

Meet Monty



Day Case Unit Having a General Anaesthetic

Who will you meet?



Monty, the fluffy orange monkey who lives in the playroom.

Play Specialists (Caroline, Holly & Tracey) will explain what you will see and do while visiting hospital. They also have a playroom full of toys for you to play with!



Staff Nurses look after you while you are in hospital. They will give you a health check and provide everything you need for your time in hospital.

Doctors make you better when you're poorly. They know what medicine or treatment you need.



Anaesthetists are doctors who give medicine to make you go to sleep. You need to be asleep if you're having an operation and sometimes for a scan.

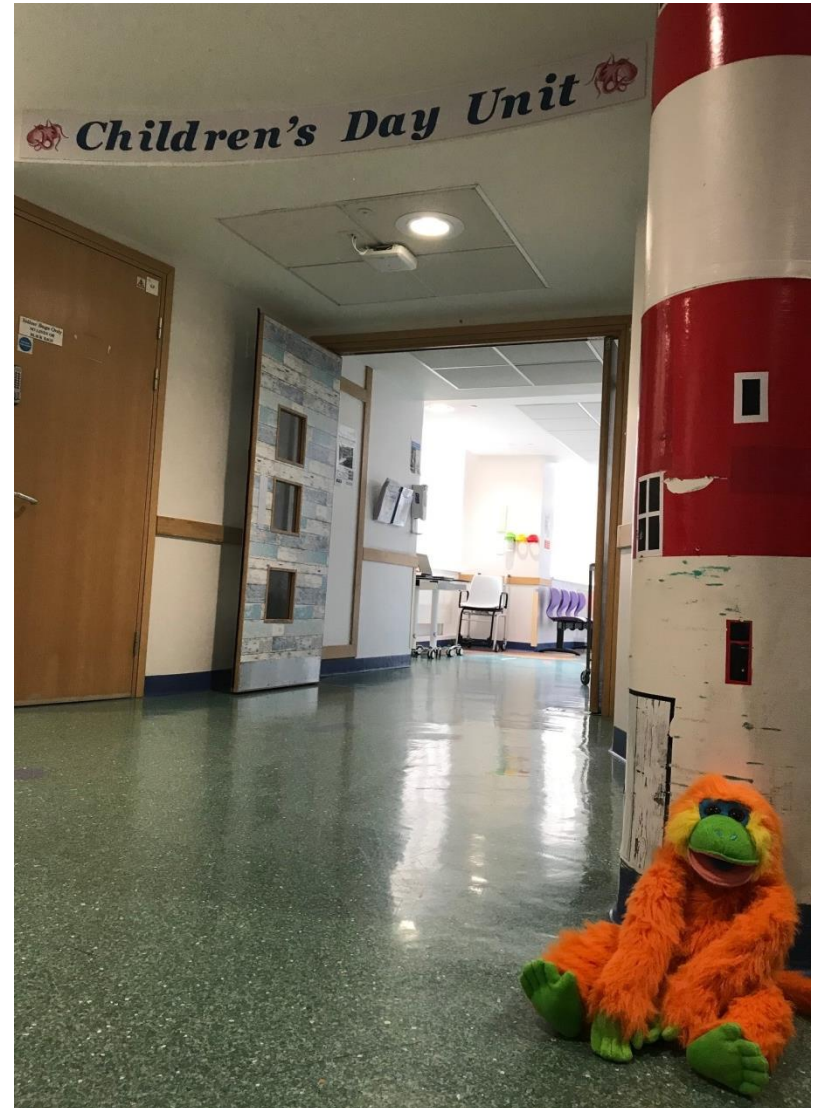
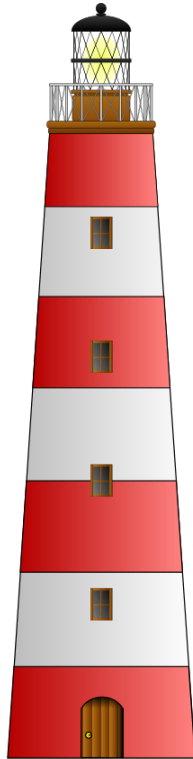


Other people you might see are **receptionists, porters** and **domestics**.



Follow Monty through a hospital visit ...

This is the **Children's Day Unit** – look for the lighthouse and then you'll know you are there.



Your bed for the day...

Your nurse will give you a **bed** and **television** to use during your hospital visit.

The bed is for you to rest on after you have had your operation or scan.



Name band and a health check ...



Monty has a **name band** around his wrist. This is how we know your name and age.



Spot the **thermometer** under Monty's arm. This is how the nurse **takes your temperature**.



Monty sits on the chair to see how much he weighs. **How much do you weigh?**



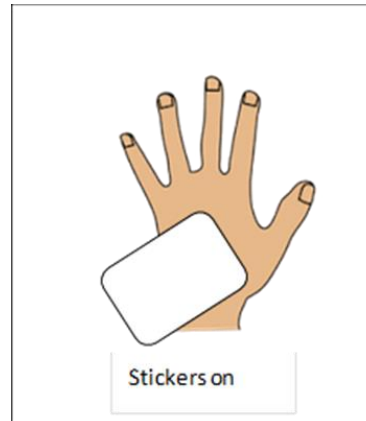
Monty has his blood pressure checked. The machine **blows air into the armband** which gives your arm a **squeeze**. It only takes a minute. **Look at the monitor to see what number squeeze you get.**

Special cream ...



Your nurse will put **special cream** on the back of both your **hands**.

The cream numbs the skin on your hands. **Numb** means not to feel things so much.



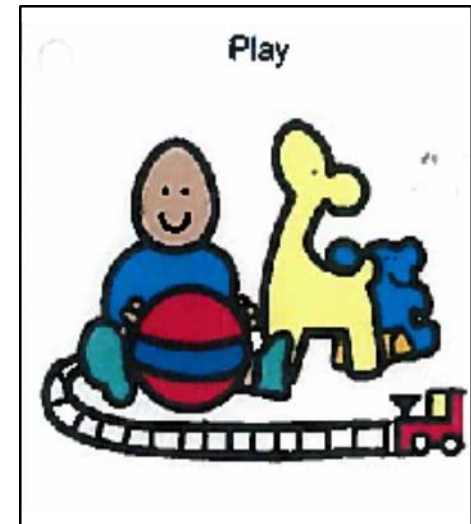
A sticky patch goes on top of the cream.

Time to play!



There's a playroom full of toys and lots of time to play.

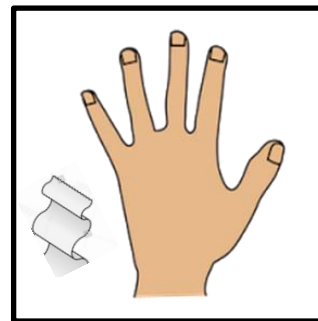
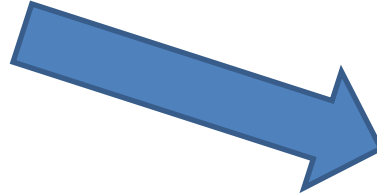
What's your favourite toy or activity?



Dressing up ...



When it is nearly time to have your sleepy medicine, we will give you a hospital gown to wear and go to the anaesthetic room with your mum or dad.



Now it is time to take the cream off and wash the back of your hands with a wet wipe.



In the anaesthetic room ...

My job
is to ...

- Give your wrist a squeeze
- Give sleepy medicine through a tiny straw in the back of your hand
- Sometimes I give sleepy air to breath through a mask



There's more play
time while you
wait to have your
sleepy medicine.



Time to wake up ...

When you wake up, you and your mum or dad will ...

Go back to the ward
where you can rest on
your bed



Have a drink and snack



Get ready to go home



Time to go home...



Well done!