

Important Information for accessing help and support during the coronavirus outbreak

Get coronavirus support as an extremely vulnerable person: Gov.uk

Register if you have a medical condition that makes you extremely vulnerable to coronavirus. For example, you'll be able to ask for help getting deliveries of essential supplies like food. This service will be linking up with local supermarkets to prioritise those in need.

If you're not sure whether your medical condition makes you extremely vulnerable, register anyway.

This service is free. You can register yourself, or for someone else. You will need your NHS number.

<https://www.gov.uk/coronavirus-extremely-vulnerable>

Dorset: Age UK (North, South and West Dorset)

Age UK (North, South and West Dorset) are coordinating requests for help with issues relating to loneliness and isolation, or support in accessing items such as food, cash or medication. Support is available to all residents within the Dorset Council area.

To request help email: enquiries@ageuknswd.org.uk or call 01305 269444

Each request will be individually assessed and categorised according to the individual's level of need.

<https://www.helpandkindness.co.uk/>


Dorset Contacts



Crisis and Emergency Support

Coronavirus (COVID-19) information

 Public Health Dorset

 01305 224 400




Covid-19 Advice and Support from the Volunteer Centre Dorset

 Volunteer Centre Dorset

 01305 269214



Coronavirus Covid-19 Schools and Families Information

 Dorset Council

 01305 221000



NHS Coronavirus Information

 NHS UK



Dorset Council Coronavirus - Latest Advice


 Dorset Council

 01305 221000




Coronavirus Residents Helpline


 East Lulworth Parish Council

 01929 408810




Coronavirus - Co-ordinated Community Response

 Dorset Council

 01305 221000



Coronavirus Support - I know someone who needs help - who do I contact?

 Age UK (North, South and West Dorset)

 01305 269444





Services In Your Area

📍 Covid-19 Information and Advice for Businesses in Dorset 

📍 Dorset Chamber of Commerce and Industry
📞 01202 714800

📍 Carers Helpline - Coronavirus Covid-19 

📍 The Leonardo Trust
📞 01202 698 325

📍 Coronavirus Covid19 Help & Support 

📍 Sturminster Newton Covid19 Help & Support
📍 Sturminster Newton Area

📍 Coronavirus Community Emergency Response Team 

📍 Broadmayne Parish Council
📍 Dorchester Area 📞 01305 854869

📍 Shopping Assistance 

📍 Tesco Fleetsbridge
📍 Waterloo Road, Poole, Dorset, BH17 7EJ 📞 0345 677 9551

📍 Shopping Assistance 

📍 Tesco Tower Park
📍 Tower Park, Poole, Dorset, BH12 4NX 📞 0345 677 9548

📍 Shopping Assistance 

📍 Budgens Swanage
📍 36, Station Road, Swanage, Dorset, BH19 1AF 📞 01929 422478

📍 Shopping Assistance 

📍 Tesco Lytchett Matravers
📍 High Street, Poole, Dorset, BH16 6BQ 📞 0345 026 9391

📍 Shopping Assistance 

📍 Tesco Dorchester
📍 Weymouth Avenue, Dorchester, Dorset, DT1 2RY 📞 0345 677 9224

📍 Shopping Assistance

📍 Sainsbury's Wareham
📍 South Street, Wareham, Dorset, BH20 4NX 📞 01929 498700



📍 The Dorset Larder - Dorset Food and Drink

📍 Dorset Food and Drink - Covid-19 Response - Home Food Delivery Providers



📍 Shopping Services

📍 Age UK Dorchester
📞 0800 678 1602



📍 Shopping & Prescriptions

📍 Bere Connect
📍 Wareham Area 📞 01929 471255



📍 Shopping Assistance

📍 Spar Wareham
📍 21-25, Carey Road, Wareham, Dorset, BH20 4AY 📞 01929 552036



📍 Shopping Assistance

📍 Spar Upton Triangle
📍 5, The Triangle, Poole, Dorset, BH16 5PG 📞 01202 622890



📍 Open Door

📍 Gillingham Community Church
📍 Station Road, Gillingham, Dorset, SP8 4PY 📞 01747 825611



📍 Frozen Food Delivery

📍 Phoenix Frozen Foods
📞 01903 215170



📍 Food Delivery Service

📍 Oakhouse Foods
📞 0333 370 6700



📍 Coronavirus Updates, News & Advice
📍 Wessex FM



📍 Coronavirus News & Updates
📍 KeeP 106



📍 Hot Meal Delivery
📍 Rachael's Hot Meal Delivery
📍 Swanage Area 📞 07715 591006



📍 Lunch Delivery
📍 Millie's Meals
📍 Wareham Area 📞 07843 380271



📍 Pub Food Delivery
📍 Royal Oak - Bere Regis
📍 Wareham Area 📞 01929 471203



📍 Butterflies Cancer Support Group Chat
📍 Butterflies Cancer Support Group Dorchester
📍 Dorchester Community Church, Liscombe Street, Dorchester, Dorset,
DT1 3DF




📍 Lunch Delivery
📍 Kings Arms - Langton Matravers
📍 Swanage Area 📞 01929 422979



📍 Sainsbury's Assisted Shopping
📍 Sainsbury's
📞 0800 328 1700



Organisations and Groups in Dorset

 Dorset Food and Drink - Covid-19 Response - Home Food Delivery Providers




 Sainsbury's
0800 328 1700



 Dorset Prepared
01202 229044



 Age UK (North, South and West Dorset)
01305 269444



Bournemouth, Christchurch and Poole

A Contact Centre will be available by the end of the week, which will help us link you up with volunteers and council staff who can deliver essential items.

<https://www.bcpCouncil.gov.uk/News/News-Features/COVID19/Community-Response/help-and-support-in-your-community.aspx>

If you urgently need help please email:
communities@bcpCouncil.gov.uk


Bournemouth, Christchurch and Poole Contacts



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Coronavirus News & Updates

 KeeP 106




Coronavirus Updates, News & Advice

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Frozen Food Delivery



 Phoenix Frozen Foods

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Community Action Network for Support and Advice: Bournemouth, Christchurch and Poole

01202 466130 or www.can100.org

Information booklet from Bournemouth, Christchurch and Poole
<https://www.bpcouncil.gov.uk/News/News-Features/COVID19/Community-Response/Community-Response-Action-pack.pdf>

Covid 19 Mutual Aid UK Groups: All locations

Covid Mutual Aid UK is a group of volunteers supporting local community groups organising mutual aid throughout the Covid-19 outbreak in the UK. We focus on providing resources and connecting people to their nearest local groups, willing volunteers and those in need.

<https://covidmutualaid.org/local-groups/>