



University Hospitals Dorset

NHS Foundation Trust

Longfleet Road

Poole

Dorset

BH15 2JB

Tel: 01202 665511 ext 2662

Date:

To Whom It May Concern,

RE:

The above patient has Type 1 diabetes and is under the care of the Children's Diabetes Team at Poole hospital. They are insulin dependent, which requires regular blood glucose monitoring and injections of insulin via a pen or pump to maintain good glycaemic control.

They need to have access to essential equipment at all times and be able to eat and drink at regular intervals. Queuing for a long time can be difficult for a young people with Type 1 Diabetes as it can cause a delay in treatment of potentially low or high blood glucose readings which can be life threatening.

Heat also changes how insulin is absorbed in the body and therefore Type 1 diabetics will need to be more vigilant with their diabetes on sunny days. They may need to do more frequent blood glucose testing and have frequent snacks to prevent dangerous low blood glucose levels.

I would be grateful if you can consider this young person and their family for a fast pass to allow them optimal control of their diabetes whilst still enjoying their day.

If you have further questions please contact me or one of the paediatric diabetes team on 0300 019 2662.

Yours sincerely,

Lucy Aldous
Senior Paediatric Diabetes Specialist Nurse