



SUMMER 2022



Ask, Share and Do What Matters

University Hospitals Dorset
NHS Foundation Trust

End of Life Care Newsletter

Quarterly newsletter for all staff across the UHD. To help staff keep up to date with news, events & information about end of life care.

Any suggestions of articles or news for inclusion would be very welcome. email to:

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Hello.....from the Palliative and End of Life Care Teams across UHD

Wow what an exciting few months we've had.....

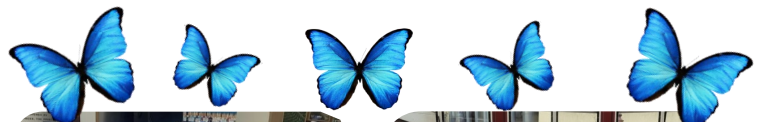
In January the new TEP (Treatment Escalation Plan) was launched. This was a cross site project that involved lots of discussion and planning. This is part of a big quality improvement project. Feedback & usage is now being monitored and forms amended as necessary. You can watch a video on how to use this form by clicking [here](#).

February saw the launch cross site of the new PCPLDL (Personalised Care Plan for Last Days of Life) electronic forms and supporting paperwork. A lot of teamwork went into this process and the feedback received from ward staff is that it is much easier to use. The end of life and palliative care team are always happy to support staff with this documentation. You can find the forms [here](#). The PCPLDL launch was combined with education for ward staff around the Butterfly WINGS model of care. This has been an ongoing quality improvement project which is really focusing on 'What Matters' for our patients and relatives.



During January to May the team at Poole have delivered end of life champion training to over 70 staff. This now means that every ward has at least 2-3 end of life champions to help support the great work the staff do across the trust. All wards have been given resources boxes which are being really well used. In April RBH welcomed back their ward end of life champions to an update session and this was well attended. Further update sessions are planned with special guest speakers. Please see dates overleaf.

May - Dying Matters Awareness week. This year the theme was 'What it means to be in a good place to die'. Both hospitals celebrated this week with a stall in the public areas. This allowed the teams to engage with staff, visitors and patients. We were joined by some of our ward champions, chaplaincy and charity teams, There was a quiz with a lovely hamper prize, we gave out leaflets and had lots of discussions with staff and visitors. Overall a very successful week.



Thank You to the staff on Ward 5 at RBH who took a gentleman out to spend time in the garden, he really appreciated the lavender.

What Matters



Thank you to the Staff on RACE at Poole who cared so well for an elderly couple. Allowing them to lie on the bed together in the last few days meant so much to their family.

On Ward 22 at RBH staff arranged for a gentleman approaching end of life to be transferred to Alderney hospital to be with his wife in his final days. Thank you!

Thank you to the staff on Ward 2 who enabled a patient, his family and dog to use the garden. A big thank you to his family for giving permission to use this photo.

We are **caring** **one team** **listening to understand** **open and honest** **always improving** **inclusive**

News from RBCH



A massive congratulations to Jenny Hyde & Rebecca Peen who have become Palliative Care Specialist Nurses.



Also a big welcome to Sam, our new massage therapist for end of life/palliative patients. A BIG thank you to Bournemouth Hospital NHS Charity for funding this post.

End of Life Champion meetings

- 30th August 1-3pm
- 6th December



Train the Trainer sessions for syringe pump devices

- 10th August
- 9th November



Further details for bookings available from the HPCT: Ext 6021 / Bleep 2546

Email: hpct@uhd.nhs.uk

News from Poole

The Poole Palliative Care team said a sad farewell to Emma Gravestock who has left the trust to join a community based team. We wish her well.



Amy Wood has taken her position as a Palliative Care Specialist Nurse. Well done Amy on your new position.

End of Life Champion update

- 25th October 8:30-12:30



Palliative / End of Life Care Study day

- 19th October 8:30-4:30
(This day is for registered nurses from across UHD)

Further details for bookings available from the End of Life Practice Educator: Ext 3152

elizabeth.reynolds@uhd.nhs.uk

RBCH site:-

End of Life Care Specialist Nurse

0300 019 6021 / Bleep 2546

Hospital Palliative Care Team (HPCT)

0300 019 6021



Have you got a **WINGS** contact card?
Get one from the **HPCT** team or
End of Life specialist nurse

Poole site:-

End of Life Care Specialist Nurse

0300 019 2457 / Bleep 0575

Hospital Palliative Care Team

0300 019 8102 Bleep 0028 / 0830

End of Life Care Practice Educator

0300 019 3152

Comfort packs for relatives/loved ones of end of life patients are now available. Please contact us if one is required



Coming Soon

BodyGuard™T Syringe Pump

These will be replacing all T34 syringe pumps across the trust. Once the Policy and SOP are in place we will begin communication through your teams including:

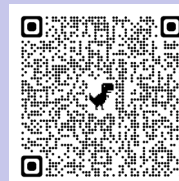
- Intranet communication / update
- Show and tell ward updates
- Ward guides
- Updated workbook and training package



Journal Club - What are we reading ?

What is the evidence for treating 'death rattle' at end of life?

Nursing Times April 2022



<https://www.nursingtimes.net/clinical-archive/end-of-life-and-palliative-care/what-is-the-evidence-for-treating-death-rattle-at-end-of-life-25-04-2022/>