

The Brief

March 2022

United in caring



Celebrating our international UHD community

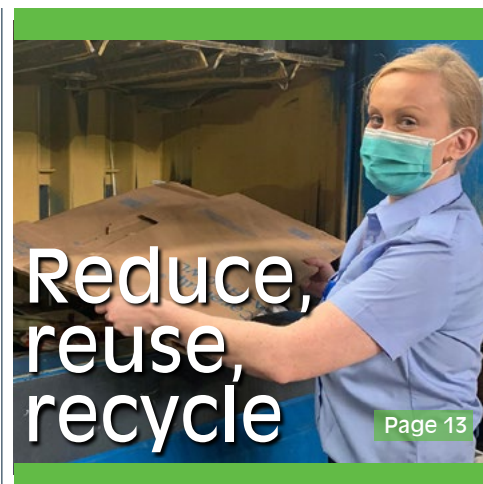
Page 6 and on our Facebook channel



International Women's Day 2022 Page 5



Sajid Javid visits Poole Page 12



Reduce, reuse, recycle Page 13

Your University Hospitals Dorset

An update from chief executive, Debbie Fleming

Well hello everyone and welcome to March. This is a very important month for me personally as there are now only a few more weeks before I leave UHD and retire from the NHS. Of course, this has made me very reflective but hopefully, this month, you will indulge me!

I joined the NHS in 1984 as a senior clerk, working within the community in a very deprived area of Coventry, supporting the health visitors and district nurses. This was a fantastic first job in the NHS, as it taught me something very important early on - the NHS is not just about hospitals! When we think about the challenges we have been facing over the past few months - pressures at the front and back door, and the challenge of maintaining flow throughout the organisation - we are reminded just how important it is for local people to have access to robust, seven day services **outside the hospital**, as well as being able to access safe, high quality care when they really need it.

Throughout my career, it has consistently been brought home to me that partners need to **work together**. It is so important to have clear care pathways in place, joining up primary, social, community and hospital care - and only in this way are we able to ensure patients are able to access the right care, at the right time in the right place. This of course is at the heart of the recommendations of the Dorset Clinical Services Review which we have been working to implement



▲ Welcoming new colleagues

over the past few years, and will continue to work on in the future. Developing integrated services has very much been the focus of my work as chief executive for UHD.

As chief executive of one of the largest trusts in the country, I cannot stress enough that for us to deliver safe, high quality care, we have to invest in and support our staff. People are most definitely our most important resource. We are absolutely committed to developing UHD so it really is a great place to work. There is clearly lots more to do about this as we come out of the pandemic, but we are in a good place. We have an exciting future ahead of us in UHD - it's so encouraging that post merger our organisation is on a secure platform, with a sustainable future. Everything we are doing now is about building on this, and I know with our commitment to continually improving things, UHD can only go from strength to strength.

One of the parts of my job I enjoy most is welcoming new staff. I could not be more proud of UHD, and I am always delighted to talk about you and the great work we do here. It is always so encouraging to see more people choosing to join the NHS.

I have been so privileged to work within the NHS, working with great people on things that really matter. I have also been privileged to have so many development opportunities and to work with some truly great leaders. And



▲ Working as one team

this is what I hope for all of you - that working within UHD, you enjoy your work as much as I do, and that you are encouraged and supported to realise your full potential.

Like everyone, I too can get frustrated by the ongoing problems and pressures, but I never lose sight of all the opportunities to overcome them. When I look to the future, I am genuinely excited about our transformation. The new emergency hospital and planned care hospital sites will allow us to deliver much better outcomes for patients and will create significantly improved facilities, for patients and staff alike. With talent like ours within our trust, there is nothing we cannot achieve!

In closing, while I have thoroughly enjoyed my 38 years in the NHS, I have never enjoyed my work as much as I do now as chief executive for UHD. I am so proud to have been the first chief executive for such an amazing organisation and could not be more proud of our people. As always, I am humbled by your commitment, skill and dedication.

So at the end of my final chief executive message, I would like to thank you all for making my last few years in work so very enjoyable. Despite all the turbulence we have gone through together, I would not have wanted to be anywhere else. Thank you - and all the very best for the future.

Debbie Fleming
Chief executive



▲ Becoming UHD

Restrictions remain

We all need to continue to wear face masks in our hospitals and observe social distancing wherever possible. The guidance on infection prevention and control measures, including testing and self-isolation, has changed rapidly over recent months, and it can be hard to keep track of the changes. Here's a handy summary of the current position.

- If you have no symptoms of Covid-19, take lateral flow tests twice a week, and continue to log your results.
- If identified as a contact of someone with confirmed Covid-19, self-isolate and take a PCR test. If positive, continue to self-isolate and take a lateral flow test on day six. You may return to work after risk assessment after two consecutive days of negative lateral flow tests after day six.
- Lateral flow tests should be ordered [here](#).
- Visitor guidance is being updated. Keep an eye on the Staff Bulletin.



Top tip!

Don't forget, you can now use our staff app to log your lateral flow test result, book a PCR test, and see the latest HR FAQs and self-isolation guidance. Just click the 'Covid-19 tests and FAQs' icon on the homepage of the app and follow the links. You can download the app [here](#).



Staff vaccinations come to an end

Over the past two years, we've vaccinated thousands of UHD staff - more than 92% of you - with at least two Covid-19 vaccination doses. We've also administered the vaccine to many thousands of our partners working in health and social care in Dorset, helping to ensure their services remain available to our communities.

Last week marked the end of our current Covid-19 and flu vaccination programme. Thank you to all the staff and volunteers who have made our programme a great success, and helped protect not only colleagues but crucially, our vulnerable patients, against the virus. Look out for news about further staff vaccination programmes, currently scheduled for the autumn, in the Staff Bulletin, *The Brief* and other internal communications.

Covid-19 vaccinations outside of our hospitals remain available through the national booking service, [click here](#).



Save the date: Covid-19 services of reflection

We will be holding special services across our hospitals from 11.45am on **Wednesday 23 March** to reflect on the pandemic and to remember the family, friends, neighbours and colleagues we've lost.

The simultaneous services at Christchurch, Poole and the Royal Bournemouth will be led by our chaplains and include the observation of a minute's silence at 12noon. You are welcome to bring your own ribbon and tie it to one of our ribbon trees on the day.

You can join the services in person or you can watch the services on our social media channels.



Christchurch:
At the front of
Christchurch
Hospital near the
war memorial boards

Poole:
On the lawn behind Churchfield House

RBH:
By the lake

Car parking charges to be reinstated

The government's funding to enable free car parking for NHS staff during the pandemic is coming to an end, meaning staff car park charges need to be reinstated from 1 April.

As well as the reinstatement of charges we will also introduce a single car parking policy for all of UHD, subject to board approval. There will also be more proactive traffic management on all hospital sites to make sure spaces are available for those who are eligible.

Richard Renaut, chief strategy and transformation officer, said: *"The new policy on parking is designed to balance the four below objectives and do the best for our staff, patients and visitors. Help and guidance will also be available from our dedicated car parking team and via the intranet."*

The policy has been designed with the input of UHD's staff partnership forum and focuses on four key themes:

- making getting to/from work as hassle free as we can - doing our best to provide a parking space when you need one, in addition to identifying journey options other than by car
- with parking spaces numbers set by the council, making sure they are allocated fairly and transparently
- supporting the wider UHD Green Plan by reducing single occupant and peak time car trips - with incentives for public transport and active commuting
- ensuring any surplus income generated is reinvested into our services and facilities, as there is no profit taken out

You can find out more information including a background briefing, FAQs and how to contact the team [here](#).

International Women's Day 2022

International Women's Day is a global day celebrating the social, economic, cultural, and political achievements of women. As part of the international event, we celebrate three of our inspirational Team UHD women...

“The NHS is built on foundations laid by strong and influential women...”

Louise Pennington is our lead nurse for specialist palliative care. She has worked in palliative care for over 15 years, five in Dorset.

“We are surrounded by inspiring, influential women in the NHS and I feel very lucky to work with so many of them.”

“I completed a degree in cancer nursing at Brighton University and trained as a chemotherapy nurse. However I wanted to learn more about the psychosocial effects that living with a life limiting cancer has for patients and their families.”

“After working in the north west, I took a teaching role for Macmillan before becoming the palliative care matron for RBCH. When UHD was formed I became lead nurse for specialist palliative care. It is an absolute privilege leading the teams at the

Macmillan Unit at Christchurch and Forest Holme at Poole and leading the community and hospital palliative care teams.

“My favourite part of my job has always been supporting our patients and the people that matter to them. As Dame Cicely Saunders said, ‘you matter

because you are you, and you matter to the end of your life’.

“The NHS is built on foundations laid by strong and influential women and offers endless opportunities for women to make a difference to the lives of others.”



www.internationalwomensday.com





“Every woman’s success should be an inspiration to another. We’re stronger when we cheer each other on...”

Elemar Lubrica is acting deputy sister on AMU at Poole. She has worked for UHD for three years after joining us from the Philippines.

“In the acute medical unit, working as a woman is not hard, but truly remarkable. You are supported by other women in providing better care to our patients. As Serena Williams said, ‘every woman’s success should be an inspiration to another. We’re stronger when we cheer each other on’.

“When I first joined the trust, it was an overwhelming experience. Meeting colleagues was great though, and it was reassuring to know there was a Filipino community that could support me. I have always had a strong motivation to make a difference and to influence colleagues while making sure I provide nurturing care to my patients.

“I have definitely progressed here and my favourite part of my job is learning. The eureka moment when you get to be involved in patient’s recovery is also a great moment.”

“Women’s empowerment has always been my advocacy. It is limitless what we can achieve, you just have to trust your instinct to know where your passion comes from. All we need to do is to keep our minds open and take that opportunity to build, inspire and change.



“It is time for us to start breaking the bias...”

Alice Girling is our deputy head of education. She also runs a not-for-profit organisation supporting those with premenstrual dysphoric disorder (PMDD), a condition she has suffered with for 20 years.

“PMDD is a life-long, severe reaction to normal hormonal changes during the menstrual

cycle. My symptoms were so severe that I had a total hysterectomy at 30 years old, without having had children.

“At the time I was a registered midwife, so my life was dedicated to supporting people to become parents. My hysterectomy had a profound impact on my work and I couldn’t face working clinically anymore. However I was well

supported by UHD and was able to follow my dreams of working in education.

“My life has changed drastically, I feel alive and capable of achieving anything! Outside of work I raise funds to help fight period poverty and give young pregnant girls in Kenya access to medical care.

“This year’s theme of #BreakTheBias means a great deal to me. People often shy away from talking about periods and the menopause, which can cause conscious and unconscious bias. 50% of the population has a uterus and it is time for us to start breaking

the bias and supporting those who are disabled by conditions such as PMDD.”



www.internationalwomensday.com



Network news



Overseas Workers Day

Friday 4 March was Overseas Workers Day, and we celebrated by sharing stories from some of our overseas workers on our social media. Pablo, staff nurse at Poole had these words to share with fellow international nurses at UHD to celebrate the day: *“Be your authentic self, represent your country well, know what you stand for and stick to it - and aim for the sky, because the sky is the limit.”*

We are

#TeamUHD

Neurodiversity celebration week

Keep an eye out on the staff bulletin and our social media channels for resources on Neurodiversity Celebration Week from 14-18 March. The week marks a worldwide initiative that challenges stereotypes and misconceptions about neurological differences including ADHD, autism, dyslexia and dyspraxia.

People with neurodivergence may process, learn, or behave

differently from what is considered to be neurotypical - and these divergencies can range from being very mild to very obvious.

We will meet neurodivergent patients, visitors and colleagues and neurodiversity week reminds us all to be advocates for them, listening to understand how our differences can be accommodated to help us all work better together.

Diversity and inclusion trolley visits Beales

Debbie Robinson, our equality, diversity and inclusion lead, took her trolley of goodies and information to meet the team at our Outpatients Assessment Clinic at Beales in Poole.

She said: “I felt very privileged to be invited and to meet the fantastic team delivering excellent patient care with passion and pride. Lots of learning for me to ensure my work considers those working in new offsite locations and how we may need to communicate differently to ensure everyone feels included as Team UHD.”

Michelle Roberts, directorate



manager for outpatients, added: *“It’s great to have a diverse team of staff onsite ensuring our patients have a good experience and are looked after well when here.”*

Support for you to get better sleep

Poor sleep is one of the most frequently reported difficulties impacting our wellbeing. Recognising the severe impact that lack of sleep can have on our physical, mental and emotional wellbeing, #TeamUHD now has free access to ‘Sleepstation’.

Sleepstation helps you to identify what might be going wrong with your sleep and helps you to fix it. Once you have completed an online assessment and sleep review you will be able to use Sleepstation’s sleep improvement programme, which includes access to therapy, personalised sleep plans and more.

[Click here to register](#) to use the service.

Understanding Health talks



Understanding prostate cancer:

To mark prostate cancer awareness month, we will be holding an Understanding Health talk focusing on prostate cancer on **Monday 21 March at 5pm.**

Mr Amit Mevcha, consultant urologist at UHD, will talk about what prostate cancer is and some of the symptoms that men can experience. He will also take questions from those watching the live event on the day.



Understanding fibromyalgia:

Wednesday 27 April at 5.30pm. Darren Cains, senior physiotherapist and rheumatology practitioner, and Caroline Wood, occupational therapist at UHD, will talk about what fibromyalgia is and some of the symptoms that can be experienced as well as some of the self-help treatments. They will also take questions from those watching the live event on the day.



The free events will run via Microsoft Teams and are open to everyone. The links can be found [on the events page of the UHD website](#). There is no need to book, simply click on the Teams links at the start time.

A recording of the talks will also be available after the event. To find them, visit our health talks library - just search 'library' on www.uhd.nhs.uk. The library is ever-growing and includes talks on a range of health issues.

Ask Aly

Join us at 12noon on 10 March for Ask Aly, hosted by our chief medical officer, Dr Alyson O'Donnell. It's a great opportunity to ask questions, raise concerns or share your views. You can join the meeting [here](#) and if you'd like to send any questions in advance, pop them through to communications@uhd.nhs.uk and we can ask on your behalf.

Join our app community:



The UHD Revue Crew presents an evening of sketches, songs and laughter!

All profits to



Kindly sponsored by UHD Consultants' Medical Staff Committee and



PANDEMIUM

UHD STAFF SHOW

Wed 25th & Thu 26th May 2022

Doors 7pm, curtain-up 7:30pm

STEAM Hub Auditorium,
Talbot Heath School, BH4 9NJ

Tickets £10 each (plus online booking fee) including interval drink

← Scan here or visit tinyurl.com/UHDRevue2022



SCAN ME

UHD Charity update

Pauline and Gerry Smith, from the Alan Miller Will Trust



▲ Butterfly Garden opening

Butterfly Garden opens for patients at the end of life

Our Butterfly Garden has officially opened at RBH, providing patients at the end of life and their families with a serene and personal space away from the distractions of a busy hospital ward.

The Butterfly Garden project was proposed by our palliative care and voluntary services teams and was funded through the Alan Miller Will Trust.

Rachel Targett, end of life care specialist nurse, said: *"The Butterfly Garden provides an oasis of calm, a much-needed peaceful space for palliative patients and those dearest to them. In a busy, acute hospital setting this is of huge benefit and we are excited to see this finally open."*

Accessible even on a hospital bed, the garden incorporates scented shrubs and plants, with slightly enclosed areas for privacy.

The name was chosen as butterflies are recognised in healthcare as a signal for a difficult conversation, and as a method of communicating that a patient is coming to the end of their life, is receiving end of life care, or has recently died.

If you are interested in finding out more about how you can support the charity and our other projects, follow @UHDCharity on Facebook, Instagram and Twitter, visiting UHDcharity.org or call 0300 019 4060/8449.



Ride London Essex 100

Our charity has secured 10 places for this prestigious festival of cycling on Sunday 29 May. Setting off from Victoria Embankment in central London and into Essex via Epping Forest, riders will be able to take in historic landmarks before crossing the finish line at Tower Bridge.

If you're up for the challenge, don't delay, join #TeamUHD today!

Our fundraising team will provide you with all the information you need and support and advice to help you reach your target. To sign up visit uhdcharity.org or scan the QR code.



Continuing the festive spirit

The Integrated Health Projects (IHP) teams from our Poole theatres and The BEACH building sites have donated the £315 raised from wearing Christmas jumpers to our University Hospitals Dorset NHS Charity.

The IHP team has committed to further fundraise for our charity, including the appeal to purchase a robotic tilt table. The table

enables patients to safely begin early therapeutic limp exercises following neurological damage.

Paul Rowley, project manager of IHP Bournemouth, said: *"We're really keen to support this cause as we know people can sustain similar injuries requiring rehabilitation when working in the construction industry."*

The charity said: *"This device will make a huge difference to a patient's recovery so we thank IHP and look forward to working closely with them."*



Contact us: uhd.charity@uhd.nhs.uk, call 0300 019 4060/8449 or via  Twitter,  Facebook and  Instagram @UHDcharity

University Hospitals Dorset NHS Charity

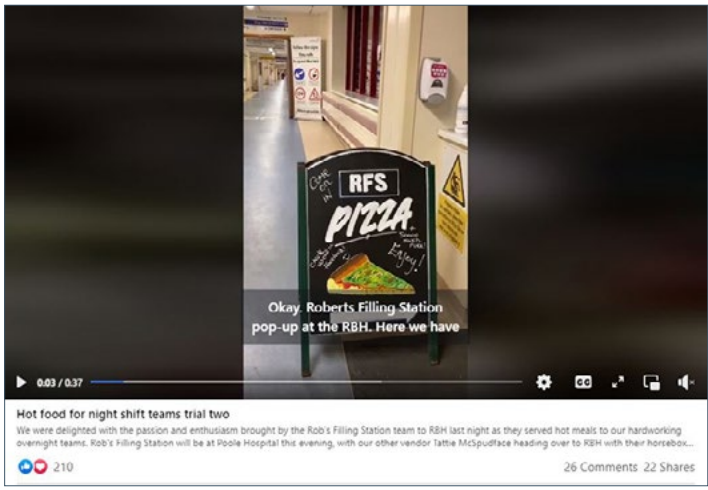


Let's get social

It may have been the shortest month, but February was stacked on social, packed with plenty of news updates, health information and of course, celebrations of the amazing work of #TeamUHD.

Our Twitter posts were viewed over 181,000 times, while over on Facebook our posts were read over 233,400 times. Some 1,121 people interacted with our content on Instagram and our YouTube videos received 27,200 views.

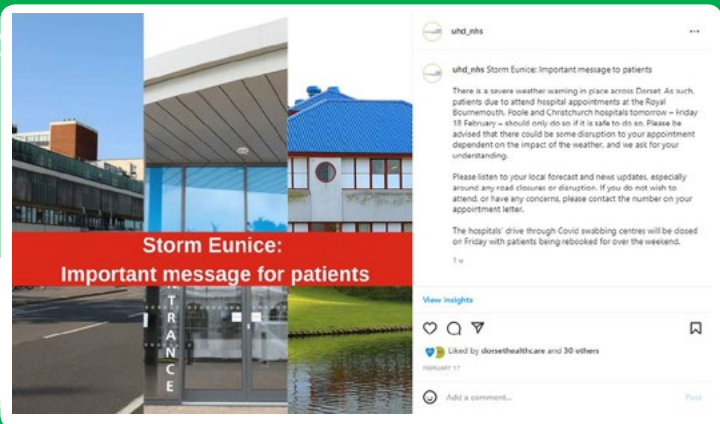
f On Facebook the pop-up restaurant from Rob's Filling Station reached over 32,100 people. This video showed the team going above and beyond to create the pop up, which served delicious hot meals to our night shift teams.



ig 1,260 people saw our Instagram post sending a message to patients about the actions we were taking when Storm Eunice hit.



tw Our top Tweet received 17,900 impressions, sharing the news that UK health secretary Sajid Javid had visited our Outpatients Assessment Clinic at Beales in Poole. The secretary of state met teams and toured the clinic, hearing about the positive impact the facility is having on tackling waiting lists.



YouTube 1,076 people watched our latest YouTube videos in January, with 315 people tuning in to watch our chief executive Debbie Fleming's February update. Debbie shared the achievements of #TeamUHD, and highlighted a visit from NHS CEO Amanda Pritchard.

Have some good news you would like to share? Get in touch with the communications team on communications@uhd.nhs.uk

physiotherapist

noun:

someone who treats people who have problems of the muscles, joints, or nerves, especially using exercises

hospital physiotherapist:

a dedicated team who play a vital role in treating our patients in hospital and in the community, maximising their movement and improving their wellbeing

With the 2022 Paralympic Winter Games in Beijing in full swing, we shine a spotlight on one of our senior physiotherapists who has a passion for disability sport...



“Hi my name is Osman Ahmed and I am a physiotherapist working at Poole Hospital. I have also taught physiotherapy and sports therapy at Bournemouth University.

“I have always been a huge sports fan and feel really fortunate to be able to work part-time in disability sport around my ‘day job’ at UHD. The athletes I work with (and have worked with) are all extremely talented and being able to support them with their training and tournament events is a real privilege.

“I have recently taken part in creating a paper called

‘Concussion in Para sport: the first position statement of the Concussion in Para Sport (CIPS) Group’. At the Rio 2016 Summer Paralympic Games, no concussions were reported by team physicians in the injury reporting survey, despite several incidents across different sports where athletes were observed to suffer a blow to the head. Concussion is common in many sports, however there is very little evidence of head injury ever being discussed for para Olympians. Tests to diagnose concussion are often not relevant for those with disabilities so I joined a group of international experts over six months to discuss new guidelines for para athletes to help them get the treatment they need.

“Since publication the new guidelines are being discussed at concussion boards and

the Paralympics, while the Concussion in Sport group will release a new statement focusing more on disability. We have also recommended pre-screening to manage athletes with disabilities to progress throughout their careers.

“I am hoping to take part in more studies over the next year and am looking forward to taking this work further.

“I really enjoy being able to make a difference to people’s movement and helping them get back to the things that they enjoy. A lot of people have had a very tough few years through Covid so being able to help them with their recovery is really rewarding.”



Transformation update

Café West is here

The transformation of the west entrance and reception area at RBH has been completed with the opening of the new 'Café West' coffee shop.

The new facility is open from 8am-3pm on weekdays and provides a range of hot and cold drinks, snacks, and vegan and gluten free products, with all profits reinvested in patient care.

Klaudia Zwolinska, UHD's restaurant manager, said: "Café West is a great addition to the RBH site, complementing the existing catering facilities by providing a modern, high-street standard facility for patients, visitors and staff."

Our deputy chief executive, Professor Paula Shobbrook, added: "We are so proud of all the team that helped develop this facility and hope the new café will provide a friendly relaxed



atmosphere, as well as a place to get a coffee and a bite to eat."

Plans are in place to extend the opening hours and expand the menu to add hot snacks, sandwiches and salads.

The 'Guide to working on the Royal Bournemouth Hospital site' has been updated to reflect the opening of Café West and other recent changes on the site. You can access it, and a similar version for Poole Hospital, [here](#). A similar guide to the Christchurch site is currently being developed.



Poole hosts Sajid Javid visit

We were pleased to welcome Sajid Javid, Secretary of State for Health and Social Care, as he visited the south west to see how it's tackling the Covid backlog as part of his 'Road to Recovery' tour.

He was able to see great partnership work in action at our Outpatient Assessment Clinic at Beales in the Dolphin Centre, Poole. Colleagues were invited to talk about how the facility is playing a vital part in tackling hospital waiting lists as well as increasing the volume of life-saving screening as part of Dorset's Think Big initiative.

Sajid said: "It's been a privilege to talk with people from Somerset to Dorset and see first-hand the innovative new approaches and technological breakthroughs that will underpin our recovery from Covid-19 and help tackle the Covid backlog currently facing our NHS and social care system."

The visit garnered widespread media attention with Sajid interviewed by the [Bournemouth Echo](#) and [BBC Radio Solent](#).



▲ Sajid Javid and Mr Mahesh Ramchandani



▲ Sajid Javid with Debbie Fleming

Reduce, reuse, recycle

Recycling is more important now than ever and as a trust we have a large part to play by recycling as much as we can. So much of our recyclable material ends up in our general waste bins. Successful recycling can help reduce our carbon footprint as well as save money. Here are just some of the ways our hospitals are going green:



▲ Poole porter Mel Fleming helps recycle our cardboard

Do you flatten your cardboard? Flattening makes it easier and quicker for our fabulous porters and housekeeping teams to collect. Only flat cardboard



can be packed in our baler and transported for free out of our hospitals to be recycled. Unflattened cardboard gets bagged and goes into a large bin, costing the trust for every bin collected. We produce 230 tonnes of mixed bagged recycling a year and only 170 tonnes of baled cardboard. Could we do better?

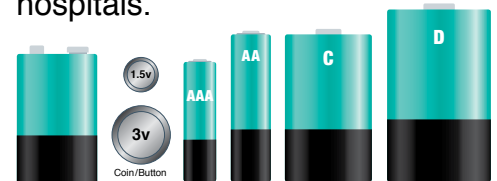
PCs and laptops are now being diverted from waste and re-homed. This project has reduced waste, saved money and is being showcased by the National Greener NHS Team for wider adoption.

From **tiny button batteries to large industrial batteries**, we have been holding on to them all. The metals contained in these



GUHD

batteries are being reclaimed, avoiding a negative impact on our environment and generating an income stream for our hospitals.



Often private **wheelchairs** are abandoned onsite. These are now being diverted to charity and recently a batch of wheelchairs and other materials were sent to refugee camps in Yemen.

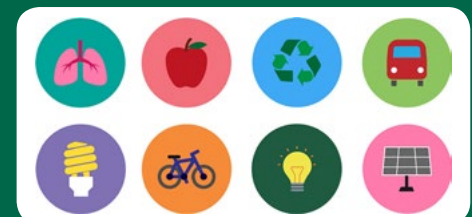
If you are unsure on how you can promote better waste segregation in your areas of work, contact our waste and environment manager dan.thomas@uhd.nhs.uk to arrange a visit to your department.

Look out for our new sustainability programme

A big thanks to everyone who suggested a name for the new engagement programme we're developing with partners to reward colleagues for taking part in a range of sustainability and wellbeing related actions.

The name chosen by the shortlisting panel will be revealed at the programme launch later in the spring.

You can find more information on the initiative [here](#).





Alyson's Blog

Alyson O'Donnell, chief medical officer

Yet again I am writing to you in a time of what seems like unpredicted and unprecedented turmoil. Just as I was beginning to relax into the longer days and improving Covid position, the world had different ideas.

I know it will have been just as unsettling for all of us and particularly for those of our staff and patients who have ties to the Ukraine. I can only begin to imagine how distressing the current situation must be for you and I really hope your families and friends are safe. I am not sure this is a situation that any of us thought we might find ourselves in as a continent.

As a paediatrician I am thinking about how we explain the horrors on our televisions to our children and give a sense of what that means for the Ukrainian people. I hope we are able to welcome those who have been displaced with open arms. It seems the least we can do. My thoughts are with all the people of Ukraine wherever they find themselves now.

It is difficult not to feel guilty about living in our imperfect but peaceful country. It does feel that more than ever it is important to take the joy in those little things knowing how fragile they are. The crocuses

and daffodils, the lambs appearing in the fields, the birds appearing on the bird feeders and the tantalising prospect of spending time outside and in the garden. More than ever I am reminding myself to tell those I love that I love them.

So with all of that going on I hope you are all beginning to feel some hope that the pressures are beginning to ease - even if just a tiny bit. I hope you are feeling more hopeful that we are going to be able to 'boss Covid', to borrow a phrase from Dr Matt Thomas. Take care of yourselves and each other. Get outside and smell the flowers. Feel the sun on your face and the breeze in your hair. It makes a difference.

Alyson

Art paves the way for research centre launch

The team from our newly formed Dorset Clinical Trials Unit (DCTU) and Dorset Clinical Research Centre (DCRC) have recently run a photo competition to brighten up the walls of the centre ready for its upcoming launch.

Entrants were asked for images that represent the unit within the hospital, the local Dorset heritage or something that might represent hope and opportunity for the future.

Over 100 photographs were submitted and many pieces of work will now be displayed. Well done to the well-deserving winners - Julie, research data manager, Emma, oncology research nurse, and Steven, ophthalmic technician.

The DCTU is located in the DCRC in RBH. Both have been created with investment from the Dorset Local Enterprise Partnership to create new opportunities for research in the Dorset area

and beyond - supporting local researchers and offering opportunities for local residents to take part in shaping the future of NHS treatments and services. More information about the unit will be in next month's *The Brief* but in the meantime, find out more here.



Qi update

Interested in quality improvement?



Need some more information about how to make improvements stick? Looking for training opportunities to increase your portfolio?

QSIR Fundamentals is a practical workshop designed to provide an overview of a series of evidence-based tools and approaches that have been used in successful service and quality improvement programmes across the world.

The aims of the workshop are to:

- equip you with the knowledge of how some essential quality and service improvement techniques are used in

practice to further improvement work

- provide opportunities to learn from others and discuss issues in a safe environment
- gain confidence and be inspired to want to change practice and learn more about quality improvement
- introduce you to the QSIR community and Qi community at UHD

QSIR Fundamentals course dates are now available on 17 May and 15 June - hosted at St Mary's Longfleet (adjacent to Poole Hospital). Book your space now [here](#).

UHD leadership development

The NHS South West Leadership Academy is offering access to a free **Leadership Learning Zone** that has been developed to enable learning, enhance understanding and embed skills and knowledge that will contribute to the physical and psychological wellbeing of staff. There are 22 leadership learning modules available, including introduction to leadership, coaching, equality and diversity, system leadership, resilience, effective communication, time management and much more. Register for access [here](#).

The academy is also offering **bitesize leadership development opportunities**. They have just opened their Creative Leaders Programme to expand your skills and embed creative and innovative leadership into your day-to-day practice. The programme combines interactive workshops, coaching and an

opportunity to collaborate with others across the region. Further information can be found [here](#).

A **Courageous Conversations** online module is also being offered. This is free to access and is a good opportunity for you to gain the basic skills around having difficult conversations. We are in the process of organising more UHD workshops, so for the meantime, we encourage staff to access [this resource](#).

Get involved and share your feedback:

If you do take part in some of these sessions, it would be great to hear about your learning and how you are going to implement it into your daily role - let us know by emailing organisational.development@uhd.nhs.uk. Also remember that we are running a number of UHD virtual bitesize workshops including coaching conversations, feedback skills and leading teams through change - all of these can be booked via our [intranet page](#).



Let's talk about IT

End of email Outlook 2010

From 1 May, Outlook 2010 will no longer be able to connect to exchange online so your emails within the Outlook 2010 app will stop working. For those using Outlook 2010, you will need to move to using Outlook Web for

email access. You can access this via the intranet homepage.

Please use the IT service desk portal to log any queries: <https://rbch.saasiteu.com>

Live! New digital maternity system and app at UHD

BadgerNet is a system wide product for Dorset that will include primary, secondary and community maternity care. It is designed to enable paper-free records, minimise data entry and to provide expecting parents with the digital app 'Badger Notes' to access information needed throughout pregnancy and birth, enabling choice in the care they receive and how they

can care for themselves.

You can find out more online at

maternitymattersdorset.nhs.uk/badgernotes and if you have any queries, please email digital.maternity@uhd.nhs.uk



Dorset Local Maternity and Neonatal System

IT Tips with Dr Tim Shaw

How to choose the landing pages in EPR and Evolve:

Take a look at this [short video](#) to choose the landing pages in EPR and Evolve. These are the pages you first see after logging into a program. This video is also available on the IT training pages on the intranet along with other helpful videos. Hope you find it useful.

Help to remember your passwords

Are you a clinical member of staff and still having to remember lots of passwords? If so, log a call with our IT service desk to request to be setup for 'Imprivata Single Sign On'. This solution moves you to a card with a pin which, once you have logged into all your systems once, will remember and help manage your passwords for you.

The majority of key systems in use at the trust are available through the single sign on solution.

IT team moves to Yeomans House

Our IT development, applications support, IT training and IT project teams have all moved into the Yeomans House building to support the movement of staff on the RBH site. You can still contact the teams in the same way and access the IT support desk via the homepage of the intranet.

