

Travel Check list
Spare pump (contact pump company to see if they will provide a holiday pump or handset in case of failure)
Insulin cartridges and injection pens in case of pump failure
Batteries for pump and meter if applicable
Blood glucose meter/Ketone Meter
Spare Sensors/ Transmitter (For Libre and Dexcom)
Insulin for pump
Cool bag for storing insulin whilst travelling
Test strips BG and Ketone (check expiry date)
Finger prick device
Lancets for finger pricking device
Needles for pens
Sharps box
Scales
Hypo treatments
Glucagon (check expiry date)
Carbs and Cals book/app
Hospital numbers
Hospital/NHS number
List of prescriptions from chemist
Calculations for Pen therapy if needed