

Patient initiated follow up

Did you know you don't always have to
have a follow-up appointment?

You can ask your doctor or nurse if it is appropriate for you **not to be seen for a review appointment** unless you feel you really want one.

Many patients feel they would like **the choice** to be able to come back and see a healthcare professional, but don't always need or want to.

For information on how patient initiated follow up works and how it could benefit you, go to:

www.uhd.nhs.uk



**Ask about Patient
Initiated Follow Up at
your next
appointment.**