

NHS discounts and offers



Sign up to our Employee Assistance Programme to access over 800 discounts from supermarkets and high street shopping to electronics and utility bills. www.vivup.co.uk.



NHS staff can register online to benefit from national and local retailer discounts including days out, fashion, gifts and more. www.bluelightcard.co.uk



NHS staff can purchase a membership to access discounts on home items, groceries and electronics in local warehouses and online. www.costco.co.uk



health
service
discounts

A free to join health service employee benefit provider. Offers on a range of items and exclusive deals from top brands. www.healthservicediscounts.com



Free and discounted tickets for the NHS donated by the UK's top live event partners. Includes sports, comedy, music and more! www.ticketsforgood.org



Free headspace plus subscription if you sign up before March 2025. Membership includes evidence-based meditation and mindfulness tools, mental health coaching and therapy to help you find a healthier, happier you. www.headspace.com



Assessments, tools and training to help you measure and manage your mental health needs. Access the app for free by signing up with your NHS email address. Your organisation name is 'NHS'. www.unmind.com



Tap the 'Works Perks' button on the homepage of our @UHD app to access a wide range of discounts and offers from holidays to health insurance. Visit www.uhd.nhs.uk and search UHD app for download information.

