



University Hospitals Dorset

NHS Foundation Trust

Longfleet Road

Poole

Dorset

BH15 2JB

Tel: 01202 665511 ext 2662

Date:

To Whom It May Concern,

RE:

The above child has Type 1 diabetes. They need insulin to live and are required to do regular blood glucose tests. They wear an insulin pump which delivers insulin continuously, but they also need to carry insulin injections in case of pump failure. They may also be wearing a flash or continuous glucose monitor on their body, which cannot be taken off. The equipment for their diabetes management will need to be carried with them.

Insulin cannot be used once frozen so any spare vials must be kept in hand luggage along with the appropriate treatment for hypoglycaemia rather than in the hold of an aircraft.

If medical help is needed, please note their blood glucose meter measures in mmols per litre. If you require any further information, please do not hesitate to contact us.

Yours sincerely,

Lucy Aldous
Senior Paediatric Diabetes Specialist Nurse