

# Information for maternity visitors to Royal Bournemouth Hospital, Poole Hospital and community maternity clinics during Covid-19

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## Maternity patient information

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### General information

As the spread of the Coronavirus evolves, we are now able to relax some of our restrictions around partners / support people coming into the unit. These changes will take place from 12 April 2021.

Although the risk from Covid-19 is now lower than it was, we still need to reduce the number of people visiting our hospitals. This will help us maintain social distancing and ensure we are protecting you, your family and our staff as much as possible. We understand this can be difficult, but it is essential to slow the spread of the infection.

We may need to change these arrangements at short notice if there is a change in local Covid alert levels, and we will let you know if things change.

All visitors to the maternity unit are **required to wear a face covering and use the alcohol gel available to sanitise their hands** when they enter the hospital. A face covering must be worn at all times in the unit. If your chosen support partner is medically exempt from wearing a face covering, please contact the department prior to your appointment.

Please remember that face coverings are not a replacement for social distancing and regular hand washing, which remain the most important actions for the protection against Covid-19. Visitors must maintain social distancing (at least 2 metres) wherever possible.

Please do not bring in food parcels, flowers, helium balloons or similar items.

Women who have tested positive for Covid-19 will not be able to have visitors. However, they will still be able to have a birth partner present during their labour.

We know the restrictions can be upsetting, but all visitors must respect the visiting guidance and instructions from staff. For your safety, it is vital our staff enforce the restrictions – we have zero tolerance of abuse towards our staff. Anyone abusing staff for this or any other reason will be asked to leave immediately.

### Important - lateral flow device (LFD) testing

All partners / support people accompanying pregnant women to their appointments or visiting the maternity unit may attend subject to a negative LFD test. **It is the responsibility of the partner / support person to arrange an LFD test before attending.**

We recommend that you order LFD tests as soon as possible so that you have them ready for use when needed.

You can order LFD tests online or find locations local to you where you can collect LFD tests to do yourself at home. For more information, go to

**[www.gov.uk/order-coronavirus-rapid-lateral-flow-tests](https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests)** or scan the QR code below.



A LFD test can also be arranged by visiting

**[www.publichealthdorset.org.uk/your-health/protecting-your-health/book-an-lfd-test.aspx](https://www.publichealthdorset.org.uk/your-health/protecting-your-health/book-an-lfd-test.aspx)** or scanning the QR code below.



You will be asked to produce evidence of your LFD test date and result.

For outpatient appointments and scans, the partner / support person must have had an LFD test within the last 24 hours, due to the small space and limited ventilation in outpatient areas.

For visiting wards, the partner / support person must have had an LFD test within the last 72 hours of every visit.

If you need to attend as an emergency, please do not delay coming into the unit even if your partner / support person hasn't had a recent LFD test. We will assist you and make alternative arrangements to ensure that your partner / support person can accompany you.

## Summary of new restrictions from 12 April 2021

### Outpatient areas, community clinics and ultrasound scanning

|                                  |  | Requirements   |
|----------------------------------|--|--|
| Ultrasound scans                 | One partner / support person may attend all scans                  | Lateral flow test within 24 hours before appointment |
| Early Pregnancy Unit*            | One partner / support person may accompany you to all appointments |  |
| Antenatal Day Assessment (ANDA)* | One partner / support person may accompany you to all appointments |  |
| Antenatal clinic/fetal medicine  |  |  |
| Community maternity clinics      |  |  |

\*If you need to attend as an emergency, please do not delay coming into the unit even if your partner / support person hasn't had a recent LFD test. We will assist you and make alternative arrangements to ensure that your partner / support person can accompany you.

## Labour Wards

|                                 |   | Requirements  |
|---------------------------------|---|---|
| Haven Birthing Suite            | <p>One named birth partner can accompany women throughout labour and birth / caesarean from admission.</p> <p>Birth partner will need to leave if / when woman is transferred to the postnatal ward or Transitional Care Unit (see below for visiting information on wards)</p> | <p>Do not delay attending even if your partner / support person hasn't had a recent LFD test.</p> <p>You will be admitted into a single room and your birth partner can do an LFD test here.</p> <p>If at all possible, please bring an LFD test with you, which you can order using the links and QR codes above</p> |
| Central Delivery Suite          |   |   |
| Planned caesarean birth (ELCS)  |   | Partner will need LFD test within 72 hours before planned admission   |
| External Cephalic Version (ECV) |   | Partner will need LFD test within 72 hours before planned admission   |

## Inpatient wards

|                        |   | Requirements   |
|------------------------|---|--|
| Induction of labour    | One partner / support person can accompany women on admission, until gel has been administered and monitoring has been completed. | Partner / support person will need LFD test within the previous 72 hours |
| Antenatal ward         |   |  |
| Postnatal ward         | One partner / support person for one hour per day, unless being discharged that day   |  |
| Transitional Care Unit |   |  |

## Booking process for visitors to our inpatient wards

- Staff will identify women who are able to have a visitor at the beginning of the day and ask for their visitor's name and contact number.
- Our staff will then contact the visitor to agree a time slot.
- When visiting, partners / visitors must remain within the patient's bed space area and should not use the ward kitchen and/or toilets.
- Visitors are required to arrive promptly for their booked slot:
  - On arrival to the maternity unit, visitors will be required to wear a face covering
  - Once on the ward, you will be required to sanitise your hands
  - Visitors must leave promptly once their visiting slot has come to an end

# Neonatal Intensive Care Unit (NICU)

- 24 hour visiting for the mother of the baby.
- Fathers can visit for three hours per day, split into two sessions.
- Unfortunately at this time, we cannot accept other visitors or siblings.

## Who cannot visit the maternity unit

### You must not visit if:

- You have **tested positive to coronavirus within the previous 10 days**, and if you continue to have a high temperature/fever after 10 days of testing positive.
- Your **LFD test is positive**.
- You **have symptoms of coronavirus**:
  - a new, continuous cough
  - temperature of 37.8°C and above
  - loss or change to sense of smell and/or taste
- **You are self-isolating** because a household member has symptoms of coronavirus or you have returned from a high risk area.
- You have been contacted by **NHS Test and Trace services** and have been advised to self-isolate.
- You are **shielding** because you are at an increased risk of severe illness from coronavirus, except for compassionate reasons.
- You are **unwell for any other reason**, including vomiting and diarrhoea.

Children are currently not able to visit.

## References

PHE, 2020. COVID-19: Guidance for the remobilisation of services within health and care settings. [online] Available at: [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/910885/COVID-19\\_Infection\\_prevention\\_and\\_control\\_guidance\\_FINAL\\_PDF\\_20082020.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/910885/COVID-19_Infection_prevention_and_control_guidance_FINAL_PDF_20082020.pdf) [Accessed 8 April 2021].

RCM, 2020. RCM Briefing On Re-Introduction Of Visitors To Maternity Units Across The UK During The COVID-19 Pandemic. [online] Available at: [www.rcm.org.uk/media/4161/rcm-briefing-on-reintroduction-of-visitors-to-maternity-units-in-the-covid-pandemic-003.pdf](http://www.rcm.org.uk/media/4161/rcm-briefing-on-reintroduction-of-visitors-to-maternity-units-in-the-covid-pandemic-003.pdf) [Accessed 12 August 2020].

## Contact details

**Royal Bournemouth Hospital Maternity Unit** Telephone: **0300 019 4681**

**St Mary's Maternity Unit** Telephone: **0300 019 2316**

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