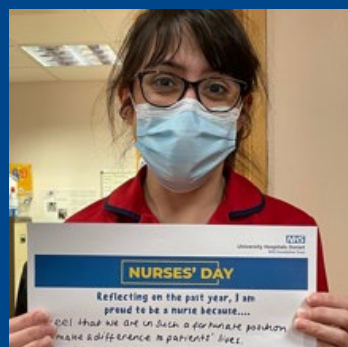
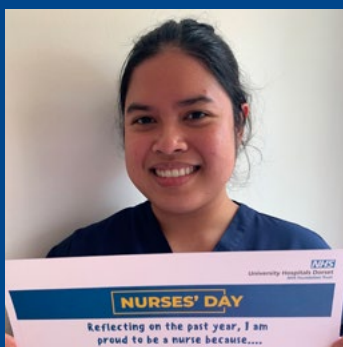


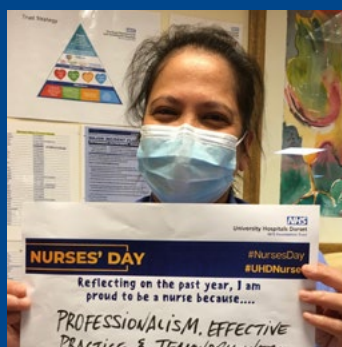
The Brief

May 2021



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Your University Hospitals Dorset

An update from chief executive, Debbie Fleming

Welcome to your May edition of *The Brief*, and what a busy month it's shaping up to be! Today is **International Nurses' Day**, celebrated on 12 May each year to mark Florence Nightingale's birthday. I don't need to tell you how important our nurses are, or how fantastic our nursing teams have been throughout the pandemic. With all the challenges they have faced, that very core value of 'caring' has shone through them like the beacon of light we all associate with the lady of the lamp. I am so very proud of all of them, and I hope you all take a moment this week to thank them and celebrate their achievements.



Earlier this month we celebrated **International Day of the Midwife**, a profession which we have all benefitted from in one way or another during our lives. Our midwives have worked tirelessly throughout the pandemic - often under very difficult circumstances - to welcome new life into a world that none of us have really recognised. Again, we are enormously proud of our midwives within UHD, and cannot thank you enough for all that you do.

There is a lot to think about this week - as well as being **Mental Health Awareness Week** and **Type 2 Diabetes Awareness Week**, it's also **Dying Matters Week**, a poignant event for our trust and the NHS as a whole.



Over the past year, the large number of people who have died has had an impact on us all. However, this week we have the opportunity to focus on the various teams involved in a patient's care when they are at the end of their lives, and to showcase the wonderful work they do. You can read more about the week on page 8.

As we continue to come out of lockdown and begin focusing on "business as usual", I remain humbled and proud by your commitment and dedication - and as always, I am so impressed by the skill and talent that we employ within UHD. I'm really excited by our recovery plans and the "Think Big" initiative which is bringing so much innovation to the way in which we can tackle our large waiting lists. We all want to see our patients treated as swiftly as possible, and this work is really bringing in a fresh approach. You can read more about this on page 4. We don't need to read the headlines to know our waiting lists are long, but what I am keen for everyone to hear about is all the improvement and innovation that is happening within our hospitals as we tackle these lists, in close collaboration with primary care.

As well as focusing on our elective work, our teams are of course working hard to meet the daily demand for emergency and urgent care, and maintain the smooth flow of patients through our hospitals. The day-to-day business of hospital life continues, with everyone seeking to do the very best for our patients. Every single member of staff within UHD makes a difference, so thanks again for all that you do.

Finally, we are really beginning to see things happening now as we move forwards with our estates programme. Building work is now well underway on both the Poole and the Royal Bournemouth sites as we press on to create

our emergency and planned care. These new facilities will make an enormous difference for staff and patients alike, and will allow us to deliver even better care.

We want you to be at the heart of all our plans, playing an active role in the development of our trust, so your ongoing involvement is essential. The naming of our new Maternity, Children's, Emergency and Critical Care building at RBH is another exciting opportunity to have your say. While the sight and sounds of the builders tells us that work is underway, it will feel even more real when the building itself has a name, and we can all look forward to the outstanding care that will be delivered from there for years to come. There's still time to get involved and make your suggestions, so head to page 10 to find out more.

So, as we spring forward into the summer with a very busy programme, I'd like to reiterate once more that your health and wellbeing is at the heart of all our plans and the work you do is hugely appreciated. Thank you very much, Team UHD.

Debbie Fleming,
chief executive



Covid-19 update

Journeying along the roadmap

Next week we will be reaching another phase of the government's roadmap for easing lockdown restrictions.

In our hospitals, changes have been made to our visiting restrictions, particularly in relation to maternity and lateral flow tests for pregnant women and their partners. You can read more [here](#).

While we continue to work through the impact of the roadmap on our hospitals in terms of infection prevention control guidance and social distancing, it's essential that we continue to adhere to our IPC guidelines and keep taking our lateral flow tests. See our [Covid pages](#) for more information and how to order more.

Keep an eye on our intranet, website and social media for all the latest news.

A graphic with a white background and a slight shadow. At the top, it says "Staying safe in your appointment" in orange and blue. Below that, it says "We ask that all pregnant patients and their partners show a negative lateral flow test before their appointment." in blue. Then, "Please have this ready when you book in and maintain social distancing." in white on an orange background. Below that is a photo of a pregnant woman in an orange dress. To the left of the photo, it says "Your safety is our priority and we will always see you." in white. At the bottom, it says "Thank you for your co-operation" in blue. At the very bottom, there is a row of small colored boxes with the text "We are caring one team listening to understand open and honest always improving inclusive".

Think Big to tackle our waiting lists

We had to cancel many outpatient appointments over the last year because our focus was on Covid-19 and providing emergency care, with much of our elective activity also stopped. Indeed, our waiting list is now around 45,000 patients so we need to 'Think Big' to tackle this.

Chief operating officer, Mark Mould explains: "Myself and colleagues from UHD joined our partners and healthcare colleagues from across Dorset at the Bournemouth International Centre (BIC) in April to plan how we can do this.

"We need to come up with a way for our clinical staff to treat more patients. The priorities discussed at the BIC were how to create a safe environment to provide face-to-face care for these patients, while also providing privacy and dignity in a Covid-secure way. We also need to ensure any plans provide support for our own staff wellbeing.

"The discussions also focused on where we could provide this care. We considered different locations, both within our hospitals and also within the community, including proposals of a health pop-up village in a local shopping centre. The BIC was the perfect location for our meeting as it is where Dorset's large vaccination centre is based

and we were able to learn a lot from the way Dorset HealthCare planned to see large numbers of people here in a safe way.

"All the options discussed are now being developed to work out the best plan for all our patients and for our staff, with feedback from our partners and the many staff groups from across UHD who attended, including patient, operational, IT, outpatient, support staff as well clinical colleagues. The outpatient departments represented included dermatology, ENT, OMF, breast screening and orthopaedics.

"This Think Big initiative follows on from our work to contact all



the outpatients on our waiting lists to help us validate our information to give a more accurate view of our clinical priorities. We've included adverts in the local Echo newspapers to let patients know we're doing this, and have spoken to the Echo about our Think Big plans. You can read the article [here](#)."



Celebrating our nurses

2020 was the International Year of the Nurse and the Midwife, and for many of our nursing and midwifery colleagues it was also the most challenging year of their careers. The theme of this year's International Nurses' Day is *"a voice to lead - a vision for future healthcare"*, and nurses are invited to both reflect on working throughout the pandemic, and also look forward to a brighter future.

Here's what some of them have to say...



David Thomas
is a TB nurse consultant and leads our
UHD TB
service...

“After leaving college in 1988 I spent a year working in rural Swaziland where I began to appreciate the diverse effects of poverty on people's lives. After the Romanian revolution in 1989/90 I joined a small team working in one of their orphanages. These experiences kindled my belief that professional nursing knowledge and skills need to be synergistically and globally shared, perhaps now more than ever.

“Having worked all over the world - including in the Gaza strip and southern Sudan - for the past 18 years I've been incredibly privileged in leading our TB service, treating wonderful people from all over the globe. It's a fantastic job that has evolved into a nurse-led service.

“Our clinics usually contain a variety of patients from all over the world, nearly all are seeking a better life for themselves and their families. The majority of patients we work with have experienced adverse stigma due to race or vulnerable status, so to be able to welcome them to our trust and offer support while removing a few health barriers is a fantastic privilege.

“Nursing has evolved beyond belief. Few jobs offer a greater scope for practice or the ability to travel and bridge the gap between clinical practice and academia. Grasp the opportunity to train in the UK and run with it, you won't regret it! Be mindful and celebrate the knowledge that your care has an ability to influence those around you; your patients, the trust and profession, your community and beyond.”



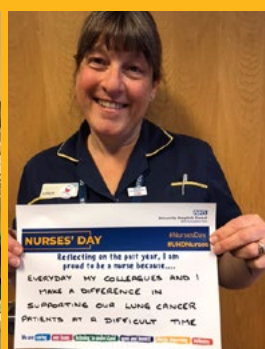
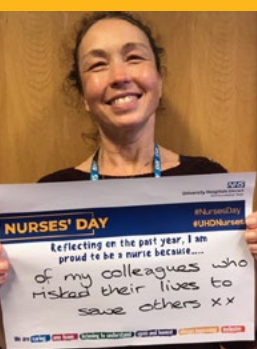


Alex Ingham is a paediatric nurse within ED at Poole...

- “ I care for children with a variety of illnesses and injuries and provide reassurance for the children and their families.
- “ My personal reflections over the last year are how we have worked hard together as a team through these difficult and challenging times, helping to get each other through and supporting one another.
- “ What’s been really important this year, is being open about struggling with the work pressures and not being able to see family.
- “ Thinking beyond the pandemic, I’m looking forward to getting back to normality and looking after a larger variety of patients.”

Jane Gibson is a staff nurse at Christchurch...

- “ I qualified in 1987 in north Wales and now work in outpatients. I like the variety of outpatients. Our unit has a great team and we have kept each other going through challenging Covid days.
- “ The nursing journey is varied and I started my current role in 2019. Previous areas I’ve worked in over the years have included ED, theatres, pre-assessment, chemotherapy unit and cardiac cath labs.
- “ The part of the role I enjoy the most is dealing with situations as a team, whereas the part I find most challenging is telling patients about clinic delays. It can be a bit intimidating!
- “ My current role has taught me that people in general are brilliant, it’s just the odd one or two that can be a challenge.
- “ My advice for anyone wanting to be a nurse would be, keep an open mind, never be afraid to ask questions and keep calm.
- “ What you might not know about me? Well I can juggle and I’ve met Peter Andre!”



Get involved!

While International Nurses' Day is today, 12 May, all week we are celebrating our incredible nursing teams. For the rest of the week, we'll be focusing on our international nurses in the NHS and UHD (Wednesday) with a virtual event focusing on international nurses in leadership roles taking place from 2-3pm. To join in, click [here](#).

On Thursday we'll be looking at nursing in surgery and on Friday, we turn our attention to nurse education and research.

You can also take part in the celebrations by thinking about your own nursing journey and experiences over the last year with this nursing reflection. If you have a photo taken with your [reflection](#), be sure to tag us **@UHD_NHS** on Twitter and Instagram so we can share your pictures on our social media. Hashtags to use are **#NursesDay**, **#IND21** and **#UHDNurses**.

Blessing of the hands

On this International Nurses' Day, our chaplains would like to offer a virtual blessing of the hands of our nurses, in thanksgiving for their work...

Yours are the hands full of experience and skill.

Yours are the hands reaching out with compassion, taking time to show care, swiftly taking action.

Yours are the hands gently touching our patients. You touch families, too.

Yours are the hands that show you care. You lift the hearts of those who suffer.

Your hands celebrate the joy of healing. Your hands bless all they touch with the spirit of compassion.

Thank you for sharing your abundance and gifts, for touching lives and lifting spirits.

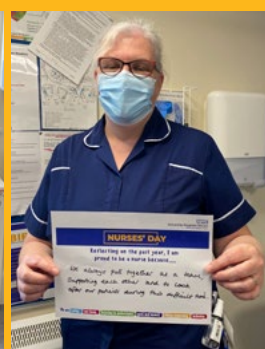
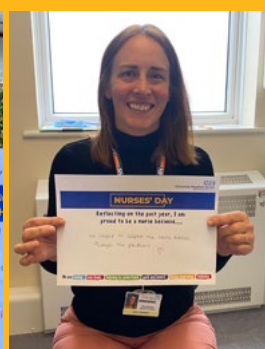
Blessings and thanks for the many works of your hands.

May your hands bring healing to all those you touch.

May God bless and strengthen your hands for all the work you do in this place, and bless and strengthen the hands of all who work in the NHS.

May you go from this moment of blessing in peace, confident in the healing, comfort and hope your hands will bring to all those in your care.

Amen.



Dying Matters

Ask, listen and do what matters

Dying Matters Week



10-16 May

What do staff need to provide outstanding end of life care?

Dying Matters

Ask, Listen, Do What Matters.

To mark this week's Dying Matters Week, our UHD palliative care teams are visiting wards and departments to find out how they can help you provide the best care possible for our dying patients. They will also be promoting the butterfly model of care which encourages dignity, respect and compassion at the end of life.

The blue butterfly is a symbol we use at UHD which signifies a patient is near the end of their life or that someone has recently been bereaved. The aim of the butterfly is to inform those around the patient or relative that they are going through a very difficult time and so you may choose to alter the way that you approach them or what you talk to them about.

Butterfly model of care

To promote dignity, respect and compassion at the end of life.

Butterfly WINGS

What matters - sensitive communication with the patient and those important to them.

Identify - recognise when a patient is approaching the end of life. Explain when there is uncertainty.

Needs - ask about people's comfort and relieve discomfort. Create an individualised care plan, or personalised care plan for last days of life.

Goals - do what matters. Step outside the box and facilitate what is important to the patient and family.

Support - offer information, explanation and support but most of all, listen. Address the needs of those important to the patient and support the bereaved.

The butterfly model of care encourages everyone at UHD to provide outstanding end of life care (EOLC) regardless of who you are or where you work. EOLC is everyone's responsibility and we all have a role to play. Giving staff permission to do what matters most for that person and the people who are important to them is an essential part of this.

Consultant in palliative medicine, Amy Pharaoh, said: *"The UHD end of life vision is to provide outstanding care to dying patients and their loved ones, every time; regardless of where care is delivered, and who is providing it. We only have one chance to get it right."*

Many staff and volunteers at UHD are already practising the model of care.

Sandy Islip, from ward A5 at Poole Hospital, recalls working together with paramedics and all the staff on the ward to arrange a detour to some fields for an EOLC patient who was leaving the hospital. The patient

was a farmer and he wanted to say 'goodbye' to his cows.

Silvia Day, HCA at our Macmillan Unit at Christchurch Hospital, bought and then gave an EOLC patient small amounts of Coca Cola as their dying wish. Silvia supported the hospital palliative care team in the last wave of Covid and supported patients with Covid on the wards at RBH.

Lou Pennington, lead nurse for palliative care, said: *"As these examples show, it doesn't have to cost a lot of money to make a huge difference. It's about taking time to find out about the patient and what matters to them. We're encouraging everyone to 'ask, listen and do what matters'. We want to hear from you and understand how we can help improve the way you care for dying patients."*

As well as visiting wards and departments at RBH, Poole, the Macmillan Unit and Forest Holme, the palliative care teams will also have information stands in the atrium at RBH and the Dolphin Restaurant at Poole. Please share your thoughts on what you need to be able to provide the best care possible for our dying patients.

Look out for this poster this week, showcasing some of the many teams throughout our hospitals who are involved with caring for patients at the end of their lives.

We're here to care for you

Meet some of our teams who are involved in looking after our patients when they are nearing the end of their lives. Some teams are based at different hospital sites, but all make a huge difference to our patients and their loved ones.

- Palliative care teams**
Working closely with the family support team, our palliative care teams work at our hospitals, hospices and the community and are dedicated to caring for our patients at the end of their lives.
- End of life care specialist nurses**
Our end of life care specialist nurses are part of the wider UHD palliative care team, supporting patients, relatives and staff within our hospitals.
- Our chaplaincy teams**
Our chaplains are available for confidential, spiritual support whether you have faith or not. They're based in our chapels at the Royal Bournemouth, Poole and Christchurch hospitals.
- End of life care ward champions**
Our end of life care champions are based on some of our wards to make sure patients are comfortable and can go home if appropriate.
- Our patient affairs team**
Our patient affairs teams offer bereavement advice, can help you register a death, organise death certificates and have very helpful undertakers.
- Our mortuary technicians**
Our technicians and their colleagues look after our deceased patients and support their loved ones.

NHS University Hospitals Dorset NHS Foundation Trust
forest holme
Macmillan



Our #TeamUHD culture champions set to work!

Our culture champions have met for their first workshop, and have set to work on the next phase of our culture work - how we reward and recognise you when you have demonstrated our new trust values.

Our new cohort of 25 champions - the largest team we've ever had - represent colleagues from across Poole, RBH and Christchurch and will be out and about in the months to come, listening to understand your views.

Here's what our culture champions have to say...

“By the end of the day, I had a clearer idea of what we are hoping to achieve and already feel more energised about coming to work.”

Jo Hill-Cousins, PA to pathology managers

“I came to the first workshop expecting a formal meeting and lectures like usual workshops, instead I met new friends and learnt more about my abilities and skills. The whole day was effective and everyone was engaged and interactive.”

Ifrah Aden, ED nurse

“I am really looking forward to ensuring the wellbeing work that was initiated through Covid will become an integral part of our working environment.”

Lisa Brinkman, IT nurse specialist



The team met for their first workshop last week and were joined by our chief executive, Debbie Fleming, who spoke about how a simple thank you can be so rewarding.

We look forward to hearing their findings!



“Debbie Fleming’s support and passion gives us clarity and conviction that the Culture Champions’ work has a huge impact in UHD.”

**Katie Pritchett
junior project manager for transformation**

“It was great to meet so many like-minded #CultureChampions. I am looking forward to getting to work, exploring ways to show our teams appreciation.”

Vicki Piper, deputy therapy lead for inpatients



“As a culture champion I can help to create a supportive, innovative and welcoming culture for our diverse staff, patients and their family and the wider community.”

Mini Thomas, deputy sister AMU

We are **caring** **one team** **listening to understand** **open and honest** **always improving** **inclusive**

Transformation update



Can you help name our new building?

There's just a couple of days to go for you to suggest a name for the new main building being constructed at RBH - currently called 'MCEC' (Maternity, Children's, Emergency and Critical care centre).

We are looking for a name that:

- is clear, logical and descriptive
- will stand the test of time

- preserves the existing overall positive regard for our hospitals
- reflects Dorset's heritage

Putting forward a name is simple - just send it to communications@uhd.nhs.uk, under the subject heading 'RBH 'big build' naming', with your suggested name and your role.

Suggestions must be received by **14 May**, following which a panel will meet to create a final shortlist. In June, you can then pick your favourite from the list.

Find out the latest on the Poole Hospital site

Our latest neighbourhood newsletter has just been published, helping to keep the local community informed on the upcoming construction works at the hospital. It highlights the work behind the scenes with the demolition process, emerging links with Bournemouth and Poole College to consider the best way to provide students with trade experience during the construction project, as well as news on the recent installation of information boards. You can read all newsletters via the 'Investing in our Hospitals' portal on the UHD website: www.uhd.nhs.uk/about-us/future.

Building Community Management

Construction traffic
As the site gets busier there will be increased activity of large vehicles involved in materials movement off site. To minimise disruption and to manage the access and egress of these vehicles there will be trained traffic marshals and banksmen on the main site entrance during key times.

New information boards erected
During March two large information boards were erected on the Poole site showcasing the future developments for the hospital. The posters were unveiled by Jackie Coles, deputy chief operating officer together with Stuart Mondon, capital projects manager, Stuart Dixon from IHP (principal contractor), as well as Sam Hussey, from our pathology team who is featured in the design. You can find more about our plans here: www.uhd.nhs.uk/about-us/about-us/future

Investing in our Hospitals' portal launched
We launched a new section on our website providing the latest news on UHD transformation and how the changes will be beneficial to the public and patients in improved facilities. The portal provides updates by care in improved facilities. The portal provides updates by care in improved facilities and all the transformation news. You can find patient benefits and all the transformation news. You can find more about our plans here: www.uhd.nhs.uk

What's happening?
Following the last newsletter, a great deal has been happening behind the scenes as the IHP team have started the demolition process, been measuring and identifying 'lines of sight' (so new buildings are in the correct position) as well as removing items and fittings that are no longer required. We have also been in discussion with the team in the hospital's Portland ward to make sure the courtyard area (which is used by their long-term patients), is maintained during the adjacent construction period.

May to July 2021

- demolition of external buildings linked to the new theatre build project
- rerouting power supplies, essential ducting, and drainage to allow vital activities to continue
- breaking up of hard materials such as concrete and any road surfacing ('breaking out')
- removal of demolition materials to waste recycling sites
- detailing and refinement for the internal fit out
- procurement of sub-contractors and suppliers of materials for the main build

Safety is paramount and the trust and IHP have collaborated to minimise risks to all parties, including changes to the routes, set up works, hoarding and security with specific 'construction only' access, and redirection for hospital operation externally and internally.

Developing One NHS in Dorset

Transformation update

'A day in the life of...'



As well as showcasing the changes planned across RBH, Poole and Christchurch hospitals we have been speaking to colleagues at the trust to find out their role in these exciting plans.

In our latest update we are spending time with Andrew Ward, general manager for Poole Hospital theatres, anaesthetics, sterile service and critical care.

I started my career...

After two years of working in the care sector, at the age of 20 I started working in theatres in a private hospital as a support worker and then at RBH for my training. Following time in the private sector I joined the Poole team in 2004, and was appointed to the management team in the critical care directorate in 2016. I currently have line management responsibilities for theatres, anaesthetics, critical care, sterile services and pre-op assessment teams.

My alarm goes off at...

5.30am ahead of my commute from Avon Causeway to Poole Hospital.

Top of my to-do list today is...

Helping to get more access for our trauma patients waiting for surgery and the elective recovery process. I'm also back from leave, during which I inherited a tortoise so had to make him a new home in our garden and house!

The biggest challenge in my work area currently is...

Creating the capacity needed for referral to treatment and trauma recovery.

I keep motivated by...

Using the NHS coaching portal and encouraging wellbeing sessions for the teams at work. We've recently been awarded charitable funding to procure an EnergyPod which has been [very well-received](#) by staff.

The most rewarding part of my job is...

Leaving work every day knowing I have made a difference to the patients' journey in our hospitals and ensuring they are treated in a safe environment where the staff are supported and developed. In addition, playing an active part in the huge multi-disciplinary team currently bringing our theatre expansion plans to life. Finally, building new relationships with colleagues at RBH since the merger, and through the 'Leading Through Change' programme, and making new friendships with leaders across UHD.

Away from work...

With five sons aged between 18 months to 27 years, my spare time is mostly spent helping and supporting my family. My wife Holly and I have recently moved to a property on the Avon Causeway and are enjoying various refurbishment projects.



Green light for sustainable pharmacy scheme

We're one of the first trusts in the country to participate in 'Little Packs, Big Impact', a partnership with recycling innovators TerraCycle which allows customers to recycle medicine blister packets by dropping them in dedicated bins at either Lloyd's at Poole or Boots at RBH.

The empty blister packaging is converted into reusable raw materials and for each pharmacy shipment of blister packs, TerraCycle credits our account with points which are converted into financial donations to our UHD Charity.

Jo Sheppard, clinical trials pharmacy technician at RBH, said: *"We can all make one change to benefit the planet and it really doesn't matter how small it is, eventually it will become a habit."*

Tracy Lyons, medicines optimisation pharmacist and pharmacy sustainability lead for UHD, added: *"We've had a massive, positive response already which shows how keen the UHD team is to live in a greener and more environmentally-friendly way, and we're looking forward to rolling it out further as soon as we're able to."*



The most sustainable page is the one you never print!

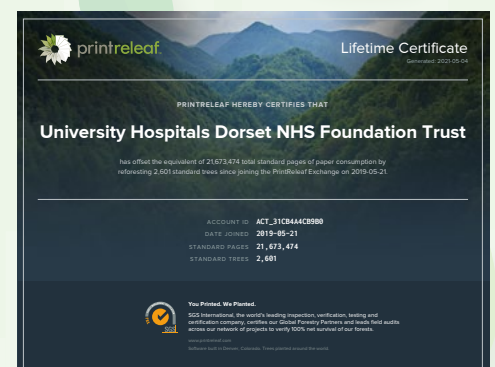
Did you know that recycled paper saves about 30,000 litres of water per tonne of paper compared to standard paper? It also saves nearly 200kg of CO2 per tonne of paper.

This month, we have removed standard paper across the trust and replaced it with 100% recycled, FSC approved paper. This measure will save approximately 15 tonnes of carbon a year, and an incredible 2.5m litres of water (embodied in the manufacturing process). This is a

fabulous improvement and one we can be proud of. Please remember however, the most sustainable page is the one you never print!

Did you know we are also participating in a scheme to plant trees to help offset wood consumed by our printing needs? We support a reforestation scheme in Madagascar, a country with exceptional biodiversity heritage and only 10% of its forests remaining. To date we have contributed over 2,500 trees as part of this important project.

For more information on sustainability, contact Stuart Lane, sustainability and carbon manager, on stuart.lane@uhd.nhs.uk





Alyson's Blog

Alyson O'Donnell, chief medical officer

There have been so many steps towards life feeling a bit more normal since I last wrote that it feels a bit dizzying. Apparently within a week of lockdown lifting half of the population had been to a pub or to eat out. It took me a bit longer but it was definitely a joy, perhaps a bit more than it ought to have been. On the flip side I am not enjoying sharing the road with normal traffic but can't really complain when I am part of it. It is good to see how many people are still cycling and walking - even more benefits with the lovely weather we had through most of April and what that does for your sense of wellbeing.

Being able to share time with friends and family who I haven't seen in many months in person has been a particular highlight.

I am not ashamed to say there have been tears. Of joy, of course.

Last week was Deaf Awareness Week. As sponsor of the Probability Network, the impact of mask wearing on our hearing impaired staff and patients has been really apparent to me. With many reports of people who hadn't realised just how much they relied on lip reading, particularly in the workplace, and the impact that had had on them both practically and emotionally. Many felt very isolated and it has taken a really long time to get even the hope of clear face masks which are approved for use in clinical settings. I hope you were able to join the pop up sessions across our sites to understand the issues and perhaps how you can support

- knowing how passionate the team are I am sure there were some interesting conversations.

Another really important event is Dying Matters Week. Perhaps more than ever the events of the last year have highlighted how important it is to provide excellent, personalised care at the end of life and how damaging it was to everyone concerned when we couldn't provide the compassionate care we aspire to. Look out for the events around the trust to share your experience and thoughts.

Thanks again for all that you are doing. I am thoroughly enjoying meeting with more and more people face to face. MS Teams has been amazing in allowing us to keep connected and to move things faster than we might have but it is no substitute for seeing the whites of people's eyes and having a proper conversation. Here's to more of those. I might even be allowed to make cake again soon.

Update on the Dorset Care Record

An initiative is underway to give 1,400 members of Team UHD access to the Dorset Care Record (DCR) portal and DCR via the Graphnet EPR. Alongside this, work is ongoing with different specialties across UHD to provide DCR demonstrations in departmental meetings and increase awareness.

The DCR is a record sharing system aimed at improving health and social care in Dorset, bringing together information from our trust, as well as the CCG, Dorset County Hospital, UHD, Dorset HealthCare, Dorset County Council and BCP Council.

Information already available on DCR includes:

- GP records from all surgeries across the county
- demographics, Emergency Department encounters, inpatient admissions, outpatient attendances, radiology records, allergies, clinic letters, ED discharge summaries and inpatient discharge summaries from our trust and Dorset County Hospital
- alerts, pathology, referrals, discharge medicines, endoscopy and cardiology letters from Dorset County Hospital
- adult demographic data from BCP Council and Dorset Council
- children's demographic data from BCP
- PDS Mesh/sensitivity records through the NHS Spine

UHD pathology and discharge meds look set to be added this year as well as the Dorset-wide diabetes pathway.

Feedback from UHD colleagues can be seen [here](#). For further information about the DCR, see the intranet or email **samantha.belhomme@uhd.nhs.uk** if you'd like a DCR demo over Teams.



UHD noticeboard

Take part in our Living Library event

Living Libraries

Based on the Human Library movement, the library is recruiting readers to 'borrow' human books and listen to their personal stories. The event aims to provide a safe space for conversations to support colleagues and use the power of personal conversation to positively challenge prejudice or discrimination.

'Meeting new people and having the ability to discuss new topics of interest is so important especially at these times when you can feel very isolated from the world.'

Click here - <https://bit.ly/2O9HfwR>
or contact library@uhd.nhs.uk

Leading teams through change workshops - new dates

Are you leading a team through change? Join one of our leadership development workshops to gain some knowledge and tips around leading through times of uncertainty. The workshops are also a great opportunity to network with other leaders across UHD. We have more workshop dates available on 7 and 27 July and 19 August. If you would like to book, please email Organisational.Development@uhd.nhs.uk

You Matter - mental health first aid

Our new mental health First Aid (MHFA) intranet page has been updated to include a directory of MHFA first aiders and how MHFA can support you.

During Mental Health Awareness week this week, a number of sessions are available, run or provided by partner organisations:

[Managing stress and building resilience for NHS and care sector staff](#), 12 May, 12-1.15pm

[How sea swimming is good for body and soul](#), 12 May, 1-1.30pm

[Mindfulness drop-in](#), 13 May, 8.30-9am

[Opening our eyes and ears to the power of nature](#), 14 May, 12-12.30pm

[Mindfulness session: 'sit, move, walk well'](#), 17 May, 8-9am.

Ask Aly

The next 'Ask Aly' forum will be on 20 May, 12-1pm. The link to the Teams event can be found [here](#) and you can send your questions in advance to communications@uhd.nhs.uk

Thank you to all of those who attended the April event.

You can catch up on this one [here](#).

Celebrating research

On 20 May each year, we celebrate International Clinical Trials Day, the anniversary of the first clinical trial conducted in 1747. This year, we wanted to reflect on what has been a strange and busy year in research...

The Covid-19 pandemic and response has impacted all of us at UHD, and the research and development team are no exception. We've also experienced increased staff sickness, reduced staff numbers, assisted with work on the wards, while making a significant contribution to pandemic specific research studies to find effective treatments to help people with Covid-19, understand the virus better and find more vaccines

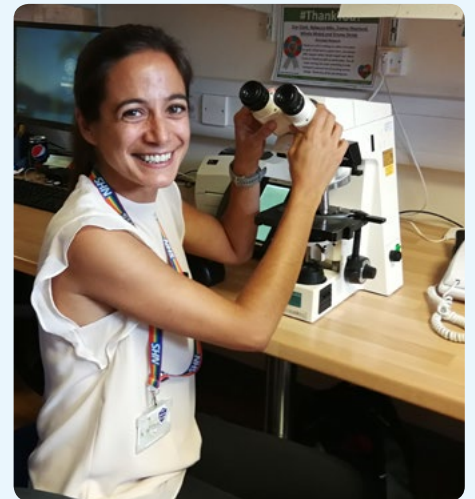
that are effective. Our staff have stepped up to the challenge in ways that can only be described as heroic - we would like to celebrate International Clinical Trials Day 2021 by showcasing this work and thanking them for all they do.



NIHR | National Institute for Health Research

“ I am so proud of the way our team has supported Covid-19 research efforts as well as supporting Team UHD during the past year. The contribution the UHD research team has made to the Covid-19 knowledge base has been incredible, and there has been a tremendous amount of collaborative working with colleagues across the Dorset system, the Wessex region and nationally. Research is key to finding the way out of the pandemic and I am honoured to be part of such a fantastic team...”

Laura Purandare, Head of Research



“ It's been a privilege to work with all our clinical colleagues across all specialities over the Covid-19 pandemic. It has been hard, tough, exhausting, and an emotional rollercoaster at times but we are so proud to see our team effort has resulted in research becoming firmly embedded in daily practice and provided our patients with rapid access to new and novel Covid treatments...”

Charlotte Humphrey, research nurse,
and **Beverley Wadams, senior research nurse**

Without the dedication of our research staff and others around the world, we would likely not be seeing such rapid advances in the treatment of Covid-19 and the vaccines now being rolled out internationally.

Our research is changing lives

- The ongoing RECOVERY trial has provided evidence for the effectiveness of dexamethasone and tocilizumab, which have saved millions of lives worldwide, and determined which promising treatments were not effective, such as hydroxychloroquine and convalescent plasma.
- We're also continuing to support the SIREN study, which over 300 staff are taking part in across UHD - this has informed government strategy and early results have already provided data on vaccine effectiveness.
- The new Research Hub at the RBH site has been supporting trials of new vaccines including Novavax, which was found to be effective and is currently awaiting approval for rollout in the UK.

The research response to Covid-19 has been incredible and would not have been achievable without the fantastic staff in our research team, the clinical teams and supporting departments who make it all possible, and the overwhelming generosity of our patients who give up their time to take part.

Have you downloaded the UHD app?

Your UHD staff app brings together useful information and resources at your fingertips, wherever you are, from your mobile phone. We'll also be able to keep in touch using urgent notifications on any important news or urgent messages that might affect your day to day work.

Lynn Avery is a HCA in Day Surgery at Poole Hospital. She said:

“I find the app very helpful for everything work based from e-Roster to training, access to payslips and emails and work perks showing NHS discounts; it's so easily accessible and quick to load. I think the new starter part is good for help in finding your way around the hospital.”

“I love being able to access my work calendar even from home, so I can see when I am teaching. Having easy access to emails, e-roster, BEAT and ESR all in one location is a really great idea...”

Anne Millward - dementia and delirium support worker, RBH.

The app is available to download free to your phone using the QR codes below or search for 'App' on the intranet for more details. This app is for everyone, and we're constantly looking at ways to improve it, so please get in touch with us via communications@uhd.nhs.uk with any ideas you have as to how we can make it even better!



◀ Apple iOS QR code



◀ Android QR code