

Autumn 2023

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Going full circle

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NHS 75
1948 - 2023

New Poole Hospital theatres officially open

UHD Staff Awards

Hospital at home for children launches

Your University Hospitals Dorset

An update from our chief executive, Siobhan Harrington



Treating over a million people a day in England, the NHS touches all of our lives...

July marked the 75th anniversary of our National Health Service. It is an institution close to so many of our hearts and remains one of the key things that make people most proud to be British.

As one of our own consultants so poignantly wrote -

"In India the river Ganges flows through the very fabric of society, and is venerated for giving life and sustaining those who live on its banks; and I think the NHS is a bit like that for us..."

Parkash Ramchandani is part of a three-generation family of NHS workers and you can read more about him on page 5.

The NHS is not without its challenges, such as lengthy waiting times and industrial action, but during these turbulent times, we will continue to strive to be better.

It is also said that while the NHS is a national organisation, it is best delivered locally, and I agree. Every corner of the UK has its unique challenges and its own innovative ways of tackling them. Here at University Hospitals Dorset (UHD), we are starting our Patient First journey, an approach to deliver change and solutions, led by UHD staff for the benefits of our patients and each other.

All good communities need to promote equality, diversity

and inclusivity, and that's exactly why we have now launched 'See ME First' at the trust. The aim of the initiative is to make real change to our organisation's culture, creating a more inclusive, open, and non-judgemental work environment in which all staff are treated with dignity and respect.

To celebrate our staff, our first UHD Awards took place in June and were a resounding success. It was an absolute privilege to see all the winners and highly commended members of the trust together in the Bournemouth Pavilion. There was such a positive buzz in the air and it was incredibly moving to hear the citations of those shortlisted. With over 800 nominations for this year's awards, and our postgraduate doctors enjoying their awards evening at the end of June too, it is quite clear there is a lot of good practice and people we should be celebrating every single day.

Our first UHD Cultural Celebration event also took place this summer, a cross-site celebration of all the different cultures that are represented within the trust. It was fantastic to see a joyous jamboree of what makes our UHD community the rich and diverse place it is, and the many, many benefits this brings.

Great strides have also taken place with the trust's transformation projects. In May, Lord Markham led us in the topping out ceremony of the BEACH building. And

in July, Poole Theatres were officially opened by Deputy Lord Lieutenant, Jacqueline Swift. More on both these landmark events can be found on pages 6 and 7.

Out in the community, over 150 people attended the 'Our Dorset' health information event, led by UHD, at the Mowlem Theatre in Swanage. Local residents were updated on changes that have taken place to the NHS in Dorset recently. The event was a huge success and a great example of how partnership working and Our Dorset benefits the community.

At the end of June, the NHS published the first ever NHS Long Term Workforce Plan - a plan developed by the NHS, backed by investment from government and created in collaboration with our staff and experts. This will deliver the biggest increase in training numbers in our 75-year history with record numbers of nurses, doctors, dentists, allied health professionals and other key healthcare staff to address the gaps in the current workforce and meet the challenge of a growing and ageing population.

It is very encouraging to see so many positives happening within the trust and the NHS but we know that there are areas which still need improvement in order to provide the care and service that patients expect of us.

Siobhan

UHD launches 'hospital at home' for children

UHD's new virtual ward, '**Child Health @Home**', has officially launched, giving families access to healthcare services outside the hospital.

The ward, part of a national NHS-funded project, is led by clinical children's community services lead Josie Roberts, paediatric consultant Dr Kate Goyder, and their team of nurses and physiotherapists.

The team aims to provide assessment, treatment, and support to children at home to enable early discharges from hospital and to reduce unnecessary visits and/or admission to hospital.

Patients have usually been in hospital with bronchiolitis, viral induced wheeze, gastroenteritis, or fever, and the team carry out home visits, offer telephone support and provide education for parents regarding their child's condition and signs and symptoms to be aware of at home.

Several families have already piloted the pathway, and the team have received positive feedback from the care received.

Claire Morgan, whose son was on the pilot



pathway, said:

“The virtual ward was amazing for my son. It meant he could be discharged home where he was much more comfortable without the need to keep going back to the hospital for his antibiotics. We are very grateful for this brilliant project.”

Other feedback received so far included:

“My daughter's only anxieties were the actual IV dose being administered, a drastic reduction in time of stress for her. I didn't have any worries about travel time or parking. It was absolutely brilliant. Instead of taking half my day and needing to arrange alternative childcare for my other children, it took a fraction of the time!”

Karen Bowers, hospital at home's virtual ward matron, said:

“I am really proud of how hard the team has worked, and in doing so, this has paved the way for other parts of the virtual ward initiative to progress.

“From the hospital trust, this allows us to free up beds and resources for our very poorly children who need to be in hospital, and for families it makes the world of difference for their children to be able to receive the care they need in the comfort of their own home.”



Milestone bell boosts morale for patients with cancer

A big thank you to David Le Monnier from Jersey for donating a symbolic bell for his fellow patients to ring when they reach a treatment milestone.

In treatment since January and a regular patient at the Royal Bournemouth Hospital, David is currently on his fourth round of chemotherapy and waiting for a bone marrow transplant.

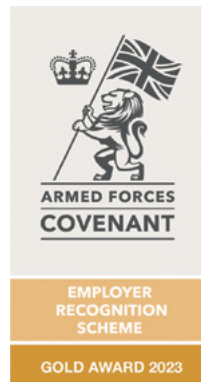
David said: ***“I want anyone who achieves anything to ring the bell. Although it is for patients in their treatment, I also want staff to ring it if they have had a good day at work. All achievements are important.”***



Hospitals receive gold award for supporting military staff

UHD has been awarded gold by the Defence Employer Recognition Scheme for its commitment to honouring and supporting the armed forces community.

The Gold award is given to organisations who proactively demonstrate that service personnel and the armed forces community are not unfairly disadvantaged during the recruitment processes, or in their career. It also highlights UHD's commitment to understanding the needs of reservists and ensuring they do not lose out financially or professionally due to reservist training or being called up.



Rob Hornby, armed forces community advocate

said: ***“It is great news that UHD has been awarded Gold for their efforts towards the Employer Recognition Scheme. We received the Silver award in 2022 and to receive Gold a year later shows a true commitment to supporting reservists and veterans.”***



UHD anaesthetists rewarded for high quality patient care

UHD has been accredited under the prestigious Royal College of Anaesthetists (RCoA) Anaesthesia Clinical Services Accreditation (ACSA) demonstrating their commitment to patient safety and excellence of care.

ACSA is the RCoA's peer-reviewed scheme that promotes quality improvement and the highest standards of anaesthetic service. To receive accreditation, departments are expected to demonstrate high standards in areas such as patient experience, patient safety and clinical leadership.

Dr Deepa Kallayiram, Consultant Anaesthetist, said: ***“A lot of perseverance, resilience, team effort, engagement and cooperation from colleagues across all three sites was key to achieving the accreditation.”***



United in caring



“ In India the river Ganges (also called Ganga Mata, which means mother Ganges) flows through the very fabric of society, and is venerated for giving life and sustaining those who live on its banks; and I think the NHS is a bit like that for us...”

Meet **Parkash Ramchandani**, consultant in oral and maxillofacial surgery, and part of an NHS family dynasty.

There are no fewer than three generations of medics in his family, which started with Parkash's father, Mohan. Mohan moved from Pakistan to the north west of England in 1972 to restart his medical training and after one year he earned enough to pay for his wife Devi and their five children to join him.

“When we moved, mum spent her time looking after the five of us, helping us learn English. My dad worked hard and ended up being a consultant in medicine for the elderly in Manchester. He passed away following a stroke eight years ago having spent all his life looking after older people,” explains Parkash.

Parkash started his NHS career doing dentistry for a year before moving to medicine, then surgery. After training in the north, he moved to the south coast and became a consultant at UHD in 2005.

His wife, Ragini, is an NHS dentist (and daughter of two doctors), their son Jai is a doctor in training and about to start his house job in Portsmouth, while son Om works in neuroscience.

Parkash is not the only Ramchandani at UHD, his brother Mahesh is a consultant in our eye unit and a clinical director in our surgical care group.

Their eldest sister Nina worked as a nurse before training as a doctor and is a GP in Leicester, with her husband who is also a GP. Both of their children are doctors.

Sister Gita trained as a nurse before moving to Tanzania and starting her own cosmetic clinic, while brother Nand lives in America and works for the UN.

“I know it's a cliché but we are all united by a strong desire to do the very best for our patients. We have a deep respect and a warm affection for the NHS which has its roots in the way our parents brought us up.

“I'm very proud of my family, who are very grounded and show honesty, humility, professionalism and all go above and beyond the call of duty, as many health workers do.

“We consider ourselves to be very lucky in our careers and it's an absolute privilege doing the work we do.”

Going full circle



Here's Caroline Boyd, one of our sisters in Poole maternity, taking baby Lydia to the car 26 years ago when she was a student midwife.

Some 23 years later and Caroline became Lydia's manager when she joined as a maternity support worker.

Fast forward three more years and here is Caroline taking Lydia's baby to her car - 26 years later!

What a wonderful full circle moment as we celebrate 75 years of our NHS.



Transformation update

Royal Bournemouth Hospital celebrates 'topping out' milestone

The Royal Bournemouth Hospital marked a major milestone in May with a traditional 'topping out' ceremony for its new BEACH Building which will improve birth, emergency, critical care and children's health services for thousands of people.

Lord Markham, Under Secretary of State for the Department of Health and Social Care, and Jacqueline Smith, Deputy Lord Lieutenant of Dorset, attended the event alongside colleagues from University Hospitals Dorset (UHD).

The BEACH Building spans 23,000m² over six storeys, equivalent to 115 tennis courts. It contains a new maternity unit and children's unit, as well as an enhanced emergency department, larger than the existing facilities at the Royal Bournemouth and Poole Hospital combined, and a critical care unit with capacity for 30 beds. NHS clinicians have put in more than 10,000 hours of time to develop the plans for the BEACH, and when it opens in 2025, it will enable the Royal Bournemouth Hospital to become the major emergency hospital for Dorset.



Health Minister Lord Markham

said: **“It was an honour to attend the topping out ceremony of Royal Bournemouth Hospital's new BEACH Building, backed by over £168m of government investment.”**

Siobhan Harrington, UHD's chief executive, said:

“The BEACH Building, when it welcomes patients in 2025, will help create a hospital specialising in emergency care at the Royal Bournemouth Hospital.”

“The 'topping out' is a momentous occasion but there is still a long way to go.”

“As we plan for the future services, we remain focused on the present, and the responsibility to continue to deliver high-class care for all our patients.”

The construction work has been designed to minimise disruptions to the Royal Bournemouth site for the duration of the project. The project is part of a wider £250m investment to transform UHD's hospitals.



Our Dorset engagement event

Over 150 people attended the 'Our Dorset' health information event, led by UHD, at the Mowlem Theatre in Swanage.

Local residents were updated on changes that have taken place to the NHS in Dorset recently, informed about what will be happening in the future and how these changes may affect them.

Films about the changes were played throughout the day and staff from different health organisations were on hand to answer questions face to face.

Many of our partners from the Integrated Care System spent the day with our transformation team, governors and charity. Visitors were able to visit the stands of NHS Dorset, NHS 111, Dorset HealthCare, Dorset County Hospital, LiveWell Dorset, Health Watch, and the local Patient Participation Groups, and get a Covid vaccine if wanted.

Representatives from Defend Dorset also came to engage with the different organisations and voice their views.

A big thank you to everyone that took part and a special shout out to the portering team for their support.

The event was a huge success and a great example of how partnership working and Our Dorset benefits the community.

Watch the latest videos at www.uhd.nhs.uk/about-us/future/videos



First patient helps celebrate hospital theatres opening



UHD staff and partners came together recently to see patient Julie Hills cut the ribbon to officially open the new Poole Hospital theatres.

The five-storey, purpose-built theatres are an extension to the existing hospital building. They incorporate a four-table open-plan 'barn' theatre, with each patient treated in a dedicated space with an ultra-clean air canopy over each station.

Following the cutting of the ribbon, guests were invited to tour the new facilities, after which Jacqueline Swift, HM Deputy Lord Lieutenant of Dorset, unveiled a commemorative plaque to mark the occasion.

In the future, the consolidation of planned care on the Poole Hospital site will provide rapid treatment of elective operations without the disruption or delay that can occur from high volumes of emergency cases having to take precedence. Thousands of patients each year will benefit from shorter waiting times because of the greater efficiencies associated with establishing a planned care hospital.



Siobhan Harrington, UHD chief executive, said: **“This is an important milestone for our hospital trust as we officially open this state-of-the art new surgical hub.**

“The new building is at the centre of our plans to create the major planned care hospital for our region, helping to shorten waiting times, provide easier access to planned care and to deliver better outcomes for patients.”

Dr Isabel Smith, UHD medical director of strategy and transformation, added: **“The ‘barn’ theatre and facilities within the building will increase efficiency, meaning more patients will be seen sooner.**

“The safety of care will also be enhanced because we can work more as a collaborative team.

“As a consultant anaesthetist, I have seen first-hand the real buzz in the theatres among my colleagues - we all enjoy working here and we are hoping that this will attract more staff, as we need more to deliver what we want.

“The opening of this surgical hub is an important step on the journey to create the separation of planned and emergency care.

“We are not there yet, but in the meantime, this site will allow us to carry out operations a lot more safely and efficiently.”

The £500m transformation of services will mean that during 2025 Poole Hospital will become the major planned care hospital for the region, able to offer high quality elective care, protected from emergency pressures.

Stars shine at first ever awards



Our first ever UHD Awards event took place recently, featuring some incredible and uplifting examples of inspirational care, compassion and leadership.

The awards received an amazing 850 nominations, including 200 from the

public, and took place at The Pavilion in Bournemouth.

Siobhan Harrington, chief executive, told attendees: *"It's great to be able to come together and celebrate all that is great about UHD."*

Caring Award

Winner: **Amy Owen**



"Amy is an outstanding individual who consistently demonstrates kindness, compassion and empathy towards the vulnerable families whom we care for as a team."

Highly commended:

Eric Pateman and Jane Weedon

One Team Award

Winner: **Infection prevention and control team**



"The IPC team have been the rock and constant throughout the global pandemic, using their skills, knowledge and compassion to support patients and colleagues in times of uncertainty."

Highly commended:

Pharmacy team and stroke team

Listening to Understand Award

Winner: **Gemma Brittan**



"She is a true role model who always goes out of her way to help and understand others in such a kind and compassionate way."

Highly commended:

Gemma Turnbull and Mini Thomas

Open and Honest Award

Winner: **Catherine Bishop**



"Catherine is a Freedom To Speak Up ambassador, as well as a staff governor, who works tirelessly to support our staff and is driven to ensure everyone has a voice."

Highly commended:

Kerry Taylor and Kathy Hearn

Always Improving Award

Winner: **Christchurch Day Hospital**



"'Always improving' perfectly describes the day hospital team, who achieved their Practise Development accreditation with Bournemouth University, learning from the pandemic."

Highly commended:

Cheryl Richardson, Gaynor Richards and Nikkie Scrivener, and Samuel Osarumwense

Inclusive Award

Winner: **Funke Adewoye**



"Funke is an exceptional and inspirational staff nurse and leader. She has reached out with confidence to senior leaders to support and empower her to make a difference."

Highly commended:

Meris Millar and Judith Dube

UHD Leadership Award

Winner: **Suzy Bingham**



“Suzy always has just the right approach - her door is always open to listen to you, she will always make time for you in her ever-busy daily schedule.”

Highly commended:

Zhan Hong Sun and Rob Flux

Volunteer of the Year Award

Winner: **Gill Brewster**



“Gill makes patient feel welcome and at ease while they wait for their appointment, always on hand with a much welcome cup of tea or sitting with them if they're anxious.”

Highly commended:

Mary Temple Lance and Jackie Ree

Team of the Year Award

Winner: **Portering team**



“This team is caring, always taking the time to help anyone looking lost around the hospital and always looking to improve the service they offer for the benefit of all.”

Highly commended:

Maxillofacial prosthetics team and child health team

Clinician of the Year Award

Winner: **Elizabeth Hurdidge**



“She has been instrumental in the advanced care practitioner course making it accessible to all. She is the most caring nurse I have had the pleasure to work with.”

Highly commended:

Emma Jenkins and Emily Seddon

Chair's Award Winner:

Annie Bush



“The nurturing atmosphere on Annie's ward, and the positivity of the staff there, is obvious and in no small part down to Annie. Patients speak incredibly highly of her, and say she is a big part in their recovery. Her wisdom, experience, kindness and compassion can't help but rub off on other staff on the ward, regardless of their professional discipline.”

Patient Choice Award

Winner: **Clare Scott and Dr Jason Mainwaring** (not pictured)



“Jason and Clare never gave up on me. I owe so much to their continuing support as I grow into the woman I am today, and I am forever grateful for their exceptional care.”

Highly commended:

Gillian Connell and Lorraine Knott



Working in partnership to benefit staff and patients

Our BU-UHD partnership creates benefits for both patients and staff, supporting efforts to attract and retain talent to our organisations.

Leila Kattach was working as an advanced nurse practitioner in dermatology at Guy's Hospital in London and was looking to develop her skills. She chose to move to Dorset to take up a four-year PhD studentship based in our dermatology team and linked to BU's Faculty of Health and Social Sciences.

Since starting the new role in September 2022, Leila has made a huge difference to the dermatology team and patients at Christchurch and helps embed research with clinical practice in the team. On her clinical days, her expertise as an experienced specialist dermatology nurse is in high demand, assessing patients in the adult acne clinic, complex case clinic and rapid access clinics. The rest of her time is dedicated to work on the research project.

Leila said: *"Working at Guy's and St Thomas' for three years was fantastic but I always wanted to do a PhD and was struggling to see how I could manage this alongside full-time work. Not only is this option financially more viable for me than a full time PhD, but*



I also hope to complete in four years rather than up to eight years in my own time.

"The combination of leading on a research project and working clinically to use all my experience to create change is very exciting.

Nurses have a great deal of knowledge to share and have insights which can be used to investigate and improve areas and models that can make a huge difference to patients and staff.

"Many years ago I saw a young mum of three who sadly lost her life to skin cancer after not being referred earlier enough. This stuck with me so when this role came up and was both fully funded AND had the focus on a nurse-led model of care for early skin cancer detection, it felt like this was what I'd been waiting for.

"I've had lots of support from the trust, my kind and supportive dermatology consultant supervisor Dr Pearson, the UHD dermatology team, plus benefited from support of my supervisory team at BU.

"Detecting skin cancer early saves lives, and I'm hoping the outcome of this research will be used by dermatology units across the country to make positive changes."

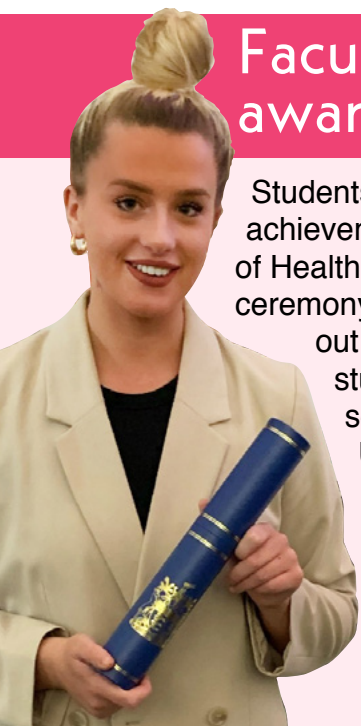
Faculty of Health and Social Sciences students awarded for exceptional work

Students were recognised for their achievements at the annual BU Faculty of Health and Social Sciences awards ceremony in June. The awards given out commended the hard work of students from the health and social science courses at Bournemouth University.

Zoe Godber-Ford won the University Hospitals Dorset Outstanding Student Nurse Award.

Speaking about her win Zoe said: *"I'm incredibly honoured and proud to receive this award and grateful for the recognition. I am grateful for the university and my mentors, supporting and guiding me through the start of my nursing journey. This award has motivated and inspired me to continue pursuing my passion for nursing, and I hope to make a positive impact in the future of nursing."*

For a full list of the winners, please visit <https://rb.gy/g88zq>



Funding boost to strengthen our links with **AFRICA!**



When consultant microbiologist, **Dr Pasco Hearn**, visited Lira in Uganda last year as part a Poole Africa Link trip, it sparked an idea around a wider piece of educational work focusing on antibiotics - his bread and butter here at UHD.

Fast forward to 2023 and he has secured £65,000 in funding from the Tropical Health Education Trust and the Commonwealth Pharmacists' Association to bolster the microbiology labs in Lira and to encourage clinicians there to re-look at how they use antibiotics, working with pharmacy around how they procure them.

The project will see a team of UHD clinicians visit the hospital three times over 2-3 years, and for clinicians from Lira to come to Dorset to share their experiences.



▼ Mary Apaki, microbiology lead at Lira hospital

Vitality, the focus will be on 'teaching the teacher', establishing IPC and antimicrobial champions who will continue the work for the benefit of the community for years to come.

“Antibiotic resistance is one of the biggest global threats...”

Here at UHD, we currently spend thousands of pounds on antibiotics every year, and millions across the NHS. But crucially, it is antibiotic misuse and antibiotic resistance that is one of the biggest threats to global health, food security, and development today.

“Antibiotic resistance can affect anyone, of any age, in any country and can lead to longer hospital stays, higher medical costs and increased deaths...” explains Pasco. He adds: **“However, we can do something to reduce the impact and limit the spread of resistance.”**

For Pasco, success for this project would be a better understanding of antibiotic use and care, better engagement between the medics and the lab, and more trust around the results of laboratory tests.

The project is also about educating Team UHD and bringing that learning 6,000 miles back to Dorset.

“Here in the NHS we are often asked to work within limited resources...”

“Visiting Uganda, you see first-hand the constraints of working within limited



resources, something we are often asked to do now in the NHS,” says Pasco. **“It is also a healthy reminder that the world is not a fair place and that the NHS is a valuable and extraordinary service that we are lucky to have.”**

Poole Africa Link was set up in 2009 when a link was formed between Poole Hospital and Wau hospital in South Sudan. After a dozen successful visits, the team made Lira, Uganda their home in 2014.

“It can be a challenging environment to work in but we are no strangers to challenges working in the NHS. As we mark our NHS’ 75th birthday, it feels only right that we take the core values of ‘improving lives’ and ‘commitment to quality of care’ to a global community.

“To educate ourselves and others will ultimately save lives. That is both a privilege and a legacy.”

You can find out more about Poole Africa Link at pooleafricalink.org.uk



Meet the governors

Governor update from lead governor, Sharon Collett



Governors have been meeting the public and members in areas around Christchurch, Bournemouth and Poole and have recently visited the new Pathology Hub on the Royal Bournemouth site and the award winning Beales project based in the Dolphin Centre. On behalf of the council of governors, I was thrilled to attend the opening of the new theatre block on the Poole site; you may have seen the item in The Echo recently.

We have also joined with healthcare partners within Dorset's Integrated Care System to provide a special event in Swanage. The focus was on changes to the location of services and

the use of urgent treatment centres (UTCs) and we were able to show videos and 'fly throughs' of the developments. Residents, when surveyed, said they now have a much better understanding of the changes and we will spend more time in the area to continue this work.

Governor elections will soon be taking place. Our council is made up of committed individuals who want to be part of the UHD team focusing on excellence for patients and staff. I would urge you to consider joining them. If you are interested and you'd like to find out more, please attend one of the sessions where you can

meet governors informally. Details will soon be released. Meanwhile, to gain an understanding of the role, you can access information on the UHD website. Some governors have been involved in recording their experiences and you will also be able to view that in the coming weeks.

Finally, a reminder that the Annual Members' Meeting takes place on Saturday 9 September at 9.30am, please come along and meet governors, hear about the work of the hospitals and be inspired as you listen to a health talk. We look forward to meeting you.

Sharon

Join us for our Annual Members' Meeting

Our next Annual Members' Meeting (AMM) will be held in the education centre at Poole at **9.30am** on **Saturday 9 September**.

The event, which will also be live streamed on Teams, will include presentations from chief executive, Siobhan Harrington, and chief finance officer, Pete Papworth, on our 2022/23 Annual Report and Accounts, and forward planning for 2023/24. Sharon Collett, lead governor, will also give a presentation on the Council of Governors. Proposed amendments to the trust's constitution may be presented.

Booking is encouraged due to limited capacity. Any information regarding allergies should be given when booking your place. Please email **FTMembers@uhd.nhs.uk** with names and contact details of who would like to attend or call **0300 019 8723**.

If you would like to submit a question at the AMM, please also send this to **FTMembers@uhd.nhs.uk** by Saturday 2 September. Questions submitted in advance will be prioritised at the meeting. There will be free parking and light refreshments will also be provided.

Annual Report and Accounts published

Our Annual Report and Accounts for 1 April 2022 to 31 March 2023 is now available.

The report provides information about our achievements over the last financial year and our ambitions for the future.

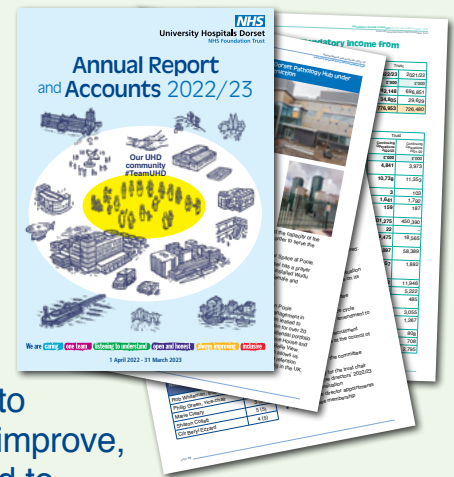
Rob Whiteman, chairman, and Siobhan Harrington, chief executive, said:

“While it’s a challenging time in the NHS, and our hospitals have been very busy throughout the year, we are very proud of what UHD has achieved, although we recognise there is more to do to strive to be the best possible organisation that our patients and staff deserve.

“By making UHD a better place to work with services that we seek to continuously improve, we are excited to deliver the best possible outcomes for the people of Dorset.”

The publication also includes a spotlight on the trust’s transformation plans as well as updates on finance and performance over the period.

You can read the full report on our website.



Making memories together

A special well done to the team on ward 11 at RBH for organising two weddings at very short notice. Coming together to make these special moments for our patients and their loved ones is a wonderful way to live our UHD values.



The team decorated their outside space and put on a spread with food from our catering team and donations from Waitrose.

A big thank you to haematology and oncology day unit (HODU) for supporting the ward by providing cover for one of the weddings so the staff could attend the service with the patients.

Postnatal health talk - watch now

Our latest health talk from our maternity series ‘Understanding your postnatal journey’ took place recently and is now available to watch on our YouTube channel here <https://youtu.be/cIL4CjdOliA>.

Our head of midwifery Kerry Taylor and colleagues explained various aspects of the postnatal journey including what happens during a stay at hospital, the first night at home, what screening we offer and support available through the NHS.

Use the link above or visit our YouTube channel @UHDNHS to watch the health talk and a range of other educational health videos.

Save the date

Save the date for our next ‘Understanding health’ talk whereby Mr Parkash Ramchandani will be presenting on the subject of face and neck cancer. This event will be taking place on 17 October at Bournemouth University. More details to follow shortly, keep an eye on our website.





Shining bright at Twilight

Over 200 people came together to shine bright and walk 5K or 10K at our much-loved Twilight Walk.

This year, everybody walked and raised funds so that our NHS staff can deliver warm chemotherapy after surgery (hyperthermic intraperitoneal chemotherapy) costing £51,000.

Research shows that by administering heated chemotherapy (42°C) directly to the tissues impacted by cancer after surgery can greatly benefit patients and even improve their outcomes.

Thank you to everybody who has taken part and has made a huge difference to those who may need this treatment in the future.



Edging closer to funding two new robotic tilt tables

We are continuing to raise £190,000 to buy two robotic tilt tables so that our physiotherapists can provide safe and effective early rehabilitation to some of our most unwell patients, including patients in critical care or on the stroke ward.

The Tilt Table appeal is at the half-way mark with one more table still to fund. More information is available at www.uhdcharity.org/tilt-table

Giving a High 5 for our 75

As we mark 75 years of the NHS, University Hospitals Dorset NHS Charity is inviting all its supporters and members of the public to join us in celebrating and thanking our NHS colleagues for their hard work and commitment. We're calling everybody who has had the support from any one of our hospitals to give our hospitals a high 5 to say thank you by donating £5.

If your friends and family would like to join in, people can donate at www.UHDCharity.org/high5 or by scanning the QR code.



Contact us: uhd.charity@uhd.nhs.uk, call 0300 019 4060/8449

or @UHDcharity on X (Twitter)  Facebook  and Instagram 

Meet our MND advanced healthcare practitioner co-ordinator



forest holme hospice
Charity Number 1038021

Annemieke Fox joined Forest Holme Hospice as a motor neurone disease (MND) advanced healthcare practitioner co-ordinator in 2021, a role which is funded by Forest Holme Hospice Charity.

Before this role was introduced, existing teams had been providing good care and support for people with MND but a lot of this has been based on good will and people going the extra mile. It was clear that a role like this was needed.

Annemieke's role was introduced to support people with MND and their families from diagnosis onwards, which includes provision of information, symptom control advice and psychological support and co-ordination of the other services a person with MND may need.

The role also includes attending bi-monthly multi-disciplinary clinics with Dr Hiller (neurologist) and Dr Lee (palliative care consultant), as well as meetings where all professionals involved in supporting people with MND come together to ensure joined up care. One patient, who has been working with Annemieke

is 46-year-old Danny, who was diagnosed with MND in 2014. He said: *"When I was first diagnosed with Motor Neurone Disease, it was a complete shock. And while the journey has been far from easy, Annemieke has been invaluable in helping me navigate the complexities of my condition.*

Annemieke's support and skills extend far beyond my medical care. She offers guidance and counsel for my wife and children as well,

recognising the impact that this condition has on our entire family. Her willingness to listen, to offer advice, and to provide emotional support has been a lifeline for us during some of our darkest moments. Without Annemieke's counsel and support, we would feel lost and overwhelmed. Her presence in our lives has brought a sense of stability and reassurance, knowing that we have someone we can turn to for help and guidance."



For more information visit www.forestholmehospice.org.uk



Healthcare support worker open day success

We are thrilled to announce we have offered over 60 people a position at UHD in the role of healthcare support worker as a result of our recent open day at RBH. A huge thank you to all the #TeamUHD staff who helped organise the event and those who represented their

department and conducted interviews.

There will be a recruitment drive in September and October for those looking to begin a career in healthcare. No previous experience is needed as we provide full, bespoke training to ensure candidates are successful in the role.



Our first administration open day

We hosted our first recruitment day for patient administrators at Canford House. Patient administrators play a vital role that directly helps our patients and their families, providing invaluable support in the patient journey.

Looking for a role at UHD?

Follow our dedicated jobs social media accounts for the latest vacancies and to keep up-to-date about future events. You'll also get to #MeetTheTeamMonday every week, where a member of #TeamUHD is featured and explains what their role is.

Instagram:  @UHD_jobs

Facebook:  @UHDNHSjobs

X (Twitter):  @UHDjobs

Interesting stats

We've recruited 25 registered nurse degree apprentices who will start in September, including 13 current healthcare support workers who will be progressing their careers to undertake the qualification. This is an opportunity for healthcare workers to progress their nursing careers.

Vital statistics

July 2023

- We saw **38,415** patients in our outpatient departments
- ...and an additional **7,865** virtually
- Carried out **1,326** day case procedures
- Supported the birth of more than **321** babies
- Attended to **13,691** patients in our EDs
- Cared for **196** people at the end of their lives

Thank you **#TeamUHD**