Important Information for accessing help and support during the coronavirus outbreak

<u>Get coronavirus support as an extremely vulnerable person:</u> <u>Gov.uk</u>

Register if you have a medical condition that makes you extremely vulnerable to coronavirus. For example, you'll be able to ask for help getting deliveries of essential supplies like food. This service will be linking up with local supermarkets to prioritise those in need.

If you're not sure whether your medical condition makes you extremely vulnerable, register anyway.

This service is free. You can register yourself, or for someone else. You will need your NHS number.

https://www.gov.uk/coronavirus-extremely-vulnerable

Dorset: Age UK (North, South and West Dorset)

Age UK (North, South and West Dorset) are coordinating requests for help with issues relating to loneliness and isolation, or support in accessing items such as food, cash or medication. Support is available to all residents within the Dorset Council area.

To request help email: <u>enquiries@ageuknswd.org.uk</u> or call 01305 269444

Each request will be individually assessed and categorised according to the individual's level of need.

https://www.helpandkindness.co.uk/

Dorset Contacts

Crisis and Emergency Support

Coronavirus (COVID-19) information

Public Health Dorset

01305 224 400

Covid-19 Advice and Support from the Volunteer Centre
Dorset

Volunteer Centre Dorset

Volunteer Centre Dorset

Volunteer 269214

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Coronavirus Covid-19 Schools and Families Information
© Dorset Council

Oliveral Octoberry 01305 221000

Coronavirus Residents Helpline
 East Lulworth Parish Council
 O1929 408810

Coronavirus - Co-ordinated Community Response

Orset Council
O1305 221000

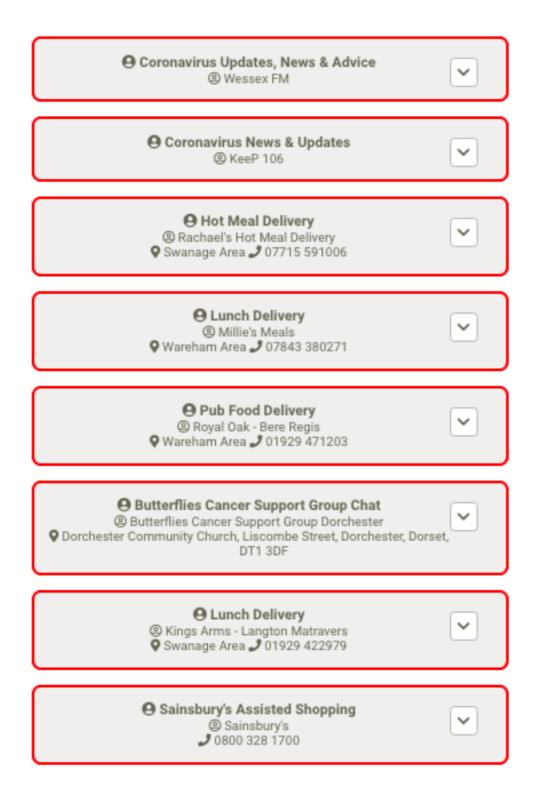
Coronavirus Support - I know someone who needs help who do I contact?

Age UK (North, South and West Dorset)

Oliveral Official Statements
Oliveral Official







Organisations and Groups in Dorset

Operation Delivery Providers

Oson 328 1700

Orset Prepared 01202 229044

Age UK (North, South and West Dorset)
 J 01305 269444

Bournemouth, Christchurch and Poole

A Contact Centre will be available by the end of the week, which will help us link you up with volunteers and council staff who can deliver essential items.

https://www.bcpcouncil.gov.uk/News/News-Features/COVID19/Community-Response/help-and-support-inyour-community.aspx

If you urgently need help please email: <u>communities@bcpcouncil.gov.uk</u>

Bournemouth, Christchurch and Poole Contacts

Crisis and Emergency Support

Coronavirus (COVID-19) information

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Carers Helpline - Coronavirus Covid-19
 The Leonardo Trust
 J 01202 698 325

> Shopping Services Age UK Dorchester 0800 678 1602

The Dorset Larder - Dorset Food and Drink
 Orset Food and Drink - Covid-19 Response - Home Food Delivery
 Providers

Sainsbury's Assisted Shopping
 Sainsbury's
 O800 328 1700

Prood Delivery Service © Oakhouse Foods J 0333 370 6700

Ocronavirus News & Updates © KeeP 106

> Phoenix Frozen Foods 01903 215170

Organisations and Groups in Dorset

O Dorset Food and Drink - Covid-19 Response - Home Food Delivery Providers

> 9 Sainsbury's 0800 328 1700

Orset Prepared 01202 229044

Age UK (North, South and West Dorset)
 J 01305 269444

Community Action Network for Support and Advice: Bournemouth, Christchurch and Poole

01202 466130 or www.can100.org

Information booklet from Bournemouth, Christchurch and Poole <u>https://www.bcpcouncil.gov.uk/News/News-</u> <u>Features/COVID19/Community-Response/Community-Response-</u> <u>Action-pack.pdf</u>

Covid 19 Mutual Aid UK Groups: All locations

Covid Mutual Aid UK is a group of volunteers supporting local community groups organising mutual aid throughout the Covid-19 outbreak in the UK. We focus on providing resources and connecting people to their nearest local groups, willing volunteers and those in need.

https://covidmutualaid.org/local-groups/