need as much information as possible.

Do you know what to say, but not how to write it? Record yourself using the notes app on your phone to turn it into words. You could also ask a colleague to help.

Tell a story or give examples. Explain why their work matters and how it has made a difference. Describe who they are as a person and how they stand out from others.

Take your time. Save what you have written and come back to it later. You can paste your words into the form when you are ready.

PAUSE

Ask your colleagues. They may have a story or an example they would like to add to the nomination.

Don't use AI. It follows a set writing style and repeats words, so your nomination won't stand out. Judges need to hear your voice to help them decide. They will not judge your writing ability.

If you have any questions, ask the Communications Team by emailing uhd.uhdawards@nhs.net.