

You said, we did together: Your 2024 NHS Staff Survey feedback



“ I want to feel safe and healthy ”

59%

of you said UHD takes positive action on health and wellbeing. This has risen by 7% since 2022.

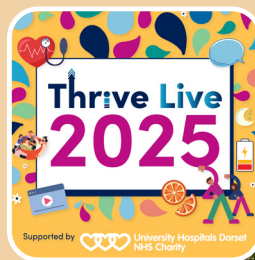
29%

of you said you feel burnt out because of your work. This has decreased by 8% since 2022.

41%

of you said you had felt unwell because of stress at work. This has decreased by 8% since 2022.

While it is important to celebrate these improvements, we also know there is more work to do. We used your 2024 feedback to build our Thrive Live Health and Wellbeing Fair programme to make sure that we offer webinars and guidance sessions that reflect how our staff are feeling. Over 1700 of you came to our sessions in 2025 which are now available for you to catch up on by visiting our Thrive Health and Wellbeing [intranet](#) and [web](#) pages.



We also introduced new policies to support your health and wellbeing:

The [Stress at Work Policy](#) supports with identifying stress at work and outlines the actions needed to reduce and manage work related stress.

The [Menopause Policy](#) provides guidance for all employees and line managers for the potential impact of the menopause in the workplace.

