

## Eligibility Criteria:

You **MUST** meet the following eligibility criteria, if you are not eligible we won't be able to carry out the NHS Health Check

Must be aged between 40 – 74

Haven't had an NHS Health Check in the last 5 years

Living in Dorset or registered with a GP in Dorset

Not being treated for an existing diagnosed cardiovascular condition (please see below)

- *Coronary heart disease*
- *Atrial fibrillation (A fib)*
- *Heart failure*
- *Peripheral arterial disease (PAD)*
- *Stroke*
- *Transient ischaemic attack (TIA)*
- *Hypertension (high blood pressure)*
- *Chronic kidney disease (CKD), which has been classified as stage 3, 4 or 5*
- *Diabetes*
- *Inherited high cholesterol - defined as familial hypercholesterolemia*
- *Currently being prescribed statins for the purpose of lowering cholesterol*
- *People who have previously had an NHS Health Check, or any other check undertaken through the health service in England, and found to have a 20% or higher risk of developing cardiovascular disease over the next ten years*

We look forward to seeing you at your NHS Health Check

LiveWell Dorset, NHS Health Check Team