

3rd National Conference – Diabetes and Eating Disorders
2nd July 2020, Vitality Stadium, Bournemouth

Time	Speaker	Topic	
9.00	Registration, coffee, view reps stands in Top Floor Room (2 nd Floor)		
	Balfour suite (1 st Floor)		
9.15 - 9.45	Introduction to the day - Dr Helen Partridge / Dr Lindsey Rouse / Nikki Stacey “Risk of Triggering an Eating Disorder” Ella Thompson, Person with lived experience		
9.45 – 10.30	Refeeding and Re-Insulinisation syndrome	Dr Simon McLaughlin Consultant Gastroenterologist Royal Bournemouth Hospital	
10.30-10.55	Coffee and view reps stands in Top Floor Room (2 nd Floor)		
	Balfour suite (1 st Floor)		
10.55 – 11.30	In-patient management plus stages of food introduction and insulin administration	TBC	
11.30 – 12.10	T1DE and Compassion –an Update	London T1DE team and Wessex ComPASSION team	
12.10 – 12.50	Lunch and view reps stands in Top Floor Room (2 nd Floor)		
12.50 -13.00	Orientation to the afternoon arrangements		
	Top Floor Room (2 nd Floor)	Balfour suite (1 st floor)	MacAlistair Suite
13.00-13.40	Mental Health Act & Capacity Dr Carla Figueredo, Consultant Psychiatrist in Eating Disorders Ciaran Newell, Nurse Consultant Eating Disorders	Screening – How to start the conversation Micki Bennett, Specialist in Eating Disorders Dr Helen Partridge, Consultant Diabetologist	Finding the middle ground – Carbohydrate counting & beyond Claire Pinder, Specialist Eating Disorder Dietitian and Sarah Alicia, Specialist Diabetes Dietitian
13.40-14.20	The emotional landscape of living with Type 1 & an eating disorder Lindsey Rouse, Clinical Psychologist BDEC	Practical Diabetes – use & considerations in choice of technology for T1DE Jacqui Ryder, Diabetes Specialist Nurse BDEC & Nikki Stacey, Diabetes Specialist Nurse BDEC	What are eating disorders? Linda Gerrard-Longworth, Eating Disorders Specialist& Lorraine Avery, Diabetes Specialist Nurse
14.20-14.40	Tea and view stands in Top Floor Room (2 nd Floor)		
	Top Floor Room (2 nd Floor)	Balfour suite (1 st floor)	MacAlistair Suite
14.40-15.20	Mental Health Act & Capacity Dr Carla Figueredo, Consultant Psychiatrist in Eating Disorders Ciaran Newell, Nurse Consultant Eating Disorders	Screening – How to start the conversation Micki Bennett, Specialist in Eating Disorders Dr Helen Partridge, Consultant Diabetologist	Finding the middle ground – Carbohydrate counting & beyond Claire Pinder, Specialist Eating Disorder Dietitian and Sarah Alicia, Specialist Diabetes Dietitian
15.20-16.00	The emotional landscape of living with Type 1 & an eating disorder Lindsey Rouse, Clinical Psychologist BDEC	Practical Diabetes – use & considerations in choice of technology for T1DE Jacqui Ryder, Diabetes Specialist Nurse BDEC & Nikki Stacey, Diabetes Specialist Nurse BDEC	What are eating disorders? Linda Gerrard-Longworth, Eating Disorders Specialist& Lorraine Avery, Diabetes Specialist Nurse
16.00-16.15	Closing words and finish		