

# Ted has a blood test

## Hospital Play Preparation



Factsheet date: August 2022  
Ted has a blood test

Created by: Play Team  
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Today Ted is having a blood test. Ted has never had a blood test before. Lets find out what happens...



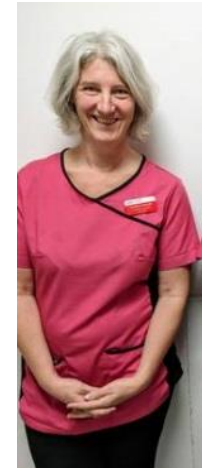
# Ted will meet different people who will look after him.



**Reception Staff**, you will let the staff on reception know when you have arrived.



**Nursing Staff** will take good care of you and do your blood test.



**Play Specialists** help explain what happens in hospital. They also have toys and activities for you to play with.

The nurses looking after Ted will wear an apron, mask and gloves. This helps stop germs from spreading.



The nurse puts special cream and stickers on the back of Ted's hands. Sometimes the cream goes on arms too.



The cream will make Teds hands numb.  
That's a funny word isn't it, what does it  
mean?

“Numb means I wont feel the test  
so much. I might feel a pinch, a  
scratch, or maybe nothing at all.”





The cream takes 45 minutes to work. Ted can bring something with him to play while he waits or go for a walk and come back.

“Ted you can play a game on the Ipad while I do this bit”



When the cream is ready, the nurse takes the sticker off Ted’s hand and wipes the cream away.





Ted sits on mum's or dad's knee and gives them a cuddle.



He plays a game while the test is done

Ted, I'll help to hold your arm still. You might feel some squeezing that's all.



I will do your test. Remember you've had your cream on so you should be nice and comfortable.



I tried really hard to stay still.

When the test is finished Ted will have a plaster.



Well done Ted!

Now it's time to go home.