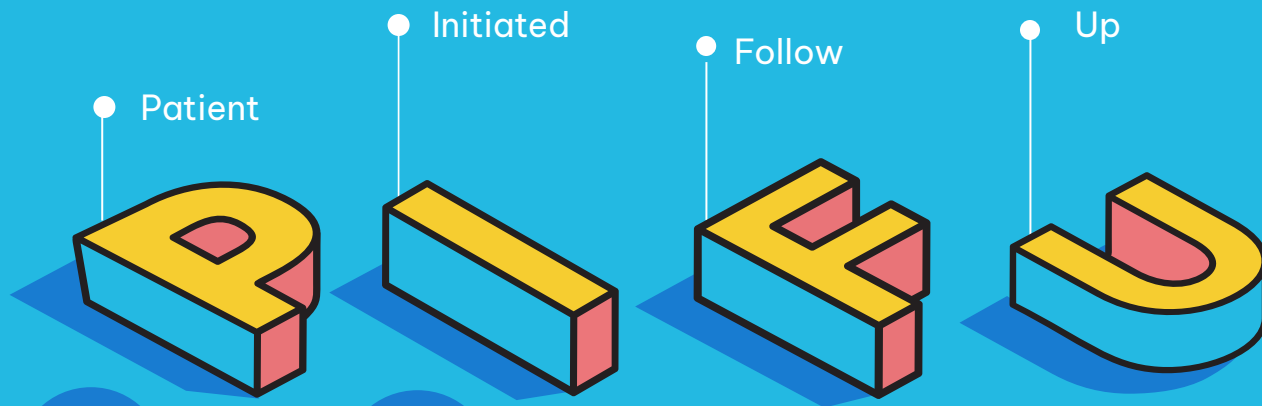


Patient Initiated Follow Up pathway for people with Transient Ischaemic Attack (TIA)

Authors: Heath S, Hunt K, Smith A, Stalley C, Gleave L, Johnson L, Davies T, Mather J & Dharmasiri M



We launched **PIFU** at University Hospitals Dorset for people with TIA in **April 2025**



Service goal - we estimated up to **50%** of people would be eligible for PIFU

Background:

Patient Initiated Follow Up (PIFU) is an NHS initiative created to give patients control over their follow up attendances, to support self-management and to avoid unnecessary hospital attendances. We introduced PIFU at University Hospitals Dorset for people with a diagnosis of TIA in April 2025.

Methods:

This poster outlines early use of the new PIFU pathway, following audit of the first 190 cases since launch (April-early September 2025) against local agreed eligibility criteria. The aim is to see if PIFU is offered and correctly recorded to help embed this change.

Results:

PIFU uptake in the audit period was lower than predicted (**actual: 18%** **predicted: 50%**). Data suggests there may have been missed opportunities to consider PIFU (**35.79%** of people with TIA met PIFU eligibility criteria, with no documented patient choice impacting decision for standard in person follow up). PIFU potential is consistent with our early service goal of a recruitment rate to PIFU of 50%.

Uptake to PIFU during the audit period may reflect wider service change occurring simultaneously and confidence (over the duration of the audit time, recruitment gradually increased) It is too early to meaningfully review PIFU re-entry rate, (**0% re-entry** recorded at the time of data analysis).

Current time savings generated by PIFU equate to a **minimum of 1,050 minutes** of clinic time (plus admin time and support) during this period. If PIFU continued at this level of recruitment, this would save **3,150 minutes of clinic time per year (1 hour per week)**.



If 100% of people eligible for PIFU had been recruited, this would equate to a **minimum of 2,040 clinic minutes** saved during this period (**equating to 3 clinic hours per week**, plus admin time and support over a year).

Who was recruited to PIFU?



- Recruited to PIFU (18.42%)
- Eligible / Not recruited (35.79%)
- Not Eligible / Not recruited (45.79%)



To find out more about our PIFU experience and how we introduced this pathway - scan the code here:



Conclusion:

We are continuing to support individual clinician's confidence to use PIFU, individual performance trends have been fed back with ongoing training offered. We are tracking use of online educational resources and will further explore patient experience in phase two.