

Your Trust, your news, your views

FT FOCUS

**NHS Heroes
wellbeing
fund**

PAGE 3



**Hospital porters
achieve police
accreditation**

PAGE 5



**Bertie
turns 21**

PAGE 6



Delight as once in a generation opportunity given green light

Bournemouth, Christchurch and Poole Council has approved the planning application for the creation for the new Maternity, Children's, Emergency and Critical Care Centre (MCEC) on the Royal Bournemouth Hospital (RBH) site and a new theatre complex at Poole.

The new facilities at RBH will include a new purpose built maternity unit, purpose built children's unit, enhanced emergency department and critical care unit, with capacity for up to 30 beds. As part of development plans, the multi-storey car park will be enlarged and a new pathology hub built to provide laboratory services for the whole of Dorset.

Environmental sustainability is central to these developments, and the Trust has committed £1m to support the provision of more sustainable and healthy travel options.

At Poole, the plans include replacing the day theatres which date back to the 1960s. The work has included a Covid-19 and infection control review to ensure our services are as future proofed as possible. The improvements will

serve patients currently using services as they are now, as well as ensuring they meet the future needs of Poole being the county's major planned care hospital.

These are significant milestones in the delivery of the Dorset Clinical Services Review, helping to unlock over £250m of investment into Dorset which will benefit the NHS and the public for years to come.

Debbie Fleming, Joint Chief Executive for Poole Hospital NHS Foundation Trust and The Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust, said: "We are delighted that we can now begin to realise this once in a

generation development at the Royal Bournemouth and Poole hospitals.

"We will now start to accelerate the programme of work, which also includes plans for the creation of a new Macmillan Unit at Christchurch Hospital, and anticipate that the overall programme of works across all three hospitals will be complete by 2026."



Further details about the plans are available
www.rbch.nhs.uk/future

Merger update

In April, the Competition and Markets Authority confirmed that we could proceed with our plans to merge RBCH and Poole Hospital NHS Foundation Trust. Since then, our regulator NHS Improvement (NHSI) has agreed that we can work to a planned date for merger of 1 October 2020 and this is progressing well.

We have been engaging with our staff, governors, stakeholders and members of the public, to agree what should be the values for the new organisation. This is very important, in that it is these values that will shape the future

culture and guide behaviours within our new Trust.

We are also thrilled that the Bournemouth University (BU) Board has now formally approved the partnership between BU and the new University Hospitals Dorset. This is excellent news, and builds on all the work that has been carried out over many years, as the three organisations have developed an effective partnership.

**NHS**
University Hospitals Dorset
NHS Foundation Trust

Chief Executive,
Debbie Fleming, said:

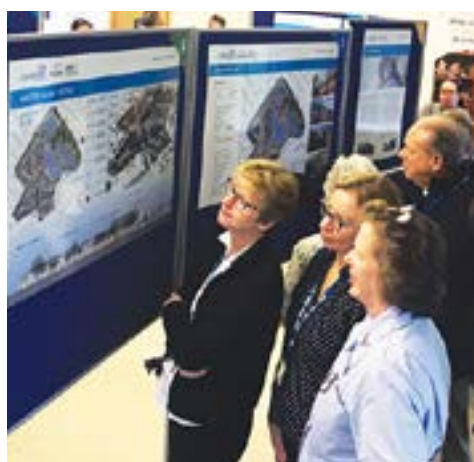
“We know we can serve local people much better as the larger, more resilient University Hospitals Dorset NHS Foundation Trust, and that the merger will bring about huge benefits for patients and staff alike. The new Trust will be better placed than either of its predecessor organisations to recruit and retain staff, and as such, will be much better placed to improve the quality of care provided for our patients.”



Christchurch Hospital

Work continues on the development of our Christchurch site. We are starting to move more services over to Christchurch from the Royal Bournemouth, and are looking forward to commencing work on the new Macmillan Unit in 2021.

We still need your help fundraising for the new unit. To find out more please visit <https://bit.ly/2WHkGkr>



Thank you for your support



NHS Heroes wellbeing fund

£210,000 received by Bournemouth Hospital Charity so far

(including grants received from the NHS Charities Together)

An abundance of kind donations
Food and drink to keep staff fuelled

2,500+ Easter Eggs

from Coles Miller, WH Smith, Intouch Accounting and more

- **1,000s** Mr Lee's Noodles
- **500 vegan chocolate bars** from Gemsatwork
- **Fresh fruit and vegetables** from Stewarts Garden Centre and Sopley Farm
- **Refreshments** from Jimmy's Iced Coffee, Shot Beverages and JMS Drinks

3,000 freshly baked cookies

from Millies Cookies



- **Hot food and delicious pizzas** from local restaurants, including Dominoes and Papa John's
- **3,000 Protein bars** from Wolfson Brands
- **100s snacks** from Merlin Entertainment

Giving a boost:

300 Bags of goodies

from Primark



- Bournemouth University donated goods from their cafés
- Christchurch Rotary Club donated a marquee for a safe space for the Stroke Unit staff
- Care bags were delivered from Southbourne Taylor Made Estate Agents, Holland and Barrett and Parkstone Golf Club - some of these were sent to those staff self-isolating at home

Helping staff back on their bikes

- More bikes were donated by members of the public

7 bikes from Halfords

for staff whose bikes were stolen



10 D-Locks

from Dorset Rough Riders, a local bikers group



Keeping clean and smiling

- **100s of soaps, bath bombs and body creams** from Lush
- **100s of hand cream and shower gels** from Weleda
- **100s of toiletries** from Coty, a global beauty company

1,000 Toothbrushes and toothpaste

from Colgate



Helping with work

- Phone chargers

Handmade laundry bags, face masks and scrubs



How the money has been spent so far Supporting wellbeing

- Wellbeing booklets
- Padlocks for staff lockers in ITU

Psychologist support for frontline staff



1,000 wellbeing packs including toiletries



- Baskets for ward hampers
- Hundreds of lip balms for staff
- Mindfulness books, puzzle and colouring books to put in wellbeing areas to help promote positive wellbeing and mental health
- Furnishings for staff safe spaces from Made.com such as cushions, bins, mugs and radios

Supporting staff to do their jobs

- Mugs for end of life patients relatives and carers
- Doctors handover rooms
- Information banners and thank you banners for key workers
- Whiteboards for staff wearing PPE to help them communicate with their patients

Whitegoods including a Fridge for Sandbourne Staff Room

for access to milk for refreshments and to store their lunch



Support from our community

Individuals and businesses have raised money for our hospital by hosting:

- **Birthday fundraisers**
- **Running fundraisers**
- **Virtual challenges**

Sexual health online testing

When the pandemic hit and lockdown began, our Department of Sexual Health (DOSH) Team worked hard with Dorset-wide sexual health teams to fast track sexual health online testing so patients needing to access services could do so during lockdown. Online testing was up and running from the first day of lockdown and meant that patients who would have ordinarily come to the hospital could still be tested. While patients still attended DOSH for immediate treatment, where possible testing kits were sent to home addresses with instructions of how to carry out the test. Samples were sent to the laboratory for analysis and results were then fed back to the patient via text message or a phone call from a clinician.

The online testing system will continue to run after the pandemic and will enable vulnerable patients who find it difficult to come on site to be tested to access the services. It will also allow patients who can be treated at home to avoid unnecessary hospital visits, and to maintain accessibility for emergencies. It also means vulnerable and/or high risk patients can be clinically assessed to attend clinics where that's appropriate for them, ensuring those who need to see a clinician face to face will continue to do so.

DOSH move

The Department of Sexual Health (DOSH) will move to the new Dorset Sexual Health hub (Bournemouth) located in Palmerston Road, Bournemouth next month. It will open on 3 October and bring all sexual health services together across Dorset to ensure consistent care. The DOSH Team that currently works at the RBH site will join with staff from Monday 5 October to offer patient contraceptive, STI testing and HIV Services under Dorset Healthcare.

The department has seen hundreds of thousands of patients since it opened in the early 90s and will continue to offer the existing services in the new location.

The new hub will be located closer to our community and provides a 'one-stop shop' for patients. The building was once the Boscombe and Springbourne Health Centre.

ACP spinal specialists join the Rheumatology Team at Christchurch

Three Advanced Clinical Practitioners (ACPs) have recently joined the Rheumatology Team at Christchurch to help manage patients with spinal pain.

The ACPs will spend time with patients to help them understand and manage their condition but also have the experience to identify a diagnosis when a specific intervention may be required. They have close links with the rheumatologists but also regularly communicate with the spinal surgeons, pain consultants, specialist physiotherapists and pain management services as well as having links with regional and national spinal clinical networks.

The development of this service is part of the local implementation of the National Back and Radicular Pain Pathway and is in line with NICE guidelines.

ACPs James Beck, Richard Stanley and Derrick Alner have a combined experience of over 50 years in managing musculoskeletal pain and run 15 clinics in a week. With their knowledge, experience and clinical network they are well placed to not only provide specific targeted care but they can also offer guidance and signpost patients on to other people or organisations that can help them.

Speaking about the new roles, James said: *"People with intrusive back pain and associated neurological symptoms have always been a difficult problem for the NHS to manage. There are only a few people who have a specific diagnosis that requires medical or surgical intervention. Historically people have waited long periods to see a medic or surgeon to be told that nothing further needs to be done.*

"As ACPs we are able to spend more time with patients to help them understand their condition and their options. With the right advice and help they can regain their confidence in managing their symptoms and return to a more active and fulfilling life."



Hospital porters achieve police accreditation

Porters and security staff at the Royal Bournemouth Hospital (RBH) have received a safety endorsement from Dorset Police.

The commendation follows approval by the Chief Constable of Dorset, James Vaughan, for successful participants to join the Community Safety Accreditation Scheme (CSAS).

CSAS is a voluntary scheme, under which chief constables can choose to accredit people working in roles within the community that contribute to maintaining and improving safety, with limited but targeted powers. The scheme will be used at RBH to help tackle antisocial behaviour and public disorder, promoting a safe and welcoming environment for patients, visitors and staff.



Consultant nurse working to eliminate Hepatitis C

A consultant nurse at the Royal Bournemouth Hospital is leading an initiative that aims to eliminate Hepatitis C in Dorset.

Hazel Allen, Hepatology Consultant Nurse and strategic lead for the Dorset Viral Hepatitis Service, is working with local partners including 'Hep C U Later', a project that aims to eliminate Hepatitis C in the community by 2023. It follows an NHS England announcement in 2018 that the UK would be the first country to achieve elimination.

After securing additional funding, the project has been running 'pop up' clinics offering testing in the community and anti-viral treatments that give 95% cure rates (viral eradication) through a course of daily tablets.

The clinics have been targeting a number of homeless individuals who are currently in temporary housing as part of Bournemouth, Christchurch and Poole Council's response to Covid-19. The team had been trying to engage with many of those individuals for a number of years and now they

are more stable and motivated, those attending the clinics are keen to have treatment and be cured of the virus.



Hospitals welcome back volunteers

The Royal Bournemouth, Christchurch and Poole hospitals began to welcome back their much loved volunteer community in July.

Due to Covid-19, the majority of the volunteers were temporarily stood down at the start of the pandemic with many shielding at home.

As we have seen an increase in outpatients coming in, as well as a return of visitors, volunteers also made a welcome comeback.

At RBH and Poole, they have been manning several hospital entrances handing out face masks and hand gel and assisting with way finding. Others have been going out into the community to check in on fellow volunteers who are currently shielding, while an army of helpers have been making good use of their time at home and knitting various items for the hospitals, as well as making face coverings.



BAME Network statement

A joint message from Debbie Fleming, joint Chief Executive, Alyson O'Donnell, Medical Director at RBCH, Matt Thomas, Medical Director at Poole Hospital, Joint BAME Staff Network, and our Inclusion and Diversity Team and Human Resources Directorate:

As a Trust, we do not tolerate racism and hate crime. Our hospitals are places where all our staff and patients should feel safe, protected, welcomed and listened to.

Sadly, we know from our Staff Survey that this is not always the case.

We don't want anyone to have to experience this in

their lifetimes and we are working to address this. We want all African and Afro-Caribbean colleagues to feel confident that everything possible is being done to support staff them, and to ensure that their voices are heard.

We want our African and Afro-Caribbean patients and members of the public to know that they are welcome and supported here.

We will work hard to ensure that our health service is a fairer and more compassionate place to work and to receive care, so that black lives do truly matter.

This is our commitment and we will stick by it.

BLACK LIVES MATTER

Bertie turns 21

The award-winning Type 1 diabetes education programme 'BERTIE' is celebrating 21 years of helping patients from all over the country manage their condition.

The structured education programme teaches patients about carbohydrate counting and how to match insulin doses with food, exercise, illness and daily routines to improve glucose levels and feelings of wellbeing. It was launched in 1999 by a team at the Royal Bournemouth Hospital (RBH) and promotes self-management skills rather than telling patients what to do.

The team behind the successful programme,

modelled on a similar programme in Germany, has also led training courses for other hospital teams throughout the UK, enabling thousands of patients nationwide to benefit from the training experience.

In 2016, a web based version of BERTIE was redeveloped by the RBH team into **Bertieonline.org.uk** and this has been accessed by over 50,000 people worldwide. Used by health professionals and patients alike, its most recent section 'Streetwise' provides information and support for younger people and teenagers. There are plans to develop this further to add another section for young children.



Annual Members Meeting

The Trust's Annual Members Meeting for 2020 is being held on Tuesday 29 September at 1pm. The Trust's Annual Report and Accounts will be presented but due to the current Government

guidance on holding meetings in public, this year's event is being held virtually via Microsoft Teams.

For more information on joining this virtual meeting, please contact ftmembers@rbch.nhs.uk or telephone **01202 704246**. Further updates will be available closer to the time.

Governor elections 2020

With the plans to merge The Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust and Poole Hospital NHS Foundation Trust, elections to form a new Council of Governors for the new University Hospitals Dorset NHS Foundation Trust, will be held during the autumn. It is a requirement of our provider licence as a foundation trust that upon establishment of the new Trust elections are held.

The public constituency seats will be:

- **Bournemouth**
six seats
- **Christchurch, East Dorset and Rest of England**
five seats
- **Poole and the Rest of Dorset**
six seats

Proposed timetable

- Nominations will be open on Friday 2 October 2020
- Deadline for nominations on Monday 19 October 2020
- Voting will open on Thursday 5 November 2020
- The declaration of results will be on Friday 27 November.

Who can stand for election?

To become a public governor you must be a member of the Foundation Trust, aged 16 or over and live in the geographical area that you wish to represent. Staff and volunteers cannot stand as public governors while they are employed by the Trust but they can stand as candidates for a staff governor role.

Public governors are elected by you - our members - and are there to represent your views on the Council of Governors, so every vote counts!

Are you interested in becoming a governor?

Please keep looking at our website for regular updates including virtual prospective governor events taking place in September 2020.

Becoming a member

If you have a family member or friend who would like to become a member of the Trust please follow the link below and complete the online membership form. www.rbch.nhs.uk/membership

How to contact governors

If you wish to contact any of the governors, please send an email to ftmembers@rbch.nhs.uk marking it for the governor you would like to contact. Governors also have a personal trust email address which can be found on the governor page on the www.rbch.nhs.uk website.

If you have received this copy of *FT Focus* through the post it means we do not hold a current email address for you. If you would be happy to receive this publication electronically please let us have your email address.

Members of the public are welcome to observe the public meetings of the Council of Governors or the Board of Directors. Please refer to our website www.rbch.nhs.uk where you can access all the agendas, supporting papers and confirmed dates and times.

Charity number 10573666

**Bournemouth
Hospital**
Charity

300k Step Challenge

Take part in this challenge by walking 10,000 steps a day for 30 days to help raise £365,000 to purchase a robotic machine for stroke and neuro patients to re-learn to walk.

Visit BHCharity.org/walkerbot
or call 01202 704060



WALKERBOT
APPEAL



300k step challenge to help
fund a robotic walking trainer

Farewell to FT Focus

This is our last edition of FT Focus before we merge with PHFT in October. To keep up to date with news from the new University Hospitals Dorset (UHD), please visit www.uhd.nhs.uk from 1 October.

Goodbye RBCH and PHFT, hello University Hospitals Dorset

While each hospital site will retain its individual name when we merge in October, it will be the time to say goodbye to our foundation trusts as we know them, so RBCH and PHFT. We'd love you to share your memories with us. What has RBCH and PHFT meant to you? Have these great trusts launched your career,

or been the birthplace of your children? Let us know so we can say goodbye in style, and look forward to a positive future. You can email communications@rbch.nhs.uk or communications@poole.nhs.uk. Why not send us some of your pictures too. We'd love to share them.